

# The Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Volume 13, Issue 2

April 2003

## *CPA 2003 Cold Water Workshop*

*by Rob Castle*

The 2003 CPA Cold Water Workshop kicked off at 8:30 AM on Saturday, March 15 with over 60 in attendance. The audience of interested paddlers spanned the experience range from expert to very novice (that's me), all with a common goal of learning more about the risks and protection strategies of cold water paddling.

After some administrative details were provided, Greg Welker asked how many folks would be participating in the afternoon swim session. A quick glance around the room showed that 75% of the

audience raised their hands. It was also announced that the water temperature in the swim area was 42° F.

Chuck Sutherland provided an in-depth presentation on the physiological effects of cold shock and hypothermia. His style and sincerity was captivating and effective. Jenny Plummer-Welker discussed cold-water protection strategies highlighted by an extensive display of protective clothing and equipment. Greg Welker presented an analysis of the risk level of paddling as it relates to the skill, experience, judgment, difficulty level, weather, and sea

state. Finally, a special guest speaker, Peter Goeden, recounted his recent close brush with tragedy following the capsizing of a dinghy he was using on the Severn River. Peter, a live-aboard sailor, was able to summon help as he swam back toward his anchored sailboat. By his own estimation, he was scant minutes from succumbing to the effects of hypothermia in the 33° F water. The case histories, handouts, examples of cold-water clothing strategies, and the discussion of risk as it relates to a paddler's ability provided a very balanced picture of the critical

*continued on p. 4*



*Dave Biss, all decked out in cold water gear.*

## Our CPA Webmaster and Graphic Designer—A Rare Find

by Andy Vaart

Any member who has visited the web site and noticed the CPA logo cannot fail to be impressed by the professionalism and artistry of each. Industry pays well for that kind of work; CPA gets it through the generosity of Barbara Foley, who, for the love of the sport and the feeling of peace she finds on the water donates her great talent and valuable time to further CPA's aims. Barbara is a professional and independent multimedia designer with a rare blend of IT skill and innate design talent honed by study at Virginia Commonwealth University and practice in Washington's competitive IT environment. You'll find her credentials and many samples of her work on [www.bfoley.biz](http://www.bfoley.biz).

Having discovered kayaking about two years ago and encouraged by the mentoring of CPA member David Biss and others, Barbara has put more miles on her Eddyline Nighthawk than one would imagine for a seeming novice. With friends, including Dave, she has paddled not only the Chesapeake Bay and Delmarva ocean shores, but she has explored Maine's Coastal Island trails, the Florida Keys, and the full length of the Susquehanna River (550 miles, give or take). She aims to visit the Outer

Banks this year and, in the more distant future, the waters of her ancestral roots in Vietnam and Ireland. Perhaps she'll also take her bicycle, to which she adds many miles for the fitness of it all.

And finally, lest anyone think Barbara is all work or frivolous

activity for a sporting club, she also helps—without charge—The Poor Magazine Network ([www.poormagazine.com](http://www.poormagazine.com)), a project in San Francisco dedicated to providing news, discussion of issues, and solutions to problems of low- and no-income communities.

### THE CHESAPEAKE PADDLERS ASSOCIATION

The Chesapeake Paddlers Association is an association whose mission is to provide a way for people to safely enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through the education of the local sea kayaking community and the interested public.

#### Steering Committee:

**Coordinator**—Brian Blankinship, [coordinator@cpakayaker.com](mailto:coordinator@cpakayaker.com)

**Membership, subscriptions**—Steve Lindeman, PO Box 341, Greenbelt, MD 20768, [membership@cpakayaker.com](mailto:membership@cpakayaker.com)

**Secretary**—Steve Lindeman, [secretary@cpakayaker.com](mailto:secretary@cpakayaker.com)

**Treasurer**—John Blackburn, 301-587-7142, [treasurer@cpakayaker.com](mailto:treasurer@cpakayaker.com)

**Webmaster**—Barbara Foley, [webmaster@cpakayaker.com](mailto:webmaster@cpakayaker.com)

**E-Mail List Administrator**—Greg Hollingsworth, 301-854-5153, [greg.hollingsworth@jhuapl.edu](mailto:greg.hollingsworth@jhuapl.edu)

#### Newsletter Team:

**Managing Editor**—Geoffrey Marsh, 301-937-2546, [news\\_editor@cpakayaker.com](mailto:news_editor@cpakayaker.com)

**Article Editor**—Thomas Crabill, [news\\_articles@cpakayaker.com](mailto:news_articles@cpakayaker.com)

**Layout**—Bernadette Knoblauch, [news\\_layout@cpakayaker.com](mailto:news_layout@cpakayaker.com)

**Advertising Coordinator**—James Song, [news\\_advertising@cpakayaker.com](mailto:news_advertising@cpakayaker.com)

**Mailing and Distribution**—Andres Vaart, [news\\_distribution@cpakayaker.com](mailto:news_distribution@cpakayaker.com)

**MEMBERSHIP:** Subscriptions to The Chesapeake Paddler are included with membership. Membership is \$10/year or \$20/2 years. Send checks or changes of membership information to: CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

