

Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Volume 17, Issue 9

November-December 2007



Apostle Islands Adventure

By Cyndi Janetzko

Over the years I have compiled a "places to paddle someday" list filled with destinations such as the San Juan Islands, Baja, the Everglades, Georgian Bay, the Maine Island Trail and the Apostle Islands. Bit by bit, I've been making my way through that list. So when Yvonne Thayer started planning a week long Apostle Islands trip for early September, I jumped at the chance.

The Apostles are 21 islands scattered off the coast of Lake Superior in north western Wisconsin (see locator map). Featuring soft sand beaches, rocky cliffs, extraordinary sea caves and more lighthouses than any other coastline in the United States, the Apostles are a premier destination for kayakers. The Apostles can also be a challenging place to paddle: Weather changes rapidly and the water is near always freezing. Going with a local who knows the area and its moods is a definite plus.

Clayton told us how buying a chart was silly, since all the locals navigated the Apostle Islands by using a placemat bought in the Visitor Office for \$4.50. We each got one to put on our decks.

Yvonne tapped Clayton White for the role of local. Clayton, from Grand Marais, appeared at Jack's Boathouse in Georgetown in the spring of 2006. He'd come to DC to help out his brother, but quickly became a regular at the Pirates of Georgetown. Clayton knows Lake Superior. In fact, in 2005 he had paddled all the way around its 950-mile shoreline. He also likes to go fast. He did it in just 24 days, over 38 miles per day!

Our trip would be a little less ambitious, as we had just a week. We kept the group small in order to make the logistics easier and ended up with Nelson Labbe (poor Caroline had to work), Dave Biss, Yvonne, Clayton and me. Several conference calls and many emails later, we had a plan.

Clayton would be our chauffeur and boat provider. Having heard stories of how he subsisted on Lipton one pot dinners during his entire Lake Superior circumnavigation, we decided to handle the cooking. Dave, Nelson and I flew into Duluth on Saturday September 1, where we met Clayton. Yvonne arrived later that day by bus from Minneapolis.

Labor Day is one of the busiest weekends in the Apostles making campsites difficult to reserve. Thus, we opted to be tourists in Duluth on Saturday, exploring the new waterfront area and the Aerial Lift Bridge. We also toured the local grocery stores to pick up last-minute supplies. Sunday, we went for a day paddle as a shake down of the rental boats. A word of advice here, when relying on rental boats, be prepared for them to not be as nice, as comfortable, as fast, or as dry as is your boat at home. We ended up fashioning hip pads out of foam blocks and reallocating gear to drier hatches.



Yvonne, Clayton, Dave, Cyndi and Nelson under an Apostles Island arch

(Continued on page 6)

CLASSIFIEDS

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

Advertising Rates:

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size cost wide x deep (col)
 1/8 page \$20 2.4" x 3.5" (1)
 1/4 page \$32 4.9" x 4.7" (2)
 1/2 page \$50 7.5" x 4.7" (3)
 Full page \$80 7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.

Public service announcement and personal ads to sell kayaks/ accessories are printed at no charge; non-members pay \$10 for 3 months.

SCHEDULE FOR 2008 CHESAPEAKE PADDLER

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

Issue	Deadline for Copy
Jan/Feb 2008	December 15, 2007
March 2008	February 15, 2008
April 2008	March 15, 2008

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at news_editor@cpakayaker.com or call at 301-498-0722.

THE CHESAPEAKE PADDLERS ASSOCIATION

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

Officers:

Coordinator—Dave Biss, 703-241-0036, coordinator@cpakayaker.com

Membership, subscriptions—Sue Bauer, 410-531-5641, c/o CPA, PO Box 341 Greenbelt, MD 20768, membership@cpakayaker.com

Secretary—Sue Bauer, 410-531-5641 secretary@cpakayaker.com

Treasurer—Rich Stevens, 703-527-4882, treasurer@cpakayaker.com

Webmaster/E-Mail List Administrator—Dave Biss, webmaster@cpakayaker.com

Newsletter Team:
Managing Editor/Layout—Ralph Heimlich, 301-498-0722, news_editor@cpakayaker.com

Articles Editor—Lynn Erwin, news_articles@cpakayaker.com

Advertising Coordinator—vacant, news_advertising@cpakayaker.com

Mailing and Distribution—Mark Woodside, 301-373-4561, news_distribution@cpakayaker.com

Pirate Groups:

Pier 7 Pirate Committee—Rich Stevens, Jenny & Greg Welker, Sue Bauer, Brent Cogswell pirates_pier7@cpakayaker.com

Potomac Pirate King—Dick Rock, 703-780-6605 pirates_potomac@cpakayaker.com

Patuxent Pirate King—Dan Wells, 410-414-2660, pirates_patuxent@cpakayaker.com; Don Polakovics, 301-866-0437

Georgetown Pirate Committee—Cyndi Janetzko, 703-241-0036; Dave Biss, 703-241-0036; pirates_georgetown@cpakayaker.com

Baltimore Pirate King—Bob Huber, 410-335-0994, pirates_baltimore@cpakayaker.com

Algonkian Pirate King—Jeff Walaszek, 703-670-7712, pirates_algonkian@cpakayaker.com

Sugarloaf Pirate King—James Higgins 301-460-8022 pirates_sugarloaf@cpakayaker.com

Pirate Queen of the North—Bob Shakeshaft 410-436-7069 and Mike Free 302-633-8740 pirates_north@cpakayaker.com

MEMBERSHIP: Subscription to the Chesapeake Paddler is included with membership. Membership is \$10/year or \$20/2 years. Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

DEADLINES: Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

The Chesapeake Paddler is published monthly, except Nov-Feb and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor.



Suzanne Farrace and the Susan Constant, Jamestown Photo by Woody Woodward

Admiral's Walk



Ahoy, CPA Paddlers!

So what do a bunch of paddlers do when cold weather sets upon them? Join together and talk about paddling, of course!

We had a great turn out for the CPA Annual Meeting at the beginning of November. It was held in the front yard of two of our stalwart members' house; John and Susan Blackburn just south of Annapolis Maryland, despite the cool temperate which started the day off.

But before I state some of the highlights of the meeting, let me mention that the tradition continued to have a paddle before the meeting. Fourteen brave souls met at the Galesville public launch

site at 8:00 am and wiggled into dry suits. The water temperature was already down to 54 degrees. The air temperature was not much warmer than that as the day started. We had a great time paddling out of the West River and up to the Rhode River. Some of us tried out a few of our Greenland rolls just for fun and were really grateful for the warm and dry layers we had put on. It proved how winter had started already.

Back to the meeting....It was a great turn out. 33 CPA members came to join in our recap of the past year's activities, the talk about the year to come, and the voting in of new officers for the 2008 season.

We opened the meeting by introducing the current officers. If you have not followed this in the past, here is a speedy recap:

Dave Biss: Coordinator	Rich Stevens: Treasurer	Sue Bauer: Secretary and Membership Coordinator
Steering Committee:	John Blackburn, Ralph Heimlich, Barry Marsh, and	Brian Blankinship, Cyndi Janetzko, Marshall Woodruff
Newsletter Editors: Ralph Heimlich & Lynn Erwin		Newsletter Distributor: Mark Woodside

Some of the great things that the CPA has accomplished over the past year were talked about. One of the biggest steps in club history was achieved; we applied for a tax-exempt incorporation status for the club. This was decided upon to bring more cohesiveness to our organization as well as to allow us to provide means for reducing the cost of events and mailings. This huge project was carried out by two dedicated members, Ed Hershon and Will Bush. Many thanks to the two of them.

The CPA meeting could not proceed without mention of the Piracies. As you all know, of the most outstanding things that the club provides, besides the many day trips and overnights, are the regular meetings of the Piracies. The Piracies provide a safe and regular meeting place for people who want to paddle at least once a week over the warmer season. No planning, no launch fees, no calling friends to join at a launch site. You just show up and you know someone will be there to paddle along side you. A big thanks was warmly given for those volunteer members who act as Pirate Captains throughout the year. To see who they are, please go to the [CPA Contacts page](#).



Some of the events that made outstanding mention from the last season of paddling were, SK101: An Introduction to Sea Kayaking handled by Yvonne Thayer, Gina Cicotello and Jenny Welker-Plummer; SK102 at Lake Anna handled by Brian Blankinship; the CPA Race Series handled by Cyndi Janetzko and Brian; the CPA Library handled by Caroline and Nelson Labbe; the Fairland Pool Session handled by Joan Spinner; and of course all of the day trips and overnights which are so wonderfully handled by the many volunteers of the club.

We talked about what the next year might hold for the CPA. All of the wonderful events from the past year were committed to be held again for the coming season, as well as a few great ideas to provide even more for our members. One of the great things that was recently started and which will be carried on next year is the CPA Members Benefits. Did you know that by showing your CPA membership card you can get some special discounts at participating outdoor stores and other outfitters? We are working to keep this alive and hopefully grow it into greater benefits for CPA Members.

