

## Items of Interest for 1 Mile Swim

- Kayakers supporting the 1 mile swim, or who wish to park on the Eastern side of the Bay to support the 4.4 mile swim may park in a designated area for kayakers. To enter the Bay Bridge Marina; take Rt. 50 across the Chesapeake Bay Bridge to the first exit (Rt. 8). Turn right on Rt. 8 heading South. Take first right on Pier One Road. Look for signs directing you to the kayaker's parking area, or ask one of the volunteers on station.
- **The will be a pre-launch meeting at the grassy knoll above the floating docks at 8:15 am. Unload your boat to this area before the meeting. Be ready to launch by 8:45 am.**
- **Race Start Time is at 9:00 am!**
- Please find the 1 Mile Swim Coordinators before putting into the water to let them know you are volunteering **and add your name, contact email or phone, and emergency contact name, email or phone to our sign in sheet, which will be available at the launch area.**
- When paddling out of or into the Bay Bridge Marina, please use caution and give any motorized vessels larger than yourself the right-of-way.
- When watching swimmers, your biggest chore will be to correct their direction so that they follow the triangular course. Most swimmers will lose their direction or decide they cannot swim for 1 mile during the first arm of the triangle. This first arm follows the channel out of the marina, angling south-west into the Bay.
- There will be a safety boat in the center of the course, and Boston Whalers outside of the course which can help you if you need to assist a disabled swimmer.
- The water here is often shallow enough that a swimmer can stand and walk back to shore if necessary, but **all swimmers who do not finish are required by the Swim Safety Committee to be taken by power boat to the Did Not Finish Dock (a.k.a. the Fuel pier) to be accounted for!** Make sure that swimmers not finishing are directed to the supporting powered safety fleet craft.
- If you are paddling out to meet the lead swimmers as they approach the Eastern Shore, after the completion of the 1 Mile Swim, please take note of the following; the lead boat in the race (i.e. the lead surf ski who is the visual cue for the fastest of the swimmers) will be in the center of the race lanes and leading the pack, of course. He needs to be alone and free of any kayaks in his path. Please do not paddle close to him, let him do his thing. The lead swimmers do not need your assistance. The tiring swimmers dropping back need your support.
- The Coordinator for the 1 Mile Swim will be announced online. Please let him/her know when you arrive and add your name to the sign in sheet. If possible let other know when you are crossing the Bay and when you are leaving for the day.