#### Pirates:

**Pier 7 Pirate King**—Alan Avery, 410-956-3299, [pirates\\_pier7@cpakayaker.com](mailto:pirates_pier7@cpakayaker.com)

**Potomac Pirate King**—Bill Dodge, 703-979-5837

**Patuxent Pirate King/Princess**—Don Polakovics, 301-866-0437, [pirates\\_patuxent@cpakayaker.com](mailto:pirates_patuxent@cpakayaker.com); Jennifer Elmore, 301-862-2398, [pirates\\_patuxent2@cpakayaker.com](mailto:pirates_patuxent2@cpakayaker.com)

**Georgetown Pirate Kings**—David Moore, 301-445-3273, [pirates\\_georgetown@cpakayaker.com](mailto:pirates_georgetown@cpakayaker.com); Stephen Edmondson, 703-461-1748, [pirates\\_georgetown@cpakayaker.com](mailto:pirates_georgetown@cpakayaker.com)

**Baltimore Pirate King**—Barry Marsh, 410-728-4016, [pirates\\_baltimore@cpakayker.com](mailto:pirates_baltimore@cpakayker.com)

**Algonkian Pirate King**—James Song, 703-375-4754, [pirates\\_algonkian@cpakayker.com](mailto:pirates_algonkian@cpakayker.com)

**DEADLINES:** Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

*The Chesapeake Paddler is published monthly, approximately March-December and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor.*

## Coordinator's Column

by Brian Blankinship

Another productive month and we have not really begun the paddling season.

### Cold Water Workshop

As I write this, it is two days after the very successful Cold Water Workshop. Laura Butterbaugh did a fantastic job of orchestrating the event, attended by over 65 people. About a third tested their gear in the chilly South River. Playing key parts were Chuck Sutherland, Greg Welker, and Jenny Plummer-Welker. Thanks also to the spotters (Dave Biss, Cyndi Janetzko, Joq Martin, Steve Lindeman) and the Anne Arundel Fire Department for standing by. This year we also had a special guest. Peter Goeden is a sailor who had almost died in the frigid waters of Annapolis when he fell out of his dingy and couldn't swim the 125 feet back to his boat. Thankfully he was rescued and was able to tell, firsthand, how dangerous the cold water is for those not properly dressed. Unfortunately, we didn't reach everyone we should have. The very next day, I saw two paddlers in Annapolis not wearing cold water clothing or a PFD.

### Chesapeake Bay Expedition

CPA member Meg Roggensack is planning to kayak and

bicycle the Bay's Eastern Shore, covering all the tributaries. She is trying to raise awareness of the Bay's status as a national and natural treasure, crucial to marshalling support for the \$20 billion now required for cleanup. She plans to produce a book describing the Eastern Shore at a time of great change.

The project has the support of the Chesapeake Bay Foundation, Current Designs, and Serotta, a custom bicycle maker. She will post progress updates and scheduled events on their websites, most likely beginning sometime in May. As a CPA member she seeks support, and company, from association members.

We will start by joining her for a paddle on the Chester River on April 19. Considering the previous item, cold water clothing will be required. We are seeking trip leaders to help with this paddle. If you want to come along, check the website for updates on the point of contact. Who knows, you might make it into her book!

### SK102

The planning for the Skills Clinic at Lake Anna is progressing. As usual the event is filling fast. If you were

turned away last year, we will do our best to get you in this year. It has been simply amazing to see how many people have volunteered to teach or otherwise help at the clinic. It renews your faith in our paddling community.

### Demo Days

CPA encourages its members to help as safety boaters at demo days. It is also an opportunity to recruit new members. Many of us (myself included) joined at these events. If you are interested in helping, check the website for more information.

### Piracy Starts in April

The heart of our association has to be the piracy events. This year we add the Pirates of Algonkian and are working on adding the Pirates of North Bay. If you have never been to a piracy paddle, there has never been a better time. Not only is the camaraderie wonderful, but you can try out each other's gear, get advice, learn news skills and practice our motto "We paddle to eat!"

I continue to be impressed with the people who have come out of the woodwork to put on so many events this year. If you are not active in the association, you are missing out on so much. Come join us on the water.

considerations in planning a paddling outing when water temperatures are low. It was interesting to note that, following the morning sessions, the number of would-be swimmers shrunk by half.