After much talk about activities which we would like to see for another year, we had all the ballots tallied up to see who would fill the offices for the next season. All elections were unanimous, keeping the Coordinator, the Treasurer, the Secretary and the Newsletter Staff the same. Some new faces will be on the Steering Committee next year. Elected for the first time will be Ed Hershon and Gina Cicotello. Returning Committee Members will be Brian, Ralph, Cyndi and Marshall. I am sure that this team will make great decisions for the progress of the club for the next season to come. Oh and I cannot forget, that the position of Keymaster (to the CPA Postal Box) was passed from Mike VanDamm to Paul Bieri. Mike has graciously volunteered for a long while to collect the CPA mail

(Continued on page 9)

CPA Pool Sessions, 2006-2007

Where: Fairland Aquatic Center, Burtonsville, MD

When: Saturdays, now through spring

Time: 4-5:50 pm and 5:50-7:45 pm

Fee: \$7 per person. Pay at FAC

During the winter season, the CPA enjoys access to Indoor Pool Sessions at Fairland Aquatics Center to practice and learn new skills. These are open sessions, not lessons. Members are responsible for bringing their own boat and gear.

Important: Visit the [discussion forum](#) for pool-closing dates, updates or to coordinate rolling practice with other paddlers.

Location: [Fairland Aquatics Center](#) 13820 Old Gunpowder Rd Laurel, MD 20707

Directions: Take your best route to I-95 between Baltimore and Washington. Exit at MD-198 West. Turn left at 2nd light, Old Gunpowder Road. The pool will be about a half mile down on the right. Use the patio entrance.



Dave Biss and Yvonne Thayer at Fairland indoor pool, Maryland *Photo by Brian Blankinship*



Photo by Brian Blankinship

Reservations: Apply to reserve your space! Space is limited and available on a first come, first serve basis. You are confirmed only if you receive a return email or phone call. Reservations will not be accepted more than 2 weeks in advance with only a few exceptions and then for only one week. To ensure a slot, sign up by Thursday afternoon because we release the extra slots to other organizations on Thursday evening.

Cancellations: Use the form above or call Joan Spinner at 301-559-3345. Pool sessions are very popular. Please be sure to contact Joan if you know you won't be able to make it so that someone else can benefit.

Recommended: Confirm the pool is open (FAC: 301-206-2359).

Required: BOATS MUST BE TOTALLY CLEAN. Boats and gear must be clear of leaves, mud, grass, etc. There is a hose by the door for those who need to use it and a fellow kayaker might have a sponge if you need one.

For more information: Go to the CPA website at <http://www.cpakayaker.com/pool.html>
And the discussion forum at <http://www.cpakayaker.com/forums/viewforum.php?f=23>
Which also has some info on pool sessions (mostly by WW kayakers) in Virginia.



Upside down in her kayak...at the pool photo by Greg Welker



Ed Hershon Photo by Manuel

CPA Members in the News

Here is an article from the Baltimore Jewish Times for October 26, 2007. It talks about kayaking and specifically about two of our club members; Ed Hershon and Marla Aron. It is a nice article, although the editor does word a few things in such a way that many kayakers may wonder at. Just read and enjoy!

Read the article in PDF format at <http://www.cpakayaker.com/members/InTheNews/JT%20Kayak%20Article.pdf>



Marla Aron Photo by Ralph Heimlich



Patuxent Sunrise, August 2007
Photo by Ralph Heimlich

2007 Annual CPA Holiday Raid

Aye...ye be invited fer some holiday spirits at the Annual CPA Holiday Party. Chart yer course fer the **8th of December**. We be a meeting at 1900 hours at coordinates: N-39 09' 17.22" by W-76 53' 05.66". There will be swashbuckling fun, grub, grog and a chance to plunder the treasure chest for an exchange of loot for those pirates wantin' to participate. Wave yer flag if ye be attendin. Sees ye there.....aarrgghh !!!!!!! **Land Lubber translation:** Come join your hosts Ralph and Beth Heimlich for the annual CPA Holiday Party. Make your way to our house at 7914 Belgaro Road, Laurel, MD 20723 on Saturday, December 8 at 7 p.m.

If your last name begins with:

A-K bring a salad (green, fruit, jello, pasta, etc.) and some bread

L-S bring a casserole or entrée (nothing ALIVE please)

T-Z bring a dessert (cake, pie, cobbler, etc.)

