

Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Inc. Volume 20, Issue 5

July 2010

The Launches of St. Mary's County

By Ralph Heimlich

St. Mary's County sticks down into the Chesapeake Bay and Potomac River at the end of Maryland's western shore, and is separated from Calvert County by the Patuxent River, thus is surrounded by water on three sides. Many of St. Mary's launches are long familiar to CPA paddlers: Point Lookout, Colton Point, Abell's Wharf among them. My wife Beth and I spent a recent weekend exploring St. Mary's County and looking for new and less well-known put ins.



Beth on the beach at St. Clements Island, with the 50 foot cross, photo by Ralph Heimlich

We started out at one of the more familiar ones, launching our tandem SOT at the museum on Colton Point (park in the grassy lot beyond the paved museum lot and it's porta-potty) and paddling quickly over the half-mile separating us from St. Clement's Island. St. Clements (also known as Blackstone Island) was the site of the original landing of the Calvert expedition in 1634. The beach on the southeast shore of the island is one of the most welcoming on this part of the Potomac, and we landed amongst power boaters and jet skiers who also were making holiday. Now reduced to only 62.5 acres from the original 400 acres, St. Clements once boasted a lighthouse at its southeastern tip, built in 1851. Beth and I found a new, replica lighthouse had sprung up phoenix-like, and this time it was open for business. We climbed the spiral staircase of the central cupola and looked out on the 50 foot memorial cross erected in 1934 to commemorate the Calvert landing and the reconstructed bell tower with an original light house bell used to signal shipping when fogs settled in. St. Clements Island also has a large picnic pavilion in a grove of trees at the northeast corner, a walking path and promenade of trees planted to restore the original woodsy character of the island, and pit privy.



Replica Blackstone Lighthouse photo by Ralph Heimlich

Paddling back from the island, we spent an interesting hour in the St. Clement Island museum at Colton Point, looking at Native American artifacts, a large mural of the Calvert landing, various family trees of the Calvert's and English royalty that

granted the colony, and more. We also peaked into the red one-room schoolhouse moved from elsewhere in the county, luxuriating in something the bygone school kids could only dream of: air conditioning.



Approach to new Leonardtown Wharf photo by Ralph Heimlich

From our lodgings in Leonardtown, the next spot we investigated was kayak launch at the recently renovated Leonardtown Wharf, down at the end of Washington Street. Parking is a little tight just now, but there are plans for parking expansion. The wharf is a pleasant paved walkway, carving a semi-circle along the waterfront. The kayak launch is a black plastic floating gizmo, with a channel that you lay your boat in and ropes you pull for a seal launch down the ramp. Not my favorite, but it will get you in the water and the outboard edge is low enough to do a paddle-braced butt transfer and exit. I ran into CPA member Ken Druce at the wharf and we talked about this and other area launches.



Ken Druce on the Leonardtown Wharf "launchpad" photo by Ralph Heimlich

(Continued on page 4)

CLASSIFIEDS

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

Advertising Rates:

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size	cost	wide x deep (col)
1/8 page	\$20	2.4" x 3.5" (1)
1/4 page	\$32	4.9" x 4.7" (2)
1/2 page	\$50	7.5" x 4.7" (3)
Full page	\$80	7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.



On the Broadkill River, Delaware photo by Lisa Arrasmith

SCHEDULE FOR 2010 CHESAPEAKE PADDLER

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

Issue	Deadline for Copy
August 2010	July 15, 2010
September 2010	August 15, 2010
October 2010	September 15, 2010

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at news_editor@cpakayaker.com or call at 301-498-0722.