Following a great lunch prepared by the Pier 7 restaurant staff, it was time to suit up and get wet. The swimmers were monitored by several in-water spotters and stand-by paddlers and asked to provide feedback as to their comfort, any equipment problems, etc. The goal was to swim for a minimum of 10 minutes and many were in the water for at least 30 minutes. The excellent location gave non-swimmers an opportunity to talk with those in the water from the safety of the pier. Based on the information and advice presented, I, for one, have totally re-evaluated my strategy for getting on the water as soon as possible this season. I can only imagine that there were others in attendance who had the same reaction.

In closing I want to emphasize the importance of attending a workshop such as this. Hopefully, armed with sufficient information, all paddlers can make better decisions as to their cold water clothing choices for the conditions, critical assessment of their own abilities to handle cold water immersion,

and preparedness to assist others who may fall victim to the effects of cold water immersion and hypothermia.



*Joq Martin, dressed for the water.*

I hope all of you who attended recognize the efforts of Laura Butterbaugh, Greg Welker, Jenny Plummer-Welker, Chuck Sutherland, Alan Avery, Dave Biss, Brian Blankinship, Cyndi Janetzko, Steve Lindeman, Joq Martin, The Anne Arundel County Rescue Squad, and last, but not least, our hosts, the fine folks at Pier 7 Marina.

### CPA Pool Sessions

These are open sessions, not lessons. You must bring your own boat and gear, which must be clear of leaves, mud, grass, etc.

Fairland Aquatic Center  
Saturdays to Memorial Day weekend  
4-5:50 and 5:50-7:45 PM  
\$7 per person; pay at FAC door (pool level).

#### RESERVATIONS ARE REQUIRED

##### Reservation Procedure

1. Confirm that pool is open. FAC pool: 301-206-2359.
2. Call Joan Spinner at 301-559-3345 or email JSpinner@peoplepc.com; leave message with this information:
  - A. Your name
  - B. Date of session

C. Number of boats  
D. Your phone number

3. You will receive a return phone call confirming your reservation.

Reservations will not be accepted more than 2 weeks in advance.

**Directions:** Take your best route to I-95 between Baltimore and Washington. Exit at MD-198 West. Turn left at 2nd light, Old Gunpowder Road. The pool will be about a half mile down on the right. Boat entrance is to the left side of the building.

**\*You are confirmed ONLY if a slot is available. You'll receive a phone call confirming your reservation. If you don't receive a phone call, you DO NOT have a reservation.**

## THE FIFTH ANNUAL SK102 SKILLS CLINIC, MAY 2-4, 2003

This is a Chesapeake Paddlers Association "members only" event.

**Where:** Lake Anna, Virginia; 1.5 to 2 hours south of Washington DC, between Fredericksburg and Richmond, just west of I-95. The lake is a cooling pond for a nuclear power station so the water is not only very clear—it is heated! The location is private property, where you are welcome to set up your own tent. There are Bed + Breakfasts nearby for non-campers. Details and directions will be emailed.

**Cost:** \$25 which will cover the cost of the porta-potties, handouts, and dinner on Saturday night. You will be responsible for all your other meals. You provide your own boat, skirt and PFD. The free skills clinic will be conducted by CPA volunteers. This is not certified instruction.

Registration will be limited to 80 and will fill up quickly. See instructions at the bottom of the form

For questions or to volunteer: Email Events@cpakayaker.com. If necessary call Brian at 410 867-1051

### SK102 REGISTRATION FORM

Name(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Note: Children 12 and older are accepted, but must take classes with their parent/guardian  
If a participant is 12-18 years old, please check this box

***Would you like to be included in the event directory? Yes / No***

*Were you turned away last year for lack of space? Yes / No*

*If you prefer a vegetarian option for dinner, please check this box*

SELECT ONE MORNING AND ONE AFTERNOON BLOCK (check the appropriate boxes)

Morning Session: 9:00-12:00 Saturday

BLOCK 1: Kayak Design, Wet Exit, Basic Strokes

BLOCK 2: Stroke Improvement, Intermediate Strokes, Bracing

BLOCK 3: Self Rescues, Group Rescues, Towing

Afternoon Session: 1:00-3:00 Saturday

BLOCK A: Stroke Improvement, Intermediate Strokes, Bracing

BLOCK B: Self Rescues, Group Rescues

BLOCK C: Advanced Rescues

BLOCK D: Rolling

BLOCK E: Greenland Style Paddling

**Friday and Sunday events do not require registration**

To register: Fill out this form and send it, along with your check for \$25 made out to "CPA" to:  
**Laura Butterbaugh 1113B River Court Charlottesville VA 22901**

## Paddling in the Florida Keys

By Vincent Gerardi

*[Before I begin this article, I should apologize for not attending the CPA functions on the western shore. I'm very old, the traffic is terrible, and I can't drive at night. I know only two dozen of my fellow paddlers, but I'd like to know more.]*

I've been going to Florida for 45 years, before Orlando had hordes of retirees and high-rise dwellings. I've been visiting the Keys for 4 years now, and I really like it down there. It's warm in January and it's not as crowded as the rest of Florida. You see, the Keys are a line of small coral islands, so there's not enough land to support

are shallow and emerald-green in color. Mangrove islands line the coast and keep conditions calm.