To feed 6-8 people (trust me—we'll have plenty).

We'll supply a ham and non-alcoholic beverages, but you are welcome to bring your own beer, wine, or other beverage of choice (supplying booze to you lot would even break a pirate!!).

We'll have a "white elephant" ("Shoveunder", "Chinese") gift exchange for those wishing to participate. Bring a wrapped "treasure" worth less than \$10 (check your Cracker Jacks boxes now). Regifting is an art form!

RSVP's would be appreciated by Wednesday, December 6 via email at heimlichfamily@comcast.net. If there are any questions, please email (I hate phones).

Directions:

From I-95 between Washington and Baltimore - Take exit 35 west towards Scaggsville on Route 216. Continue through 2 lights and take the first (north) exit on the traffic circle to Route 29 North. Go 1 exit north and take the exit for Gorman Road (east) off the next traffic circle. Go around the curve (slowly) and make the 1st right on McIver, go downhill to the stop sign at the T, turn left on Belgaro Road and follow it past Crestview Lane. We're the 3rd house on the right with a parking problem. Look for Kayak Santa. Call 301-498-0918 if you're lost.



(Continued from page 1)



As we paddled the 7.5 miles due North the fog would move in and out

Photo by Dave Biss

Monday morning we headed to Little Sand Bay, just over an hour from Duluth, to pick up our camping permit and set out for the next 5 nights. In that time, we hoped to sample a good number of the islands and camp on Oak, Outer and Sand Islands. The weather would dictate otherwise.

Throughout the trip, we kept a journal of our days. What follows is an excerpt. For the complete story and all the pictures visit our website