THE CHESAPEAKE PADDLERS ASSOCIATION

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

Officers:

Coordinator—Ed Hershon, 240-848-2321, coordinator@cpakayaker.com

Membership, subscriptions—Sue Stevens, 410-531-5641, c/o CPA, PO Box 341 Greenbelt, MD 20768, membership@cpakayaker.com

Secretary—Sue Stevens, 410-531-5641 secretary@cpakayaker.com

Treasurer—Rich Stevens, 703-527-4882, treasurer@cpakayaker.com

Webmaster/E-Mail List Administrator—Dave Biss, webmaster@cpakayaker.com

Newsletter Team:

Managing Editor/Layout—Ralph Heimlich, 301-498-0722, news_editor@cpakayaker.com

Articles Editor—Lynn Erwin, news_articles@cpakayaker.com

Advertising Coordinator—vacant, news_advertising@cpakayaker.com

Mailing and Distribution—Mark Woodside, 301-373-4561, news_distribution@cpakayaker.com

Pirate Groups:

Pier 7 Pirate Committee—Rich Stevens (703-527-4882), Béla Mariassy (410-507-4972), Greg Welker (301-249-4895), Sue Stevens (410-531-5641), Brent Cogswell pirates_pier7@cpakayaker.com

Potomac Pirate King—Dick Rock, 703-780-6605 pirates_potomac@cpakayaker.com

Patuxent Pirate King—Jenny Plummer-Welker Pirate Captain (410)535-2348/(301)249-4895 pirates_patuxent@cpakayaker.com;

Georgetown Pirate Committee—Matt Blakey 202-210-6367, Dave Biss, 703-241-0036, Peter Harris; pirates_georgetown@cpakayaker.com
Baltimore Pirate King—Jay Gitomer (443-449-5119), pirates_baltimore@cpakayaker.com

Algonkian Pirate King—Jeff Walaszek, 703-670-7712, Linda Lewis pirates_algonkian@cpakayaker.com

Sugarloaf Pirate King—James Higgins 301-460-8022 pirates_sugarloaf@cpakayaker.com

Pirate Kings of the North—Bob Shakeshaft (410 939 0269) and Mike Free (610-565-7563) pirates_north@cpakayaker.com

MEMBERSHIP: Subscription to the Chesapeake Paddler is included with membership.

NEW: Membership is now \$10, \$18, \$27, \$35, for 1, 2, 3, and 4 years. Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

DEADLINES: Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

The Chesapeake Paddler is published monthly, except Nov-Feb and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor. The download link or file for the electronic version of this newsletter may not be posted or forwarded to non-members without the express consent of the Coordinator or Managing Editor

In this month's column, I wanted to discuss a subject which is completely opposite of my April column where I raised the issue of hypothermia while paddling in cold water environments. As we have already hit the 100 degree mark several times this summer (and it is still the beginning of summer), the sun and heat can be quite dangerous to paddlers; just as dangerous as paddling in cold water. Paddling in excessively hot weather can lead to *Hyperthermia*, which is defined as an overheating of the body that can result in heat stroke, heat exhaustion and heat cramps.

It is important to take precautions to avoid Hyperthermia as well as recognize the warning signs of the symptoms.

Heat stroke occurs when the body becomes unable to control its temperature. The body's temperature rises rapidly, the sweating mechanism fails, and the body is unable to cool down. Body temperature rises rapidly within 10-15 minutes. Heat stroke can cause death if emergency treatment is not given. If you feel that you are experiencing any of these symptoms while you are out paddling, or if you see another paddling experiencing these symptoms, take immediate action so that Hyperthermia can be treated.



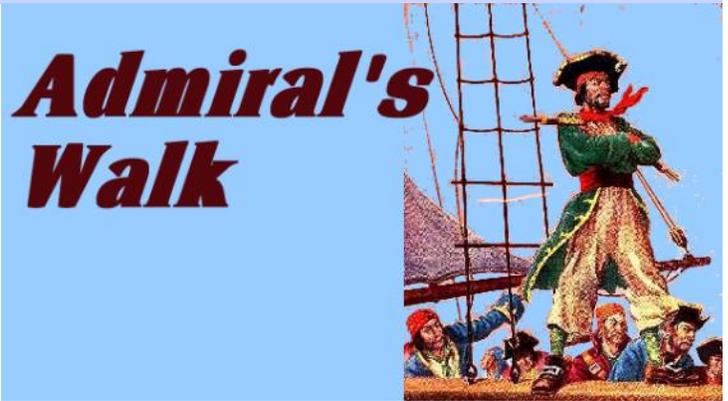
Hyperthermia or heat stress that is caused by physical exertion or hot environments can be prevented by taking frequent rest breaks, staying hydrated (as Marshall says, hydrate, hydrate and hydrate while you are out paddling) and carefully monitoring body temperature.

