

# Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Inc. Volume 22, Issue 2

February 2012

## Beware! Beware! The Pirates are Restless!



Piracies (CPA chapters for the uninitiated) are the unsung CPA heroes, maintaining our paddling spirit every week throughout the season. A number of changes have taken place, including two new piracies, a name change for another, and some personnel changes.

**Pirates Formerly Known as Algonquian**—We are changing the name of the Pirates of Algonquian to "Pirates of the Occoquan" this year. As the Piracy has evolved over the last few years we've been spending the majority of our time paddling waters along the Occoquan Water Trail. Consequently most of the Pirate regulars agree that renaming the Piracy after the Occoquan is a good idea.

We are using a broad definition of "Occoquan" to include any water body or launch site along the official 40-mile Occoquan Water Trail (OWT). The water trail starts at Bull Run Regional Park on the free flowing river portion of Bull Run, down the Occoquan reservoir, and onto the Potomac around the Mason Neck peninsula ending at Pohick Bay Regional Park. It includes our usual launch sites (Fountainhead, Mason Neck, and Pohick Bay) and then some other locations like Bull Run Regional Park and Occoquan Regional Park. It's a nice

home base with several paddling options.

For the first year we will probably use the identifier Pirates of the Occoquan (formerly Pirates of the Algonquian) in any official news. Yes, we know change is hard, but we like this one. Jeff Walaszek (703) 868-1765 and Jim Zawlocki (703) 378-7536 Pirate Co-Captains, [Pirates of the Occoquan](#) (formerly Pirates of Algonquian).

[Pirates of the Eastern Shore](#)—This new piracy will provide paddlers in Kent County and other Eastern shore locations with opportunities for skills practice as well as general paddling. Pirate Queen Paula Hubbard may also set up some clinics where the focus will be on specific skills similar to the Piracy of Baltimore. Join us at one of the two locations (Turner Creek or Buckingham) as we start this new Piracy on the Eastern Shore for the 2012 Season! Paula Hubbard, (407) 619-2896 Pirate Captain.

[Pirates of the James](#)—If ye decide to venture down this southerly direction, a good Pirate can look forward to a whole season of great paddling, including informal group paddling of the rivers of Central Virginia (James, York, Rappahannock, Chickahominy, Appomattox, and more), local creeks and reservoirs, monthly safety and rescue practices, kayak and car camping, social events in the off season, and, of course, eating...lots of eating! In fact, aside from paddling, eating is what we do best! This new piracy, centered in Richmond, VA, will meet on Wednesday evenings from late April through late October at the primary launch site of Deep Bottom Park, but we may move a bit up or down river from time to time for a change of scenery. Mary Larson (804) 316-3432 and Jon Phipard (804) 334-3019 Pirate Co-Captains.

[Pirates of Baltimore](#)—Has a new Pirate King, David Wilson (443) 562-6156 Pirate Captain, who has taken over for Coordinator Jay Gitomer.

[Pirates of Georgetown](#)—This venerable group has moved to new territory at the Columbia Island Marina for most dates, but it's the same friendly bunch of urban Pirates. The Three Co-Captains are Peter Harris (703) 408-7812, Matt Blakey (202) 210-6367, Paul Bieri (240) 393-2377.

Don't forget about our other locations for mid-week paddling: [Pirates of the North](#) in Havre De Grace, [Pirates of the Patuxent](#) at Solomons Island, [Pirates of Pier 7](#) on the South River in Annapolis, [Pirates of the Potomac](#) at Belle Haven Marina, and [Pirates of the Sugarloaf](#) in the Potomac above the Falls. Check out each one at their contact pages (linked to their names) or on the Forums at <http://www.cpakayaker.com/forums/viewforum.php?f=37&sid=245b01d63c204b175edb03538cf55dd6>



The Mother Ship: Pirates of Pier 7 on the South River  
photo by Ralph Heimlich

**CLASSIFIEDS**

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

**Advertising Rates:**

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size	cost	wide x deep (col)
1/8 page	\$20	2.4" x 3.5" (1)
1/4 page	\$32	4.9" x 4.7" (2)
1/2 page	\$50	7.5" x 4.7" (3)
Full page	\$80	7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.