Water temperatures in the Florida Bay are 60 to 65 degrees in winter, but they range from 70 to 75 in the Atlantic. That's because the warm waters of the Gulf Stream run a few miles off the Atlantic shore. There's great diving on the Atlantic side of the Keys, with lots of businesses to supply it.

If you paddle in the Keys, bring a good compass or GPS. A nautical chart also helps. The land is low and has few prominent landmarks.

The folks who run the hotels know it's winter though, and they charge accordingly. If you visit the Keys, stay on the Florida Bay side instead of the Atlantic. Try to get a place with a sand beach — they're rare on the Bay, but plentiful on the Atlantic. If you use a concrete launch, make sure it's at least as wide as the length of your boat. Learn from my experience — I used a narrow ramp in 2001 and had to wet exit!

Before you do anything else, read *Paddling in Southern Florida* by Nigel Foster. Even if you never visit the Keys, it makes great reading. The book has 40 trips, and features maps, compass directions, places to camp and eat, and more.

A favorite spot of mine is a minor bay off Key Largo. It's about 10 miles long, 2-1/2 miles wide, and the water is only about 4 feet deep. Imagine going aground in your kayak 1/4 mile from shore! Of course, this easy paddling and dazzling beauty might bore the macho types reading this article.

The restaurants in the Keys have fantastic fish dinners, caught yesterday. You haven't lived until you've eaten broiled yellow-tailed snapper! I recommend the Islamorada Fish House on Key Largo. They also have a jazz band on weekends.

Don't go to Key West — under any circumstances! It's a tourist trap and a prominent stop for cruise ships. Two ships dumped 5,000 passengers ashore when I



Vince Gerardi paddling in the Florida Keys.

many people. Mainland Florida, by contrast, is the fourth most populous state. It has too many cars, too many people, and it has the highest number of motorboats per capita in the country.

Two expanses of open water surround the Keys: the Atlantic Ocean lies on the eastern side, and the Florida Bay is on the west. The latter forms the eastern edge of the Gulf of Mexico. The Bay's waters

When you paddle two or three miles offshore and look back, you often can't tell where you started.

A fair number of outboards ply the Keys' waters in winter. Most of them are less than 25 feet long. Other boats rarely venture out in January or February because residents think it's winter — even when the air temperature is 70 or 80 degrees. Believe me!

was there in 2001. The sidewalks AND streets were full as a result. Key West is so crowded that parking costs \$5 per hour, with a 3-hour minimum. Don't go!

If you want to visit the Keys, I'd contact the Chambers of Commerce of Key Largo, Tavernier Key, and the Islamords (which is actually four islands). There's one private camping facility on Key Largo, and some state parks have camping. You can rent something inland and unload your boats. If you want to go first class, phone a realtor and sublet a condominium with water access.

Once I drove the 1,200 brutal miles to the Keys with two Kevlar Caribous on top my car, doing speeds averaging 70 MPH. The limit is mostly 70, but you better do 78 unless you wish to be trampled by tractor-trailers.

I took the Autotrain one year. It cost about the same as driving, when you consider motels, gas, and food. You don't really save time, because the stop at Sanford, Florida is north of Orlando. It involves a 6-1/2 hour drive through the worst traffic at the worst time of day.

A good plan for visiting the Keys is to fly, rent a car, and rent kayaks from Florida Bay Outfitters in Key Largo. This is an established and ethical company with a huge inventory of boats and accessories. They rent boats as fine as the Scirocco, which is a plastic version of the Gulfstream. Besides rentals, Florida Bay Outfitters also specializes in guided tours. They offer day trips to Everglades National Park,

which juts onto the top of Key Largo.

I once stayed at the Rocky Reef Resort on Key Largo for eleven days and hated to leave. It cost me \$178 per day, and that included the high Florida taxes. I had a three-room cottage on a sand beach in a location that was out of this world – it reminded me of the South Pacific. The cottage was about 50 years old, but management had upgraded it with a tiny bathroom. During our stay we drove to Bahia Honda Key and crossed a 7-mile bridge. Try to see it some time! The state park at Bahia Honda rents kayaks, but the paddling isn't as nice as other places.

Most of the state parks in Florida are over-hyped. For example, we once drove to Lignum Vitae Channel and paddled to the state park at Lignum Vitae Key. The paddle was nice, but the park wasn't. The trees had grown only 4 inches across in 100 years.

The John Pennekamp State Park has a winding kayak trail that didn't impress me. I wanted to paddle toward the Atlantic, since there was an island in between and it was open water, but my companion declined to go. The vegetation on the mangrove islands was so dense that you couldn't even climb out of your kayak and explore.