Mild hyperthermia caused by exertion on a hot day can be treated through simple remedies such as drinking water (going back to that hydrate thing!) and resting in a cool place. Passive measures to cool off such as resting in a cool, shady area and removing clothing can be applied immediately. Active cooling methods, such as sponging the head, neck, and trunk with cool water, will act to remove heat from the body and thereby allow the body to return to normal temperatures more quickly. Drinking water and sitting in an area where there is a cool breeze (since as paddlers we will not be in an area where we can use a fan) on an affected person may improve the effectiveness of the body's way of cooling off - sweating.

If the simple measures listed above do not seem to help, you should immediately call 911 for medical assistance.

I hope everyone continues to enjoy their summer and their paddling and has a safe time doing so. See you on the water.

Ed Hershon
Coordinator



Ed Hershon, Coordinator

The Launches of St. Mary's County (Continued from page 1)



Newtowne Neck launch site photo by MD DNR

One of my reasons for coming to St. Mary's County was the wonderful beaches at the end of the Newtowne Neck peninsula, between Breton Bay and St. Clements Bay on the Potomac facing St. Clement's Island. We'd stopped there paddling back from St. Clement's Island in May, and I'd heard rumors that the State of Maryland had recently acquired that part of the peninsula for a new state park. We drove



Canoe launch sign at Newtowne Neck State Park photo by Ralph Heimlich

down Newtowne Neck Road (Rt 243) the previous night, turning at Fitzies Marina for a wonderful seafood dinner. On Sunday, we retraced our route and

drove further down the road, past historic St. Francis Xavier Church and the site of the first capitol of Maryland, and saw a sign welcoming us to the future Newtowne Neck State Park. In the lot behind the sign, we met an Amish family out for a swim, and found a small sign indicating a primitive kayak/canoe launch. From this little cove, one can launch and be out through the Breton Bay narrows more quickly than by launching at Abells Wharf (on the east side of Breton Bay), and it would be an ideal launch to get at the south-facing beaches on the tip of Newtowne Neck. Driving further

down the road, the center of the peninsula is lush corn fields, and likely to stay that way even under park management, but numerous wooded lanes led off to the water, barred by metal gates. I suspect future development of the State Park will focus in this area.

Driving back up Rt. 243 from Newtowne Neck, we stopped at another launch area, which shares a parking lot with Maryland's newest native winery. The McIntosh Run launch is currently a sandy area just downstream from the Rt. 5 bridge, a short hand carry down steps from the parking lot. I talked with Jim Beazley, who operated McIntosh Outfitters at this location and at the new Leonardtown Wharf. He informed me that Leonardtown plans to develop the winery site, including an upgraded kayak/canoe launch, a foot bridge over McIntosh Run, and a water trail



Site plans for Leonardtown Wharf (completed) and Port of Leonardtown (under way)

between the two (see site plans).

McIntosh Run looks like a nice, cool, shady paddle on these hot summer days, and leads down into the upper reaches of Breton Bay.

We drove down Rt. 5 to St. Mary's City, checking out the new St. Mary's College boathouse, right on the St. Mary's River just before the road climbs up to Historic St. Mary's City. The Maryland Dove was underway out on the river. While it was under construction, Bill Dodge and our crew launched from their beach, after first locating a college policeman who told us where we could park. This was after the college closed for the summer, and your chances of making this work may vary.

Heading back toward Leonardtown on Rt. 5, we turned left on Adkins Road and drove down past the trailer park to a small turnaround just before a private road. This rustic ramp is a St. Mary's County public launch called Great Mills and launches you out on the headwaters of the St. Mary's River. Parking is in the field near the turnaround.

(Continued on page 6)

Car Camping at Cape Henlopen and Paddling the Broadkill and Prime Hook

By Saki Sakakihara

I've had many good years participating in various Chesapeake Paddlers Association (CPA) events, but what I like even more than the trips are the people I've met. I can honestly say that most of my friends are kayakers, and most of those were met through the CPA. Hence, it was time for me to give back to the club.