**SCHEDULE FOR 2011 CHESAPEAKE PADDLER**

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

Issue	Deadline for Copy
April 2012	March 15, 2012
May 2012	April 15, 2012
June 2012	May 15, 2012

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at [news\\_editor@cpakayaker.com](mailto:news_editor@cpakayaker.com) or call at 301-498-0722.

**THE CHESAPEAKE PADDLERS ASSOCIATION**

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

**Officers:**

**Coordinator**—Jay Gitomer, 410-687-6878, [coordinator@cpakayaker.com](mailto:coordinator@cpakayaker.com)

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**Baltimore Pirate King**—Dave Wilson, 410-256-7206, [pirates\\_baltimore@cpakayaker.com](mailto:pirates_baltimore@cpakayaker.com)

**Occoquan Pirate King**—Jeff Walaszek, 703-670-7712, Jim Zawlocki 703-378-7536 [pirates\\_occoquan@cpakayaker.com](mailto:pirates_occoquan@cpakayaker.com)

**Sugarloaf Pirate King**—James Higgins, 301-460-8022, [pirates\\_sugarloaf@cpakayaker.com](mailto:pirates_sugarloaf@cpakayaker.com)

**Pirate Kings of the North**—Bob Shakeshaft, 410-939-0269 [pirates\\_north@cpakayaker.com](mailto:pirates_north@cpakayaker.com)

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**Pirates of the Eastern Shore**—Paula Hubbard, 407-619-2896 [pirates\\_easternshore@cpakayaker.com](mailto:pirates_easternshore@cpakayaker.com)

**MEMBERSHIP:** Subscription to the Chesapeake Paddler is included with membership.

**NEW: Membership is now \$10, \$18, \$27, \$35, for 1, 2, 3, and 4 years.** Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

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## Admiral's Walk



## An Inclusive CPA

In a recent thread on the club message board, many posters said that CPA should not change. That's impossible. Unless the very same people continue to do the very same volunteer work year after year and the very same people attend the same events each year and nobody new jumps in, the club will change. A lot of us have attended SK102 many times, but I doubt any of us have had the same experience at any two SK102s.

But CPA won't change at its heart—the piracies and weekend paddles will always be CPA's main activities and the most important to the ongoing health of the organization. But like any club, CPA is the people in it. People change.

Change can be directed. Should there be a stated direction in which we hope the club will grow, or should the club just organically become whatever it will become? I can't stand to let anything alone. I like to have a plan and execute it. But that might not be the right thing for CPA. We have so many varying points of view in the club that perhaps a stated direction will end up leaving out some people. We want to be inclusive; it's who we are, and it's what we should continue to be. It's more important that we serve all members than it is for us to adhere to a defined identity.

Whenever a large, diverse group of people is asked for opinions, the answers will result in some division. This thread was no exception. Some posters were adamant that the club should be this or that. Others felt the opposite. Ultimately, nobody should feel that CPA can only meet one set of needs. If the club does something to help one niche group of members, that doesn't mean it's short-changing the others; we have room for those who wish to explore marshes, those who wish to support swims, those who wish to paddle distances, and those who wish to develop to their full potential as paddlers. We have the resources to grow in more directions than one at a time.

By resources, I mean you. CPA does not exist as an entity of its own. It's a colonial being, composed of all of us. If somebody wants the club to be something or to do something, then that member can step up and make it happen. Nobody needs authorization from the SC or a blessing from a long-term member. You can make things happen. As long as your idea is in line with the CPA mission statement and you follow the CPA safety standards, you are free to develop and implement all the programs you can dream up. And people would love it if you would.