http://www.chesapeakekayakco.com/trip_reports/apostle_islands/a_islands_report.htm.

~~~~~  
**Nelson Labbe – Thursday September 6, 2007**

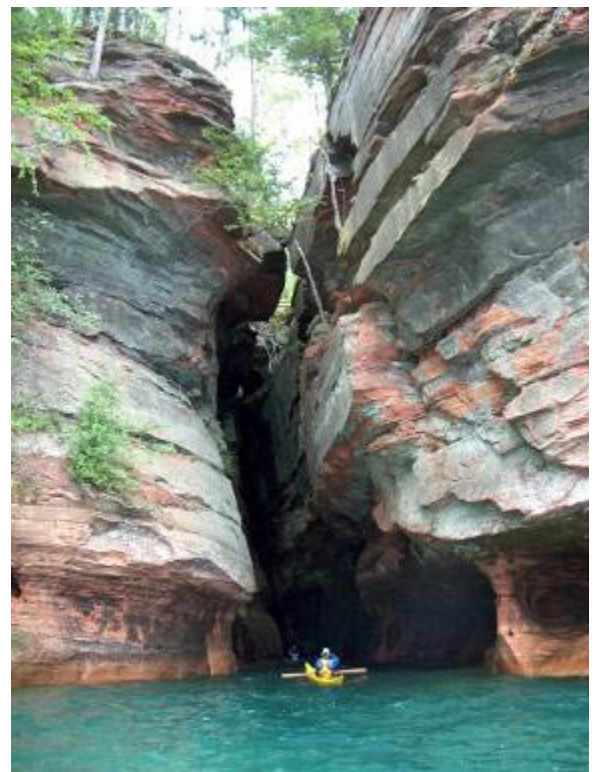
You can always expect some days to be better than others. Yesterday certainly seemed to be one of those better days. Originally yesterday we were to paddle to Outer Island, but our schedule was modified by bad weather. Specifically, Tuesday we had planned to paddle to Devil's Island to explore the sea caves. Heavy winds from the northeast caused us to delay the open water crossing until Wednesday. The only sticking point was that we didn't have the campsite reserved for another night. The plan that developed was to paddle to Devil's and try to contact the rangers to see if we could get the campsite for another night.

The weather on Wednesday started out calm, but overcast with some areas of fog. Earlier we had been able to see Devil's Island from our campsite, some 7 miles away, but this morning all we could see was fog in the direction of Devil's. So we charted a heading of due north and set off. We maintained good speed but for a long time we paddled towards nothingness. The sun came out but still nothing appeared. Then we entered the heavy fog bank. Paddling in fog gives me an eerie feeling. The water in each direction disappeared into a heavy grayness. Very disorientating. Just trust your compass and keep paddling while making sure that you don't lose sight of your paddling partners. And keep paddling towards nothing. Finally we got a glimpse of the island – directly ahead of us. Yea! The fog then took the island away again and we didn't see it for another half hour or so when it appeared about 100 feet ahead of us. What a relief!

Clayton's plan was to circle around the island in a clockwise fashion. Soon we had spectacular red cliffs on our right and colorful boulders and ledges underneath us. Some of the fog stayed with us, but the sun would occasionally peak out. We started coming upon some caves and took every opportunity to paddle into and through them. One was big enough for all of us to congregate inside, each coming in through a different entrance!

The water seemed to be getting bouncier as we made our way around the island. This made it a little more challenging to enter, pass through and exit some of the later caves. Eventually it became too rough to enter anymore caves. A cave entrance that appeared calm could turn into a crashing mess of white water converging from several sides. By now the sun was mostly burning through the fog and we were all feeling great to be paddling in such a beautiful spot. We stopped for lunch and reveled in finally making our way to and around Devil's Island. Except one detail – we didn't have our current campsite reserved for the coming evening.

Clayton had hoped to be able to reach the rangers during the excursion to Devil's. He did from the lighthouse there, but the bad news was that we would have to move. He made a reservation for us for 2 nights at campsite #3 on Oak. Oakie – doakie! That meant a rush back to our campsite to break it down, pack up, load the boats and paddle to the new campsite, unpack the boats and set up camp. And apparently we were supposed to vacate our current campsite by 3:00 p.m. Clayton offered to race back to the campsite and we would follow as best we could. We made good time back at about 4 mph, but Clayton arrived about a half hour before us and informed the new arrives that we would soon all be there to start packing up and be gone.



Some of the best natural arches and sea caves that we see during the entire trip Photo by Dave Biss

(Continued on page 11)

## CPA Performance Paddling Race Series Results

By Cyndi Janetsko

Have you noticed the proliferation of people paddling longer sleeker skinnier kayaks or surf-skis lately? Maybe a few more wing paddles showing up in your weekly paddling group? What about paddlers who want to go faster or go farther? All of these trends are the result of the growing interest in "fitness" or "performance" paddling.

What performance paddling means can differ from kayaker to kayaker but generally it includes an emphasis on efficiency, speed and fitness. Like in almost any athletic pursuit, being stronger and fitter will you faster. And being stronger and fitter will make you a better kayaker.

The number of CPA members who are turning towards this type of kayaking is growing every year. And, being the type of people who like speed, we occasionally want to get together to go fast – thus the CPA Race Series was born.

2007 was the second year for the series and attracted kayakers of all speeds across many different boat classes to its three events. Each race was held in a different location and followed by a picnic and awards "ceremony".

Winners of the various classes in all three races are listed in the table on [page 8](#). Full results and pictures on the web at <http://www.cpakayaker.com/cparacing/raceresults2007/results2007.htm> Here is a round-up of the events:



Brian Blankinship times a race start



*Now, I'm not a racer and my kayak isn't a racing kayak, but I thought it would be fun, good exercise, a chance to paddle on the Potomac for the first time and a way to see how fast I could go." – John Pescatore*

**Race One, May 26th**—12 paddlers plus 4 corkers, the support crew who make all this possible, showed up for the first of CPA's three race series. It was a beautiful morning as the racers sped from Jack's Boathouse past Three Sisters, crossed to the VA side, headed downstream, circled around Roosevelt Island and then returned to the docks. Total distance averaged 4.65 miles – a bit more if you wandered and a bit less if you tried to cut the corners. Given that it was the Saturday of Memorial Day weekend the river was a bit busy so the racers had the extra challenge of not being run down by power boats of eight-man rowing shells.



**Race Two, June 30th**—Race two of the series was another great event. Again we had 12 boaters show and again there was some awfully nice gear around for a purely "fun" race! We met at Fountainhead Regional Park at 7:30 am and Brian sounded the start at 8:30 am. Racers chose between a 5 mile and a 9.9 course. There were several races within the race each with a battle to the end. Afterward the competition was forgotten as we celebrated with a picnic brunch.

*(Continued on page 8)*