In 2009, Suzanne expressed interest in organizing an overnight kayak trip. We decided to team together, combine our strengths, and put together a spectacular weekend event. We did a scouting trip on May 15-16, 2010, scoping out the campground, exploring the rivers, and checking out the nearest town. We also mapped out the kayaking and driving routes, studied the tide tables, planned the car shuttle, and organized participants to reserve campsites. We spent a good amount of time and effort ensuring this trip would be fabulous.

Our destination and base camp was Cape Henlopen State Park. The place is scenic, strategically located, and rich in history. In 1631, the Dutch made the first settlement. In 1682, William Penn declared that Cape Henlopen would be for "the usage of the citizens of Lewes and Sussex County," making it one of the first public lands established in the United States. A WWII military base resulted in bunkers and gun emplacements and concrete observation towers were built along the coast to spot enemy ships. Today the park has 3,769 acres on the Delaware coast, 4 miles of beach, and vast expanses of sand dunes, some rising almost 100 feet high.



The Heimlich Maneuver photo by Saki

That night, we did what I call a Heimlich Maneuver potluck, with what folks contribute based on the first letter of their last name. We had a big variety of dishes including spring rolls, berry cobbler, shrimp, lobster pasta, chip/dip, cheese, and zucchini bread. Nobody left the dinner table hungry that night. After an evening walk, I split firewood into kindling then got a roaring fire going. We all sat around the fire, drank, and chatted. Suzanne and I asked that folks be ready to go by 0800, so bedtime came early. One thing I love about the CPA is how prompt people are. It makes it soooooo much easier to plan an event when people are like this.

Broadkill River I led the kayak convoy to the Chandler Street boat ramp in Milton. We were now at 100% (paddler count of 18 and boat count of 17). We unloaded our boats and gear. The passengers stayed at the boat launch while the drivers drove to Oyster Rocks, our takeout. Then we all piled into two large vehicles and drove back to the launch, leaving the other cars at the takeout. By 1000, we were on the water. Our group was now ready for a journey down the Broadkill River.

We paddled downstream, along tree-lined shores, heading east towards the Delaware Bay. After about 1.6 miles, we passed the Edward H. McCabe Preserve on our right. This is a Nature Conservancy area that has a very small pier and some shaded trails. For anyone returning in a small group (4 or less), it is worth a visit. Despite the numerous trees, there was little shade since the sun was mostly overhead. We did manage to find a little bit near Smith Landing at mile 3.4. Here we took a short hydration break. There was little wind and a 91 degree high temperature so making time to cool off was important. Jennifer used this time to work on her rolling skills.

At mile 4.6, we turned south on Beaverdam Creek. Here we paddled upstream for 1.1 miles to Brickyard Road (road 257) before kayaking back downstream.

We continued downstream on the Broadkill passing under Coastal Highway (Route 1). The vegetation started to change from what might be found in freshwater woodlands to reeds and grasses more typical of a salt marsh.

Near mile 7.9, we pulled the boats out at Steamboat Landing RV Park and Marina. Between their two boat ramps, the marina has a small store where they sell cold drinks and snacks. Up to now, we were pretty much the only people on the water but this would all change as we saw numerous jet skis also make use of the marina.

After a good rest, our adventure continued as we paddled the last few miles trying to stay clear of lots of power boat traffic. Hundreds of fiddler crabs were seen on the muddy shores. Despite their giant claw, they are harmless. This stands in contrast to the numerous greenhead flies which bite, attack, fly away, then do it all again after calling some friends.