This is probably the shortest column I've written so far. I'm sure you are all relieved. I'll close with some bullet points:

- CPA is strongest when it is inclusive of all members' interests
- CPA is strongest when it's allowed to serve all members' interests
- You are CPA and you can help mold the club into whatever you want it to be by volunteering in an area that interests you
- Your interests are as important as anyone else's
- Nobody's interests impinge on anyone else's

Jay Gitomer  
Coordinator



## The Chesapeake Paddlers Association 2012 Virtual Calendar Is NOW Online

The final selection of the 13 photos for the 2012 Virtual Calendar was concluded at midnight on New Year's Eve. This year's contest was photos of kayaking anywhere EXCEPT the Chesapeake Bay, and we had entrees from Patagonia to Greenland, and from San Francisco to Scotland. The winners reflect the far-ranging exploits of CPA paddlers in all kinds of climes and waters around the world.

You can download a .pdf file of the calendar and print it (front and back) with your color printer or at Kinko's or Staples to get a nice calendar for the year. Revisit after the planning meetings, when the schedule for the year will be incorporated into the calendar. NOTE: This file is 4.24 Mbytes, so it will take a while to download. Download at:

[http://www.cpakayaker.com/uploads/online\\_newsletters/CPA2012/CPA%20Virtual%20Calendar%202012.pdf](http://www.cpakayaker.com/uploads/online_newsletters/CPA2012/CPA%20Virtual%20Calendar%202012.pdf)



**Joe and Whit's Excellent Adventure at REI, February 1, 2012 photo by D.J. Manalo**

## CPA Represented at Potomac Riverkeepers

By Ralph Heimlich

On February 1, two of the Potomac Riverkeepers gave a presentation at REI—Rockville on their July 100,000 strokes paddle trip down the length of Potomac (see <http://www.potomacriverkeeper.org/island>).

D.J. Manalo, who is a member of CPA's Water Trail Task Force, went and represented CPA, believing that there is a need for more recreational access to the Potomac, improved, marked, primitive camping site opportunities, and decent places to stop along the way for day paddling trips and overnight camping trips,

The two speakers, Joe Hage and Whit Overstreet are part of Potomac Riverkeepers. Joe is the Island keeper at Sycamore Island near Little Falls and an active member the S.I. Canoe Club. Whit has mostly WW experience and conceived the idea to paddle an "Island to Island Potomac Trip" from Sycamore Island to Saint Catherine's Island (near the mouth of the Wicomico River in St. Mary's County, MD) in July 2011, then tweet their daily adventures.

During the Q&A after their presentation, D.J. asked if they were actively involved in discussions or contact with other organizations or government officials towards efforts to open up primitive campsites and a water trail on the Potomac. They responded that they've been actively communicating with Park Service officials to institute a primitive camping policy. Joe added that one of the major issues is that most of the available land which they thought would be ideal sites was property on military sites. Whit also added that the Park officials were worried about how best to institute a policy that restricted motorized activity. Other issues included health concerns should a port-a-john be committed to a site. They hoped to get feedback in March for updates.

D.J. provided them a copy of the document CPA constructed refining criteria for "primitive" camping sites on the Potomac.

### CPA - Water Trail Task Force members:

DJ Manalo [dmanalo2k@yahoo.com](mailto:dmanalo2k@yahoo.com) (Principal contact 410-507-4799)

Gina Cicocello, [ginacico@earthlink.net](mailto:ginacico@earthlink.net)

Peter Henry: [pgharchitecture@mac.com](mailto:pgharchitecture@mac.com)

Greg Welker, [gdwelker@verizon.net](mailto:gdwelker@verizon.net)