The Keys have a wealth of birds: egrets, cormorants, pelicans, and others. Many of them aren't afraid of people – I saw one egret that seemed to pose for photographers. We also saw porpoises in the channels.

Instead of taking your vacation in the hot summer, take it in the winter to somewhere warm. I may try Belize next year!

## Chesapeake Bay Expedition, by Kayak and Bicycle

by Meg Roggensack

I plan to kayak and bicycle the Bay's Eastern Shore, beginning this spring. I will focus on the tributaries and secondary roads. My general plan is to maintain a north-to-south route, although I will take a few segments out of sequence as weather and other considerations dictate.

This expedition has two principal objectives: to raise awareness of the Bay's status as a national and natural treasure, crucial to marshalling support for the \$20 billion now required for cleanup; and to produce a book describing the Eastern Shore at a time of great change.

The project has the support of the Chesapeake Bay Foundation, Current Designs and Serotta, a custom bicycle maker. I hope to post regular, ideally weekly, updates on my progress and scheduled events on their websites, most likely beginning in May.

I hope paddling and bicycling clubs will join me for scheduled events and impromptu segments. I am also working with local and regional organizations to encourage a series of events along the route that both promote this trip's overall message and their more specific efforts to protect and enhance the quality of life in this part of the Bay watershed.

# CALENDAR

Participants in CPA events must read and comply with the statement of CPA trip requirements and ratings on p. 11.

Please contact the trip leaders in advance, even if you are familiar with the area being paddled. They need to have contact information in case of changes. Also, there may be space limitations or other trip restrictions.

Note: As always, you can get the latest information about the CPA Calendar at our website: <http://www.cpakayaker.com>. Many of the non-CPA-sponsored events have websites with full information on them. Links to these sites are available on the CPA website calendar.

## APRIL

**Apr 5 (Sat) Patuxent River Cleanup (All).** Mike Tolker (410-798-6761). Cleanup of the entire river from Damascus to Drum Point.

**Apr 5 (Sat) Potomac River Cleanup (All).** Alice Ferguson Foundation (301-292-6665). Anyone can participate in the Potomac River Watershed Cleanup, either by becoming a site leader or volunteering to work at one of the cleanup sites.

**Apr 6 (Sun) Jack's Boathouse Work Party (All).** Dave Biss (703-276-2728, [bissd@erols.com](mailto:bissd@erols.com)). Help out at Jack's Boathouse in Georgetown. Work can be done building new floating platforms and cleaning up the area.

**Apr 8 (Tue) Pirates of the Potomac Begins (All).** Dick Rock (703-780-6605).

**Apr 8 (Tue) Pirates of Baltimore Begins (All).** Barry Marsh (410-728-4016).

**Apr 9 (Wed) Pirates of Pier7 Begins (All).** Alan Avery (410-956-3299).

**Apr 24-27 (Thu-Sun) Baltimore Waterfront Festival (All)**

**Apr 24 (Thu) Pirates of Georgetown Begins (All).** David Moore (301-445-3273), Steven Edmondson (301-585-8828).

**Apr 25-27 (Fri-Sun) Westmoreland State Park (VA) (All).** Bill Dodge (703-979-5837) ADC Chart 23. Camp in open woods on high, well-drained ground. Evening dining out? Maybe Montross. Day trips: Paddle along the cliffs; Nomini Creek or drive to

sites on the Rappahanock (Leedstown, Belle Island).

**Apr 26 (Sat) Nanticoke River Race (All)**

## MAY

**May 2-4 (Fri-Sun) The Fifth Annual SK102 Skills Clinic (All)** Brian Blankinship (410 867-1051), Laura Butterbaugh.

This event is geared towards the new paddler and includes free lessons in strokes, bracing, rescues, rolling, navigation and more.

**May 4 (Sun) Fairview Beach (Beginner).** Joe Dement. Potomac

**May 9-10 (Fri-Sat) Okumestock (All).** Chesapeake Light Craft (CLC) event; CPA provides safety boaters. Meeting of wooden boat kit builders.

**May 9-10 (Fri-Sat) Spring River Demo (Advanced Beginner).** Alan Avery, Mike Vandamm.

Sandy Point SP. CPA will have a table and safety boaters. Friday is coordinated by Alan Avery, Saturday by Mike Vandamm.

**May 10 (Sat) Occoquan Reservoir (Beginner).** Oona Pilot (703-503-8884), Ken Swingle.

A scenic beginner paddle. Slow and steady paddle pace, flat water, no boat wakes. Good bird watching/nature opportunities.

**May 11 (Sun) Rocky George (Advanced Beginner).** David Moore (301-445-3273). Paddle down and up Rocky Gorge Reservoir the day after the Spring River Kayak Demonstration. Total distance is 10-12 (statute) miles. There is a \$3 access fee. Beginners may be allowed to do this trip after pre-screening. The pace will be ~3 mph.