By about 1440, we were done, having paddled 12.5 miles. Talbot (Aht's husband) was there at the takeout waiting patiently for Aht. I led most of the group back to the campsite while Suzanne made sure the folks with their vehicles at the launch site were able to



Linda W. Aht V. Nora C. Lisa F. Maryrose W. Marilyn F. Steven J. Amy F. Jill D. Brent "Bear" C. Dave G. Mike C. Geoff U. Suzanne F. Jennifer B. Lisa A. In the back in the yellow boat is Norma photo by Saki

(Continued on page 9)



Back toward Leonardtown, we turned left on Rt. 249 past Valley Lee and continued to the Piney Point Lighthouse. Be sure to drive slowly past the many beachfront houses on lighthouse road, especially on weekends. There is a new county Potomac River Maritime Exhibit, and a kayak launch next door. The launch is a short hand carry down a ramp and through a metal gate to a pair of floating docks with overhead "handlebars" to help you steady yourself as you launch. While they might be useful for some shorter boats, our 18 footers would put you too far forward to make them practical, but a pier launch is possible along either side or at the end. The launch is out on a lagoon between the lighthouse and the mainland through which the NuStar pipelines move petroleum products to the storage tanks inland. Access to the Potomac is west beyond a series of new "turtle" beaches behind rock groins.

Further out Rt. 249 is a launch at the Piney Point recreation area, a boat ramp on the mainland side of the channel separating St. George's Island. While the sandy area on the island side looks more inviting for a kayak launching, it is private property and posted. On the island itself is the Evans Seafood Restaurant, marked by a silo-like structure (good eats).



Piney Point launch approach photo by Ralph Heimlich

Out on the island is the Chesapeake Bay Field Lab and the landing for the Skipjack *The Dee of St. Mary's*, currently undergoing restoration. You can ask permission to launch here.

Going back out Rt. 249, we made a left at Tall Timbers Road, following it down to the Tall Timbers Marina. There is a small St. Mary's County public launch at the sandy area just to the right as you drive in, but not much parking, especially on weekends. The launch is out to McKay Cover on Herring Creek, and then into the Potomac.

We ended our exploring weekend with Sunday dinner at Rips on Rt. 3 in



Kayak launch at Piney Point Lighthouse area photo by Ralph Heimlich

Bowie. Not much paddling, but we found a wealth of new launch spots in old St. Mary's County.

Here are some links to info on these and other launches in St. Mary's County.

Canoe and Kayak launches in St. Mary's County: <http://www.co.saint-marys.md.us/recreate/facilities/paddling.asp>

Public landings in St. Mary's County: <http://www.co.saint-marys.md.us/recreate/facilities/publiclandings.asp>

Leonardtown attractions: <http://leonardtown.somd.com/attractions/attractions.html>

Colton Point and St. Clement's Island: <http://www.co.saint-marys.md.us/recreate/museums/stclementsland.asp>

Paddle Quest Maryland: <http://paddlequestmaryland.com/>



Overview of Piney Point Lighthouse launch area photo by NuStar



Freya Hoffmeister In Annapolis June 26

Freya Hoffmeister, the only female, and one of only two people to kayak 9,400 miles around Australia recently gave a talk at the Annapolis EMS, co-sponsored by CPA. She described her 332-day journey which included massive waves, salt water crocodiles, and poisonous water snakes. She thrilled us with stories of many "bumps" by sharks, and the one that bit her boat, leaving a tooth in her standard, factory kayak. She was unsupported for 80 percent of the trip, roughly the equivalent of paddling around the US, but with much greater hazards.

Freya called it the "Race Around Australia." While she succeeded in being the fastest, she was only racing herself. She said anyone could paddle around if they took sufficient time, her goal was to do it with minimum down days. She also corrected those who said she was "attempting" to paddle around, insisting she WAS paddling around, not attempting. When asked about her gear choices, she said her favorite pieces of gear were the Epic 18 Expedition kayak and her wing paddle. Later I asked about her choices, and she said she had many offers of boat sponsorship but wanted something efficient. I asked why she didn't use the Greenland paddle for which she was originally famous. Freya said she has always paddled with a wing, only using the Greenland for rolling and for the Greenland competition.

63 people were in attendance at the talk and everyone received a poster and special edition magazine with a personalized autograph. Pete Hohmann even had Freya sign his kayak!