## CPA Exhibits at Be-Fit McLean Outdoor Adventure Exposition

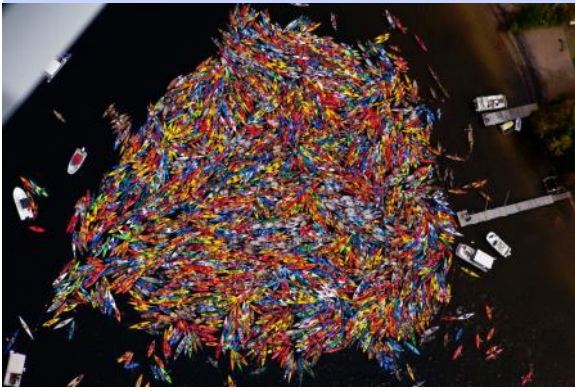
CPA members reached out to potential paddlers on February 18 at the 2nd Annual Be-Fit McLean event. Steering Committee members Rob Pearlman and Jennifer Bine organized a display of photos, membership material and a highly interactive (and unstable) experience with land-based Greenland trainers for new recruits who might be interested in our trying our sport. CPA members manning the booth included Sue and Rich Stevens and Tom Heneghen. This is CPA's second appearance at Be-Fit McLean, which featured "Dry Suit Man" and an indestructible plastic boat at last year's event. See the 2011 video.

The event, which featured a Dutch Oven cook-off and a portable climbing wall, had booths from nearly two dozen outdoor groups seeking to expand outdoor recreation choices for attendees.

<http://mcleancenter.org/special-events/befitmclean.asp>



**CPA member Rob Pearlman coaches aspiring young paddlers in the finer points of greenland paddling at the CPA booth at Befit McLean on Saturday photo by Rich Stevens**



Good guess, but this is actually the largest raft of canoes and kayaks ever assembled, consisting of 1,902 boats and was achieved at the event "One Square Mile of Hope". The event was sponsored by the Central Adirondack Paddlers Society, and took place on Fourth Lake in Inlet, New York, USA <http://www.facebook.com/GuinnessWorldRecords>

## Paddle Faster, I Hear...Bacteria!

I always thought my polyethylene boat was the most durable craft in my fleet until CPA member Paul Ffonoff sent this item: Marine microbiologist Tracy Mincer of the Woods Hole Oceanographic Institution in Massachusetts examined bits of plastic debris fished out of the Sargasso Sea, an area of the North Atlantic where currents cause debris to accumulate. Scanning electron microscopy revealed bacteria-like cells living in pits in the plastic, as if they were eating the surface away. "They look like you took a hot barbecue briquette and threw it into snow," says Mincer. "You see this melting bit all around the outside of the cells, and they're just burrowing into the plastic." Microbes have been found digesting plastic in landfills, he says, but this is the first evidence of marine bacteria breaking down plastic in the ocean. The work was presented the 5th International Marine Debris Conference in Honolulu, Hawaii, on 24 and 25 March.

Excerpted from

<http://www.nature.com/news/2011/110328/full/news.2011.191.html>

## Time's Ravages Reversed for CPA Members

Eight lucky CPA members benefited from the fiberglass magic done by the team at the Annapolis Harbor Boat Yard, in conjunction with Annapolis Canoe and Kayak. Thanks go to Lee Gardner from ACK for coordinating this with AHB, and for doing the grilling as well! The Boat Yard's John Norton, Jeff and Melissa were very helpful in explaining and demonstrating a wide range of repairs. Speaking with John afterwards, he indicated that he's considering doing this again in the future; that this was a bit of a trial run. They were amazingly generous with the shop-time and the materials this time around. Not only were the chunks and scratches fixed, but even color matching was accomplished.



Jeff: Curing fiberglass ills, one boat at a time *photo by Catriona Miller*

More pictures are online at

<http://www.cpakayaker.com/forums/viewtopic.php?f=4&t=6336&sid=c182d0daedcda09a49c59f091b23f0da>

And at <http://www.facebook.com/media/set/?set=a.366418356711152.90054.129499020403088&type=3>

And at [https://picasaweb.google.com/ImmunoGirl/2012\\_02\\_18ACKBoatWorkshop](https://picasaweb.google.com/ImmunoGirl/2012_02_18ACKBoatWorkshop)