(Continued from page 7)

**Race Three, July 14th**—The third race took us farther down the Potomac to the Wicomico River. Mark Woodside hosted us scouting out the launch sites, laying out the course and organizing the post race picnic. The course was like glass and in the July heat more than one of us complained that our boats just didn't seem to move. Perhaps we were having engine troubles ....

Join us in 2008!



| Race         | Paddler Name       | Boat                       | Paddle | Class                  | Boat # | Time     | Finishing Place |
|--------------|--------------------|----------------------------|--------|------------------------|--------|----------|-----------------|
|              |                    |                            |        |                        |        |          | Class/ Overall  |
| Race 1       | Robert Decker      | Mako 6                     | Wing   | Racing Kayaks          | 7      | 42:16:00 | 1/1             |
| Race 1       | Steven Petrie      | Mini-Mystery               | Wing   | Racing Kayaks          | 5      | 45:49    | 2/3             |
| Race 1       | Bill Woodruff      | Epic 18X                   | Wing   | Fast Touring           | 4      | 45:26    | 1/2             |
| Race 1       | Cyndi Janetzko     | Kayak Pro Nemo             | Wing   | Fast Touring Kayak (W) | 1      | 48:49    | 1/4             |
| Race 1       | Kristina McCoy     | Epic 18 Sport              | Wing   | Fast Touring Kayak (W) | 2      | 51:21    | 1/5             |
| Race 1       | Mark Nisonger      | Current Design             | Euro   | Touring A              | 6      | 58:00    | 1/7             |
| Race 1       | Larry Willoughby   | Tempest 170                | Euro   | Touring A              | 10     | 58:18    | 2/8             |
| Race 1       | Jessi Krause       | Tempest 170                | Euro   | Touring A (W)          | 9      | 58:23    | 1/9             |
| Race 1       | Bob Pullman        | CLC 17 LT                  | Euro   | Touring B              | 1      | 53:14    | 1/6             |
| Race 1       | John Pescatore     | Boreal Designs Oopik 13ft  | Euro   | Touring B              | 3      | 59:44    | 2/10            |
| Race 1       | Delores Bushong    | Impex Mystic               | Euro   | Touring B (W)          | 8      | 1:09:03  | 1/11            |
| Race 2 long  | David Moore        | Thunderbolt                | Wing   | Racing Kayaks          | 1      | 9.9      | 1/1             |
| Race 2 long  | Charlie Johnson    | Gillimont Mystery          | Wing   | Racing Kayaks          | 4      | 9.9      | 2/2             |
| Race 2 long  | Tim Jones          | Kriton Inuk                | Wing   | Racing Kayaks          | 10     | 9.9      | 3/4             |
| Race 2 long  | Bill Woodruff      | Epic 18X                   | Wing   | Fast Touring           | 7      | 9.9      | 1/3             |
| Race 2 long  | Pete Gaaserud      | Nelo Razer                 | Wing   | Fast Touring           | 8      | 9.9      | 2/5             |
| Race 2 long  | Greg Jones         | Epic 18X                   | Euro   | Touring A              | 12     | 9.9      | 1/8             |
| Race 2 long  | Cyndi Janetzko     | Kayak Pro Nemo             | Wing   | Fast Touring Kayak (W) | 2      | 9.9      | 1/6             |
| Race 2 long  | John Pescatore     | Capello 165                | Euro   | Touring B              | 6      | 9.9      | 1/7             |
| Race 2 long  | Mark Powell        | Perception Mirage          | Euro   | Touring B              | 11     | 9.9      | 2/9             |
| Race 2 short | Cam Ha             | Tsunami 120                | Euro   | Touring B (W)          | 3      | 5        | 2/3             |
| Race 2 short | Karin Johnson      | Tsunami 140                | Euro   | Touring B (W)          | 5      | 5        | 1/1             |
| Race 2 short | Aaron Schwartzbard | Wilderness Systems Seacret | Euro   | Touring B              | 9      | 5        | 1/2             |
| Race 3 long  | Brian Blankenship  | Epic V10                   | Wing   | Racing Kayaks          | 11     | 1:25:34  | 1/1             |
| Race 3 long  | William Hoker      | Valhalla Surfski 20ft/18in | Wing   | Racing Kayaks          | 8      | 1:28:55  | 2/2             |
| Race 3 long  | Mark Donigan       | Fenn Tarpon                | Wing   | Racing Kayaks          | 4      | 1:33:54  | 3/4             |
| Race 3 long  | Bill Woodruff      | Epic 18X                   | Wing   | Fast Touring           | 2      | 1:30:42  | 1/3             |
| Race 3 long  | Cyndi Janetzko     | Kayak Pro Nemo             | Wing   | Fast Touring Kayak (W) | 9      | 1:39:10  | 1/5             |
| Race 3 long  | John Pescatore     | Capello 165                | Euro   | Touring B              | 10     | 1:48:26  | 1/6             |
| Race 3 short | Cy Tandy           | Current Designs Stratus    | Euro   | Touring A              | 3      | 1:38:47  | 1/1             |
| Race 3 short | Jessi Kraus        | Tempest 17                 | Euro   | Touring A (W)          | 1      | 1:21:20  | 1/1             |



(Continued from page 3)

to be distributed to Committee Members, now Paul has stepped into that position. Thanks to all.

So I must say that it was wonderful to see all the interest in the club. The CPA offers so much to its members with trips, instruction, friendship, and more. But we offer so much more to those who are not members of the CPA. We offer an example to everyone who paddles their kayak, canoe, surf ski or whatever to find a means to come together with other paddlers in a way that will share the excitement of the sport amongst everyone. We are eager to tell our stories of past adventure and even more eager to talk about how to enjoy the outdoors from the water's surface in a safe and fun manner.