Freya speaking at EMS, Annapolis on June 26 photo by Brian Blankinship



Pete Hohman and his auto-yak

Thanks to all who helped make this possible, particularly Ralph Heimlich for loaning and delivering his projector, but especially to Chuck Haberlein who arranged much of the publicity and started the ball rolling. Thanks also to EMS for co-sponsoring and arranging the wonderful food for after the talk.

Freya has posted her new schedule on her site:
<http://qajaqunderground.com/2010/06/13/first-east-coast-usa-tour-dates-scheduled/>

Here is a link to her talk in Berlin. Very professional set-up, very large audience.

<http://qajaqunderground.com/2010/06/13/berlin-slideshow-summary-on-youtube/>



Brian, Freya and Bruce at EMS, Annapolis

CPA Trip Requirements and Ratings

All trips are organized by and for members of the club. When you participate, please remember that trip leaders are “hosts”, not professional guides, but you must be willing to follow their instructions. They are neither necessarily trained in first aid or CPR, nor do they always carry first aid equipment or safety devices for your use.

You, and you alone, are responsible for your personal safety.

Trip leaders will pre-screen all participants for skills, equipment and willingness to abide by club rules and policies. If you wish to join a trip, you must contact the leader in advance.

REQUIREMENTS

Equipment: While on the water, all paddlers must wear PFDs, spray skirts and clothes appropriate to the water temperature. Boats must have water-tight bulkheads or flotation devices to prevent the kayak from sinking when capsized. All paddlers must have—and know how to use—a pump, paddle float and whistle. On the day of the trip, leaders may refuse to admit participants for noncompliance with any of these requirements, so if you are not sure, discuss it with the leader in advance!

Waivers: All participants in CPA-sponsored trips must sign legal release forms each time before setting out on the water. Only one release per season is needed for regularly scheduled events (e.g., the weekly activities of the “pirates”). The legal release absolves all participating CPA members from legal liability for the injury or death of a fellow participant.

RATINGS:

First Timers: Participants have never paddled before. No prior skills needed.

Beginners: Participants have paddled some, taken classes, or have been on short (up to 4-mile) trips and can do a wet exit and paddle float re-entry.

Advanced Beginners: Participants have been on longer trips (up to 10 miles, full-day outings), have some experience with varying conditions such as winds and waves and have good rescue and groups paddling skills.

Intermediate Paddlers: Participants are comfortable with open-water crossings of 2+ miles, can handle a variety of water conditions and have strong self- and group-rescue skills.

Check the CPA Calendar at <http://www.cpakayaker.com/index.php?page=calendar> for details.

July

Date	Event	Description	Skill Level	Organizer(s)
July 4	Fireworks Night Paddle	Nighttime paddle on the Potomac River near The Memorial Bridge and watch the fireworks over the DC monuments. CANCELLED	Beginner	Matt Blakey
July 10	KIPP-5 Number 4	This is the fifth year for the KIP (Kent Island Paddle) event and I think it has been very successful in accelerating our learning curve in paddling.	Advanced Beginner	Marshall Wodruff
July 10	Ghost Fleet of Mallows Bay Day Paddle	A paddle 2 miles across the river from Quantico Marine Base to visit the Ghost Fleet of Mallows Bay (see page 4)	Advanced Beginner	Tom Heneghan 571-969-1866
July 10	Maryland Swim for Life	Kayakers provide swim support for the 19th Annual Maryland Swim for Life. Held at Rolphs Wharf on the Chester River. If you would like to participate, or have any questions, please contact the organizer.	Advanced Beginner	Rob Pearlman
July 10 to July 11	SURVIVOR! Hart-Miller Island	Rescue and survival scenarios	Beginner	Jay Gitomer 443-449-5119
July 11	Beginner trip: Tridelphia near Laurel	Meet at Brighton Dam Visitor Center to buy permits, and get maps, and proceed to the Tridelphia Reservoir. This will be an easy paddle on flatwater, suitable for everyone who has done a wet exit. 10:00 AM to 3:00 PM		Mitch Grunes 301-441-2085
July 13	Skills Training Series @ PoB - 2 of 3	The second of a series of skills training clinics run by Rick Weibush	Beginner	Jay Gitomer 443-449-5119
July 16 to July 18	Potomac River Passage - Rain Date	<i>We're going to explore the tidal (lower) section of the Potomac River over several weekends throughout the season.</i>	Intermediate	Peter Henry 571-278-5548, Gina Cicotello 240-305-0922
July 16 to July 18	Belle Isle, VA Car Camper	Was Matthews County, VA, is a wonderful paddling venue for a car camping base trip.	Advanced Beginner	Bill Dodge 703-201-8636 (cell)
July 17	Wye Island Circumnavigation	Around Wye Island in one afternoon.	Advanced Beginner	Jennifer Bine (703)533-2436
July 24 to July 25	Potomac Canoe-Kayak Kamper	Paddle a mixed canoe/kayak flotilla and camp on an island in the Potomac.	Advanced Beginner	Ralph Heimlich, Chip Walsh