## Kayak and Paddle Work Day, Truxton Park, April 14

Well, you missed the Kayak Repair Workshop (see above). But all is not lost. What better way to whet your appetite for the upcoming paddling season than to do a "tune-up" of your kayak and equipment? Before you start each season, you should do an inspection. Are your bungies and decklines in good shape or do you need to replace or add more? Do you have any rust or loose equipment on your kayak? How are the seals on your hatches? Are you curious about flotation and how to protect the bottom of your kayak with a rub strip? Does your Greenland paddle need a touch up? Volunteers at the April 14th inaugural Kayak Workshop will help you "tune-up" your kayak. The workshop will be held at Truxton Park, Annapolis. The \$3 fee will go towards the pavilion. Bring your own cleanup supplies and an item to share at the potluck and ponder on the upcoming season. See <http://cpakayaker.com/forums/viewtopic.php?f=2&t=6369>

And [Here](#)

## SK 101—Introduction to Sea Kayaking A Winter Workshop Presented by the Chesapeake Paddlers Association, Inc.



Classroom presentations

A one-day introductory course on the basics of sea kayaking. Experienced paddlers will speak about kayak and paddle design, including how to choose the right ones for you, what equipment you will need to start paddling, the basics of safe paddling, how to find people to paddle with, interesting places to paddle, and other, related topics of interest. Kayaks, paddles, equipment, clothing, car rack systems, and a variety of kayaking gear will be on display. Although this event is primarily for the newer paddler, or those interested in getting into the sport, everyone is invited to come and expand their paddling horizons.

- What:** An introduction to sea kayaking
- Hear presentations on types and uses of boats, paddles, safety, and gear
  - Learn where to paddle
  - Find potential paddling partners
  - See displays of kayaks, paddles, car racks, safety and other paddling gear
- When:** Saturday, March 10, 2012, 8:30 AM – 3:30 PM
- Where:** West River Center  
5100 Chalk Point Road  
West River, MD 20778
- Cost:** \$25/person This cost includes light breakfast and lunch. This event usually sells out, so everyone **must register in advance**. Walk-in registrations will not be available.

### Directions to West River United Methodist Center

- **From Baltimore and Annapolis:** Take I-97 South to Rt. 50 East. Go 1/4 mile (approx.) to Rt. 665 (Aris T. Allen Blvd.). Follow Rt. 665 to Rt. 2 South (Solomons Island Rd.). After crossing the South River Bridge, turn left at the fifth traffic light (Rt. 214). At the second light, turn right onto Rt. 468 (Muddy Creek Rd.). Follow Rt. 468 for 8 miles. Turn left onto Chalk Point Road. (Landmarks at this intersection include a BP station and a convenience store).
- **From Washington:** Take Rt. 4 to Rt. 258. Follow signs toward Deale. Proceed on Rt. 258 - go straight at intersection of Rt. 258 and Rt. 2. Rt. 258 will end at Rt. 256. Turn left. Rt. 256 will end at Rt. 468. Turn left again, proceeding on Rt. 468 for approx. 100 yards. Turn right onto Chalk Point Rd. (between the BP station and a church). Follow Chalk Point Road for 1 mile, turn left into West River Center.

Registration form on the other side



Comparison of kayak types



Rack, Boats, Paddles, Gear and more

**Chesapeake Paddlers Association, Inc.,**  
[www.cpakayaker.com](http://www.cpakayaker.com)

CPA is a completely volunteer-run organization. The mission of the Chesapeake Paddlers Association is to promote safe sea kayaking and safe paddling practices through the education of the local sea kayaking community and the interested public. Club activities may include, but are not limited to kayak trips, kayak camping trips, instructional workshops, informal weekday evening paddles, and any other activities consistent with the mission that members of the club wish to organize.



**Registration:** Apply to register in SK101! Space is limited and available on a first come, first serve basis. You are confirmed only if PAYMENT IS RECEIVED and you receive a return email or phone call. Walk-ins are not permitted. **Registrations will be accepted until March 2, 2012.** Applications received after the workshop is full will be placed on a waiting list. Use the form below or register on-line at <http://www.cpakayaker.com/index.php?page=sk101-registration>

### REGISTRATION FORM

Your Name: \_\_\_\_\_

Your Email: \_\_\_\_\_ Your Phone #: \_\_\_\_\_

Address (Street, Town, State & Zip Code)  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

How did you learn about this workshop? \_\_\_\_\_

Have you attended SK101 before? When? \_\_\_\_\_

I have kayaking experience: Yes / No If "Yes", what kind, how long?  
 \_\_\_\_\_  
 \_\_\_\_\_

Would you prefer a vegetarian option if offered? Yes/No

**Registration deadline is March 2, 2012**

If you have any questions, please contact us at  
[CPASK101@aol.com](mailto:CPASK101@aol.com) or 410-446-5991.