Thanks everyone who helps to keep the CPA so active and so beneficial to our community. It takes all 533 of our members to make the club what it is. From the members who lead some of the most enjoyable paddle retreats to those who pass the word about what a great time they had paddling last weekend with their friends. Everyone can use a paddling partner, or some new knowledge of that secret paddling spot, or some advice on staying safe on the water. And with such a large group of friends to share experiences it is easy to find what you need among the Chesapeake Paddlers.

To wrap up the recap of the CPA Annual Meeting, our wonderful secretary; Sue Bauer created [meeting notes that can be viewed here](#).

Have a same and warm winter. See you at the CPA Holiday Party ([see page 5](#)), another cold-weather chance to get together and talk about paddling, and on the water....sometime soon.

Dave

**Saki and Cyndi at Thomas Point Light** Photo  
by Ralph Heimlich



## Calendar

Participants in CPA events must read and comply with the statement of CPA trips requirements and ratings. Please contact the trip leaders in advance, even if you are familiar with the area being paddled. They need contact information in case of changes, and there may be space limitations or other trip restrictions.

The latest information about CPA trips is at <http://www.cpakayaker.com/events.html>

|                          |                                                                                                                        |
|--------------------------|------------------------------------------------------------------------------------------------------------------------|
| <b>December</b>          | <b>8 Holiday Party, Ralph and Beth Heimlich (see <a href="#">page 5</a>)</b>                                           |
| <b>February or March</b> | <b>TBD Planning Meetings for 2007, Maryland (Ralph Heimlich) and Virginia (Dave Biss and Cyndi Janetzko)</b>           |
| <b>March</b>             | <b>1 SK101 (especially for new paddlers) At West River Center, Yvonne Thayer, Gina Cicotello, Jenny Plummer-Welker</b> |
| <b>April</b>             | <b>April 25-27 SK102, Lake Anna, VA, Brian Blankinship and Laura Butterbaugh</b>                                       |

# Treasury



Rich Stevens handed out a detailed treasurer's report for 2007 at the annual meeting on November 5. His report is summarized below.

| <b>CPA Treasurer's Report, 2007</b>     |                                                                         |                    |
|-----------------------------------------|-------------------------------------------------------------------------|--------------------|
| <b>Beginning balance</b>                |                                                                         | \$10,884.50        |
| <b>Revenue (not all items detailed)</b> |                                                                         |                    |
|                                         | Dues                                                                    | \$5,779.00         |
|                                         | Events (Greenland Paddle WS, SK101 and 102)                             | \$4,781.00         |
|                                         | Logo gear sales                                                         | \$540.00           |
|                                         | Charitable Donation                                                     | \$500.00           |
|                                         | CPA Paddler Advertizing                                                 | \$142.50           |
|                                         | <b>Total Revenue</b>                                                    | <b>\$11,771.92</b> |
| <b>Expense (not all items detailed)</b> |                                                                         |                    |
|                                         | Postage and PO Box                                                      | \$151.74           |
|                                         | Newsletter                                                              | \$1340.90          |
|                                         | Events (SK 101 and 102, Greenland Paddle WS, Swim Support, Race series) | \$2,809.93         |
|                                         | Club-owned gear                                                         | \$178.49           |
|                                         | Corporate expenses and insurance                                        | \$1,104.52         |
|                                         | Brochures, safety brochures, and membership cards                       | \$724.06           |
|                                         | Bank charges                                                            | \$143.24           |
|                                         | Grants to Piracies                                                      | \$546.91           |
|                                         | Meeting space rent                                                      | \$850.00           |
|                                         | Logo Gear                                                               | \$2,021.31         |
|                                         | <b>Total Expenses</b>                                                   | <b>\$9,985.42</b>  |
| <b>Ending balance</b>                   |                                                                         | <b>\$12,671.00</b> |

(Continued from page 6)

When we arrived we broke camp and packed the boats within an hour! That was fast! We started setting up camp in about another hour and a half. What a day! Open water paddling, heavy fog, numerous caves to explore, gorgeous location and scenery and water, crashing waves, emerging sunshine, a rush back to camp, break camp, new campsite, packing boats, unpacking boats, a total of over 21 miles (a personal high). At this point everyone else took a swim in the frigid water. Lots of shrieking, laughing and some splashing to invigorate some tired bodies ensued. And after all this Dave & Cyndi cooked up a feast of couscous and Indian fare. I was famished and the food was truly excellent. The temperature was feeling warm so I ended the day with taking my turn in the chilly water. What a perfect way to end a hectic, but great day!