**May 15 (Thu) Baltimore Tall Ship Parade (All)**

**May 16-18 (Fri-Sun) Tour de Chesapeake (All).** Mathews, VA (Cycle, walk, paddle)

**May 17 (Sat) Wild River Demo Day (All).** VA Beach

**May 17 (Sat) Kayak Sailing on Patuxent River (Beginner).** Greg Welker (301-249-4895). Sail needed.

**May 17 (Sat) Westmoreland State Park Paddle (Beginner).** Dave Biss (703-276-2728), Cyndi Janetzko (703-599-0341).

Camp overnight and paddle along the cliffs below Westmoreland Park, southeast of Fredericksburg, VA. Camping reservations are required. For campers, there will be more than one paddling option on the second day.

**May 18 (Sun) Potomac Open Water (Intermediate).** Dave Biss (703-276-2728), Cyndi Janetzko (703-599-0341).

Longer paddle onto the open water of the Potomac River originating from Westmoreland State Park. This paddle may be dependent upon wind, waves and weather conditions on this day.

**May 18 (Sun) Calvert Cliffs (Intermediate).** Barry Marsh (410-728-4016).

Chesapeake Bay, 12 NM round trip from Flag Ponds Nature Park along the Calvert Cliffs to Cove Point Lighthouse. Scenic shoreline paddle with surf, waves, and wind; fossil collecting during beach breaks.

**IMPORTANT: Parking lots are 1/2 mile from the beach - A KAYAK CART IS A MUST!**

**May 25 (Sun) Rhode River (Beginner).** Robb Holt.

**May 30-Jun 1 (Fri-Sun) Point Lookout State Park (MD) (All).** Bill Dodge (703-979-5837).

ADC charts 9,24. A pleasant time of year, not too hot, no sea nettles, just beginning mosquitoes. Paddle around Pt Lookout and in Pt Lookout Creek. Smith Creek and Breton Bay are both an easy drive away.

**May 31 (Sat) Blackwater (Advanced Beginner).** Joan Spinner (301-559-3345). Eastern Shore near Cambridge, MD.

**May 31 (Sat) St. Inigoes River (or thereabouts) (Intermediate).** Gar & Carol Robbins (410-721-6661). Currently limited to 8 paddlers. Lunch @ local restaurant. Scouting trip to be conducted late April. Details to follow.

**May 31 (Sat) Potomac River Swim (Intermediate).** Cheryl Wagner (202-387-2361).

10th Annual 7-mi swim from Pt Lookout (MD) to VA. Free camping and dinner night before. Launch at 8 AM, cross to VA and escort swimmers for return trip to MD. Water can be rough.

**May 31 (Sat) Magothy River Circumnavigation.** Tom Rose (410-919-2529) Trip starts at the headwaters, joins a Magothy River Day picnic at Ulmstead Point and continues to the Little Magothy River. Entire trip, over a few days, is over 40 mi.



## *Weekly Pirates Paddling*

We now have six pirate groups paddling every week! Join one!

### *Pirates at Pier 7 (begins Wed., April 9)*

Wednesday nights, arrive 4-6 PM. Paddling, rolling, rescue practice, boat fitting, BBQs, and hanging out with other paddlers. PFDs required. Directions: Take US-50 west toward Annapolis. Exit onto MD-665. Exit onto MD-2 south, over the South River. Take first left after crossing the bridge. Follow road to Pier 7 Marina. Contact: Alan Avery, 410-856-3299 or pirates\_pier7@cpakayker.com.

*Note: Pier 7 kayak launching is free on Wednesdays only. All other times there is a \$5 launch fee, even if launching from the beach.*



### *Pirates of the Potomac (begins Tues., April 8)*

Tuesday nights, 5 PM. Belle Haven Marina. \$3 launch fee. Seasonal passes \$45. Directions: From Alexandria, VA, take the Mt. Vernon Parkway 1.3 miles south of the Beltway, then left and straight into the marina. Contact: Dick Rock, 703-780-6605 or pirates\_potomac@cpakayker.com. In case of inclement weather, call Belle Haven Marina, 703-758-0018 after 3:30 PM to confirm launch cancelled.

### *Pirates of the Patuxent (begins Thurs., April 10)*

Thursday nights, arrive 5-6 PM. Free parking on the right, just north of the boardwalk across from Our Lady Star of the Sea Church. Contact: Don Polakovics, 301-866-0437 or pirates\_patuxent@cpakayaker.com; or Jennifer Elmore, 301-862-2398 or pirates\_patuxent2@cpakayaker.com.

### *Pirates of Georgetown (begins Thurs., April 24)*

Thursday nights, 6:30 PM. Jack's Boats (202-337-9642), 3500 K Street, NW in the Georgetown area of Washington, DC under the Whitehurst Freeway. Plenty of parking. Rental kayaks available. Contact: David Moore, 301-445-3273 or pirates\_georgetown@cpakayaker.com; website: <http://www.scienceapplications.com/pirates>.