Mail this form and your check for \$25 per person to:

CPA Kayaker  
 P.O. Box 23671  
 Baltimore, MD 21203

Or register on the web at <http://www.cpakayaker.com/index.php?page=sk101-registration> and you will be sent the directions on how to pay using PayPal@.

Note: You are confirmed ONLY if PAYMENT IS RECEIVED and a slot is available. You will receive a return email or phone call confirming your registration. If you do not receive an email or phone call, you HAVE NOT been registered.

**Cancellations:** No refunds will be issued for cancellations received after March 2, 2012. Please be sure to contact us if you know you won't be able to attend so that someone on the waiting list can benefit.



Places to paddle

## 14th Annual SK-102, CPA On-Water Kayak Skills Workshop Coming in April

By Brian Blankinship

This year the skills clinic will be held April 27-29, 2012 at the same Lake Anna location. The registration form is on [page 9](#), and should be returned as soon as possible. Please note that the rolling block has limited space. Here is the schedule:

### Saturday Morning Session: 9:00-12:00

**BLOCK 1: Kayak Design, Wet Exit, Basic Strokes**—If you are new to paddling and/or have not had kayaking lessons

- Discover features separating various kayak designs and their value to you
- Wet Exiting is the most critical kayak skill for safety—a requirement for attending CPA trips
- The proper basic strokes will make your paddling much more fun and efficient.

**BLOCK 2: Stroke Improvement, Intermediate Strokes, Bracing**—For those who have been paddling for a year or more and are proficient in basic strokes.

- Improve your basic strokes to increase your efficiency and form
- Learn intermediate strokes such as hanging draw, draw on the move, bow rudder
- High and low bracing not only keep you upright but are the foundation of several kayak rolls

**BLOCK 3: Self Rescues, Group Rescues, Towing**—Be able to get yourself and others back into a kayak in deep water. A required safety skill.

- Become a self sufficient paddler, able to recover from wet exits
- Be able to rescue another kayaker who had to exit. Several methods are demonstrated
- Learn types of tow systems, methods and how to use them

**BLOCK 4: Greenland Style Paddling**—What is that thin paddle anyway?

- Advantages of Greenland style paddling
- Design of the Greenland paddle
- Proper Greenland style strokes

**BLOCK 5: Wing Paddle Technique**—What is a Wing paddle, and what is it for?

- Design and advantages of the Wing
- Proper Wing paddle technique
- Additional Performance Paddling tips

### Saturday Afternoon Session: 1:00-3:30

**BLOCK A: Stroke Improvement, Intermediate Strokes, Bracing**—For those who have been paddling for a year or more and are proficient in basic strokes.

- Improve your basic strokes to increase your efficiency and form
- Learn intermediate strokes such as hanging draw, draw on the move, bow rudder
- High and low bracing not only keep you upright but are the foundation of several kayak rolls

**BLOCK B: Self Rescues, Group Rescues**—If you took Block 1, this is the best follow up course for new paddlers.

- Become a self sufficient paddler, able to recover from wet exits, learn importance of floatation
- Be able to rescue another kayaker who had to exit. Several methods are demonstrated.

**BLOCK C: Advanced Rescues**—For those proficient in self and group rescues, take it to the next level

- How to rescue a boat without floatation that "sank"
- Techniques to rescue an injured paddler

**BLOCK D: Rolling**—For more advanced paddlers who have strong bracing skills. Access to Rolling class is restricted

- The best form of rescue is to never exit the boat
- Classes are 1:1 to 1:3 instructor to student ratio

SK102 is an extremely popular event and always fills up quickly. Those attending SK101 -- An Introduction to Sea Kayaking, however, get priority registration for SK102. All that you need to do is be a member of the club, and send in your fee with the special registration form (provided at SK101) postmarked by no later than April 2, 2012. Membership sign-up will be available at SK101. Yet another good reason to sign up for SK101 on March 10th at the West River Center!