~~~

In the end we only visited a few of the islands due the Superior's fickle nature. However we experienced some of the best the area had to offer – the sea caves of Devil's Island and Squaw Bay, the bald eagles and hiking trails of Oak Island, the crystal clear water, and the temperamental weather. All of this was topped off by wonderful paddling companions and some great food! I can't wait to go back to explore some more.



We played in the first 'sorta' sea caves we saw off of Point Detour on the mainland Photo by Dave Biss

~~~

#### Logistics:

**Getting There:** Unless you have a lot of time on your hands to drive, you will probably need to fly up north. Duluth, MN is the closest airport at just over an hour drive. Alternatively you can fly into Minneapolis, WI which is about 3 ½ hours away.

**Boats and Gear:** There are several outfitters offer organized tours and provide outfitting services in the Apostle Islands. If you plan to rent a boat without a guide you will likely have to take a half day class and/or demonstrate that you can do a wet exit and self rescue. The most commonly used outfitters are:

Living Adventure – [www.livingadventure.com](http://www.livingadventure.com)

Trek and Trail – [www.trek-trail.com](http://www.trek-trail.com)

**Camping and Permits:** Camping is available on 18 of the lakeshore's islands and at one campsite on the mainland. Permits are required and individual sites are \$10 per night. The permit system allows campers to reserve campsites 30 days in advance. Call as soon as you are 30 days out for the best chance of getting the site you want. Most of the campsites have an outhouse, fire ring, bear box and picnic table. Fires are typically allowed but may be restricted in particularly dry times.

In Duluth the Snowflake Cross Country Ski Area (<http://www.skiduluth.com/>) turns into a camping area when the snow disappears.

**Launch Sites:** There are several launch sites for the Apostles including Little Sand Bay, Redcliff, Meyers Beach and Bayfield. Bayfield has the larger ranger station and is the park headquarters however you can pick up your permit at Little Sand Bay if you ask in advance. Meyers Beach is the closest launch to explore the largest of the areas sea caves located on the mainland coast at Squaw Bay.



Brian Blankinship on paddles at last year's SK101

## SK101 Training Session

SK101, the land-based introduction to sea kayaking course, will be taught this year on Saturday, March 1. Registration will open January 7, 2008, so let your new and wanna be paddling friends know. Topics covered include kayak history and construction, kayak safety, paddles, gear, places to paddle, and a demonstration of cold water gear.

This course is particularly for new members, so people who have been members a while need to get the word out to others who may be new to our sport and would benefit from SK101. Jenny Welker-Plummer is developing a flyer to publicize the event and would love to have your help getting the word out.

Contact her by email at [plummer\\_welker@verizon.net](mailto:plummer_welker@verizon.net) for more info and to obtain some copies. Registration is being handled by Gina Cicotello. Contact her at [ginacico@earthlink.net](mailto:ginacico@earthlink.net)



CPA Annual Meeting Paddle, November 6, 2007,  
Rhode River *Photo by Tom Heneghan*

## Inside our November-December 2007 issue:

- **Apostle Island Adventures**
- **The 2007 Annual Meeting Election Results**
- **CPA Race Series Season Results**
- **Annual Holiday Party—Dec 8**
- **Pool Session sign up info**
- **Treasurer's Report**
- **SK101 and SK102 Scheduled**

### **The Chesapeake Paddler**

Chesapeake Paddlers Association  
PO Box 341  
Greenbelt, MD 20768

REMINDER: Please check your mailing label or the email you were sent for your membership expiration date. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.