### *Pirates of Baltimore (begins Tues., April 8)*

Tuesday nights, 5:30 PM. Rocky Point Park. Directions: I-695 (Baltimore Beltway) to Rt. 702 South (Exit 36), which merges with Back River Neck Rd. Follow Back River Neck Rd. 2.3 miles from the merge and turn left on Barrison Point Rd., then turn right onto Rocky Point Rd. The park is at the south end of Rock Point Rd. Meet at the boat ramps on the right just inside the park gate. Paddling, skills practice, and meeting other paddlers. PFDs, sprayskirts, and lights required. Contact: Barry Marsh, 410-728-4016 or pirates\_baltimore@cpakayaker.com.

### *Pirates of Algonkian (upper Potomac) (begins in May)*

Tuesday nights, 6:00 PM until sunset. Group of dedicated paddlers from VA and MD to paddle along the upper Potomac shores between Virginia and Maryland. Pirating season starts in May. We raid unsuspecting canoes and fishermen for the food, drink, and catch-of-the-day. AAARRRRG! We also portage and paddle down along the C&O Canal. We often explore Seneca Creek and elongated islands as well as practice skills, rescues, and rolling workshops. Two launch points: Algonkian Regional Park in Sterling, VA, and Riley's Lock in Potomac, MD. Contact: James Song, james.song@verizon.com or tsongus@yahoo.com or 703-375-4754.

## Kayakers: We need your Help!!

The 2003 Potomac River Swim on May 31, 2003 needs support kayakers for the 7.5-mile swim from Hull Neck, VA to Point Lookout State Park, MD. Pledges raised by the swimmers equally benefit the Interstate Commission on the Potomac River Basin, the Southern Maryland Sierra Club, Chesapeake Bay Foundation, Point Lookout State Park, and the Potomac River Association. Free camping at Point Lookout State Park, a pre-swim supper, breakfast, lunch, and T-shirt are all included.

For more information, contact Cheryl Wagner at (202) 387-2361, [cherylw@crosslink.net](mailto:cherylw@crosslink.net) or visit our webpage: [www.crosslink.net/~cherylw/pr2003i.htm](http://www.crosslink.net/~cherylw/pr2003i.htm)



Cyndi Janetzko in Annapolis, but NOT at the Cold Water Clinic.

**TOM ROSE**  
Works Hard for You!  
Consistent Top Producer

To LIST or SELL YOUR HOME, Call:



410-919-2529

Voice Mail

800-222-6177, x2529



[opfrose@aol.com](mailto:opfrose@aol.com)—[www.annapolis-real-estate.com](http://www.annapolis-real-estate.com)

Coldwell Banker/OPF

## CLASSIFIEDS

**Check your ad!** Ads dated three months prior to the date of this issue will be pulled unless a new request is received by the 15<sup>th</sup> of the month prior to the next issue. And if it has sold, tell us!!!!

### Advertising Rates:

Display advertising will be accepted that relates to the concerns and interests of our readers. Monthly rates for advertising are as follows:

Size	cost	width x depth	(col)
1/8 page	\$20	2.4" x 3.5"	(1)
1/4 page	\$32	4.9" x 4.7"	(2)
1/2 page	\$50	7.5" x 4.7"	(3)
full page	\$80	7.5" x 9.75"	(3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e., .tif, .gif., .jpeg, bitmap). Email

or call for more information and for 10-month discount. See advertising contact in masthead.

Public service announcement and personal ads to sell kayaks and accessories are printed for members at no charge; non-members pay \$10 for 3 months.

## FOR SALE

**Eski Prijon, Carbon/Kevlar.** 39 lbs, teal/woven. Always garage kept, covered during travel, waxed, and well maintained. Includes full cover and spray skirt. \$1,500. Christine Bond (CSBond59@aol.com) 717-898-9860. I will deliver to Maryland, Delaware, New Jersey & Northern VA. (I am located in Lancaster, PA) (04/03)

**QCC Q600X w/skeg.** 1 year old. 16.8" x 21". 42 lbs. Kevlar/carbon.. Blue over white. Garage kept. \$2200. <http://www.qcckayaks.com/kayaks/featured.model.asp?model=q600x#>.

www.qcckayaks.com/kayaks/featured.model.asp?model=q600x#. Bernadette Knoblauch (knobbee@aol.com), 703-758-9499. (03/03)

**Perception Dancer (Red).** Excellent condition, garage kept (when not in water). Includes Harmony sprayskirt (also in great condition) and hip pads. \$325. Eric Haverly, 301-901-6155 (Annapolis area). (03/03)