## THE FOURTEENTH ANNUAL CPA SKILLS CLINIC, APRIL 27-29 2012

This is a Chesapeake Paddlers Association "members only" event.

**Where:** Lake Anna is 2 hours south of Washington DC, between Fredericksburg and Richmond, VA, just west of I-95. The lake is a cooling pond for a nuclear power station so the water is not only very clear—it is heated! The location is private property, where you are welcome to set up your own tent. There are motels nearby for non-campers. Details and directions will be emailed.

**Cost:** \$35, which covers the cost of the campsite, porta-potties, handouts, small instructor gifts for the volunteers, and dinner on Saturday night. You will be responsible for all your other meals. You must provide your own camping gear, kayak, spray skirt, and life vest. CPA volunteers conduct the free skills clinic. This is not certified instruction. For questions or to volunteer, email: SK102@BayKayaking.com.

Registration will be limited and will fill up quickly. See instructions at the bottom of the form. You will be notified by email of acceptance/non-acceptance. For those turned away, checks will be destroyed.

**ALL MUST BE PRE-REGISTERED:** NO NON-REGISTERED GUESTS OR WALK-INS allowed on the grounds.

### SK102 REGISTRATION FORM

Name(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Note: Children 12 and older are accepted, but must take classes with their parent/guardian

If a participant is 12-18 years old, please check here

Were you turned away from SK102 last year for lack of space?

Yes / No

Did you attend SK102 last year?

Yes / No

Would you like to be included in the event directory? (Name, email, city/state/zip)

Yes / No

If you prefer a vegetarian option for dinner, please check here

SELECT ONE MORNING AND ONE AFTERNOON BLOCK (check the appropriate boxes)

For course descriptions, go to [www.cpakayaker.com/forums](http://www.cpakayaker.com/forums) under Events, SK102 2012

Morning Session: 9:00-12:00 Saturday

- BLOCK 1: Kayak Design, Wet Exit, Basic Strokes  
 BLOCK 2: Stroke Improvement, Intermediate Strokes, Bracing  
 BLOCK 3: Self Rescues, Group Rescues, Towing  
 BLOCK 4: Greenland Style Paddling  
 BLOCK 5: Wing Paddle Technique

Afternoon Session: 1:00-3:00 Saturday

- BLOCK A: Stroke Improvement, Intermediate Strokes, Bracing  
 BLOCK B: Self Rescues, Group Rescues  
 BLOCK C: Advanced Rescues  
 BLOCK D: Rolling (*Note: Limited rolling slots open, not intended for beginners*)

**Sunday Morning Sessions** do not require registration, and will be announced by email and on the web page.

To register: Send this form along with your **\$35** check payable to "CPA" to:

**Chesapeake Paddlers Association, 2157 Collingwood Lane Frederick MD 21702**



**Kayak Fiberglass Repair Day, Annapolis Harbor Boat Yard**  
*photo by Anicca Jensen*

## Inside our February 2012 issue:

- **Beware! Beware! The Pirates are Restless!**
- **An Inclusive CPA**
- **2012 CPA Virtual Calendar online**
- **CPA Represented at Potomac Riverkeepers**
- **CPA Exhibits at Be-Fit McLean**
- **Paddle Faster, I Hear...Bacteria!**
- **Time's Ravages Reversed for CPA Members**
- **Kayak and Paddle Work Day, Truxton Park**
- **SK101: An Introduction to Seakayaking Signup**
- **SK102: On-Water Skills Workshop Signup**

### **The Chesapeake Paddler**

Chesapeake Paddlers Association, Inc.

PO Box 341

Greenbelt, MD 20768-0341

REMINDER: Please check your mailing label for your membership expiration date. If you receive the newsletter electronically, you will receive an e-mail reminder prior to your membership expiring. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.