August

Aug 7	KIPP-5 Number 5	This is the fifth year for the KIP (Kent Island Paddle) event and I think it has been very successful in accelerating our learning curve in paddling.	Advanced Beginner	Marshall Wodruff
Aug 8	PurpleSwim Baltimore (a.k.a. Bud Beatty Memorial Swim)	Please volunteer for kayak support for this open water swim. Web Site: http://www.purpleswimbaltimore.org	Intermediate	Tim Beatty
Aug 10	Skills Training Series @ PoB - 3 of 3	The third of a series of skills training clinics run by Rick Weibush	Beginner	Jay Gitomer 443-449-5119
Aug 22	Iron Girl Columbia Triathlon	Please volunteer to help with the kayak support for the swim portion of the triathlon.	Advanced Beginner	Volunteer Event Coordinator Needed
Aug 22	Tuckahoe Creek Day Trip	Paddle Tuckahoe Creek and the Choptank River.	Beginner	Ralph Heimlich

Check the CPA Calendar at <http://www.cpakayaker.com/index.php?page=calendar>

For latest developments and full details.

Cape Henelopen Camper (Continued from page 5)

retrieve them. Unfortunately, that meant waiting in a shadeless hot place.

About half the group stayed at the campground while the rest of us ventured into historic Lewes for some fun on the town. This walkable historic town with waterfront views was settled by the Dutch way back in 1631!

Jill, Nora, Geoff, Norma, Jennifer, Aht, Talbot, Mike, Linda, Brent and I parked then took a leisure stroll through town on Second Street. We ate at Striper Bites, 107 Savannah Road, phone: 302-645-4657. They managed to seat our large group in less than 10 minutes. In my opinion, dinner was good and so was the service.

We walked back for a short distance on Front Street along the water. Then we stopped in at King's Home-made Ice Cream for dessert.

Before heading back, we checked out Saint Peter's Episcopal Church. Actually, we just checked out the graveyard. This church has been in existence since 1680!

[Editor: Due to space limitations, you'll have to read the rest of Saki's report, and check out all the pics, at <http://saki.iwarp.com/100625-27/delaware.html>]

It was a great weekend. It would have been nicer had it been 10 degrees cooler but still it was great. I would like to lead/co-lead CPA trips in the future. Maybe one per year. People seem to enjoy it and I like the people who participate. I was told afterwards that things appeared to have run very smoothly...even seamlessly. As with any big coordinated event, this is the result of planning and preparation. Suzanne and I kept each other on the ball, each making suggestions and questioning the other if we felt something could be done a better way. I think we make a good team.



Shady paddling on Prime Hook Creek photo by Saki



Paddling Delaware's Prime Hook Creek *photo by Saki*

Inside our July 2010 issue:

- ◆ The Launches of St. Mary's County
- ◆ Freya Hoffmeister In Annapolis June 26
- ◆ Car Camping at Cape Henelopen
- ◆ July and August CPA Calendar

The Chesapeake Paddler

Chesapeake Paddlers Association, Inc.

PO Box 341

Greenbelt, MD 20768-0341

REMINDER: Please check your mailing label for your membership expiration date. If you receive the newsletter electronically, you will receive an e-mail reminder prior to your membership expiring. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.