### We have the following items for sale:

1. ADC laminated chartbook (map of Chesapeake Bay, MD and VA, 16<sup>th</sup> edition). \$40.00.
2. Large drybag (14" wide x 21" long). \$23.95.
3. Small drybag (10" wide x 20" long). \$12.95.
4. Tow belt (brand new, never used). \$65.00.
5. NOAA weather and emergency radio (weather one broadcaster). \$39.95. Ben or Brigitte Valenti ([bb7601@cox.net](mailto:bb7601@cox.net)), 703-569-0456 (03/03)

## Swim Support Needed for the Chesapeake Bay Swim

On Sunday, June 8, 2003, the Great Chesapeake Bay Swim (4.4 miles) and the Chesapeake Challenge Swim (1.1 miles) will take place. A strong turnout of kayakers is an essential part of the safety plan for both events. For general information about the swim events, see <http://www.Bayswim.com>. Kayak support team organizers are as follows:

- Mike Vandamm for the Bay Swim, 301-345-6324, [mvandamm@comcast.net](mailto:mvandamm@comcast.net)
- Alan Avery for the Challenge Swim, 410-956-3299, [zaverys@yahoo.com](mailto:zaverys@yahoo.com)

Look for detailed information in the April and May editions of this newsletter.



start here. **GO ANYWHERE.**

## Kayak and Fly-Fishing Instructors

It has been over 20 years since the first days of L.L.Bean's Outdoor Discovery Schools, but each new season seems as fresh and invigorating as the one before. When you love the outdoors as much as we do, the reward is often in the sharing. L.L.Bean is looking for seasonal instructors for our kayaking and fly-fishing programs in Maine, Maryland, Virginia, and New Jersey.

**Kayak instructors** should have certification in First Aid/CPR, and 2 years' experience in paddling. ACA certification is a plus.

**Fly-fishing instructors** should have a vast knowledge of fly fishing and casting and certification in First Aid/CPR. Federation of Fly Fishers Instructor Certification is a plus.

Please email your cover letter and resume indicating Job Code: CPAKFIML302 to [recruit@llbean.com](mailto:recruit@llbean.com) (please send text or MS Word format). Or mail to L.L.Bean, Inc., Job Code: CPAKFIML302, Employment Department, Casco Street, Freeport, ME 04033. So we may review your resume faster, we thank you for not calling. L.L.Bean is an equal opportunity employer.

*Go to [llbean.com/cds](http://llbean.com/cds) for more information about our  
Outdoor Discovery School*

# L.L.Bean

## CPA Trip Requirements and Ratings

CPA trips are organized by and for members of the club. When you participate, please remember that trip leaders are "hosts," not professional guides, but you must be willing to follow their instructions. They are neither necessarily trained in first aid or CPR, nor do they always carry first aid equipment of safety devices for your use.

***You, and you alone, are responsible for your personal safety.***

Trip leaders will pre-screen all participants for skills, equipment, and willingness to abide by club rules and policies. If you wish to join a trip, you must contact the leader in advance.

### REQUIREMENTS:

**Equipment:** While on the water, all paddlers must wear PFDs, spray skirts, and clothes appropriate to the water

temperature. Boats must have watertight bulkheads or flotation devices to prevent the kayak from swamping when capsized. All paddlers must have, and know how to use, a pump, paddle float, and whistle. On the day of the trip, leaders may refuse to admit participants for noncompliance with any of these requirements, so if you are not sure, discuss it with the leader in advance!

**Waivers:** All participants in CPA-sponsored trips and events must sign legal release forms each time before setting out on the water. Only one release per season is needed for regularly scheduled events (e.g., the weekly activities of the "pirates"). The legal release absolves all participating CPA members from legal liability for the injury or death of a fellow participant.

### RATINGS:

**First Timers:** Participants have never paddled before. (No prior skills necessary.)

**Beginners:** Participants have paddled some, taken classes, or have been on short (up to 4-mile) trips and can do a wet exit and paddle float re-entry.

**Advanced Beginners:** Participants have been on longer trips (up to 10 miles, full-day outings), have some experience with varying conditions such as winds and waves, and have good rescue and group paddling skills.

**Intermediate Paddlers:** Participants are comfortable on longer trips (more than 10 miles), can maintain a steady pace for extended periods, are comfortable with open water crossings of 2+ miles, can handle a variety of water conditions, and have strong self- and group-rescue skills.

*Inside our April issue:*

- *Cold Water Workshop*
  - *Paddling in the Florida Keys*
  - *SK102 Announcement*
- . . . and more!*

**The Chesapeake Paddler**

Chesapeake Paddlers Association  
PO Box 341  
Greenbelt, MD 20768

REMINDER: Please check your mailing label for your membership expiration date. If your CPA membership has expired, or will expire soon, please send in your dues. \*\*\*SEE BOX ON PAGE 2 FOR ADDRESS\*\*\*