

Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Inc. Volume 23, Issue 8

October, 2013

CPA Annual Meeting and Paddle—Sunday, November 3

Once again, its time for the CPA Annual Meeting. This is the time that we review the events of the past year, and look forward to what the club plans for the year to come. At this meeting we will visit topics of concern for the direction of the club, but most importantly we will elect the CPA Officers and Steering Committee for 2013.

The afternoon Annual Meeting will be at Roger “Pip” Moyer Truxtun Park Recreation Center, 273 Hilltop Lane Annapolis, Maryland 21403. The meeting will start at 1:00 p.m. and will run until about 3:00 pm. We will have pizza available as the meeting starts, and we encourage attendees to bring some other yummy snacks that can be shared with the troops: brownies, cookies, chips, veggies and dips, etc.

Coordinator Ralph Heimlich is organizing the morning paddle, which will be at Truxtun Park, Annapolis (900 Park Road, Annapolis, Maryland 21403). We will meet at the park between 8:00 and 8:30 a.m. Plan to be on the water, ready to paddle by 9:00 a.m. NOTE: Daylight savings time falls back at 2 a.m. on Sunday, November 3). There is a ramp and a dock, lots of parking, and no launch fee. We will paddle for about 90 minutes, and be back at the docks and ready to drive to the Annual Meeting by 12:30 p.m.

CPA logowear shirts, stickers, patches, and other stuff will be available for purchase. Logo Meister Béla Mariassy will have the entire trunk of CPA Logowear. Open Air Wear will offer overrun sports wear items from their line at deep discount. Come and enjoy the food and meet your fellow CPA paddlers wearing clothes that aren't neoprene.



Treasurer Rich Stevens gives the financial report at the 2012 Annual Meeting photograph by DJ Manalo

Extend Your Paddling Season into Autumn

by Chip Walsh

On a recent paddling trip, I asked a kayaker if she was a year-round paddler. Her answer made me laugh. “No,” she said. “I’ll go out when it is cold, but once it is below 35°, I stay home and sit by the fire.” Living in our area, that more or less makes her a year-round paddler! I thought it was funny because it illustrates how the idea of cold-weather paddling varies from person to person.

This article doesn't discuss paddling when it is 35° or below or paddling in the dead of winter. That requires serious cold-water gear, and CPA does a great job of addressing the gear and safety precautions we should use in those conditions. But many people who are new to kayaking, adverse to serious cold, or have not yet accumulated much paddling attire can easily extend their paddling season into the autumn months with relatively modest additions to their gear.



Rob Pearlman's gear show at SK 101 photograph by Jenny Plummer-Welker

Let's start with a caveat on individual differences in how we adapt to cold. Each of us have different tolerances for cold as well as differences in how much heat our “engines” (hey, that's us!) generate as we paddle. Body mass, age, and overall physical condition all play a role. That means that you need to adjust my gear recommendations to you, personally, and the only way to know what is going to work is to try it. This isn't a big an issue if you keep paddling into autumn. As the weather and the water gradually cool, you will learn “too hot,” or “too cold,” and hopefully find your “just right” range.

It's easier to extend your season in the autumn than it is in the spring. As we ease into winter, the air cools ahead of the water. Since cold water will hurt you much more than cold air, that's the worry. Let's spend a minute talking about cold water.

Any time we kayak, we need to plan to spend some time in the water. Cold water danger is a function of water temperature, time immersed, and individual tolerances. A favorite CPA expression is “swim your gear,” meaning try going for a swim in the water you plan to paddle, with the gear you'll be wearing. Assuming you don't have

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CLASSIFIEDS

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

Advertising Rates:

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size	cost	wide x deep (col)
1/8 page	\$20	2.4" x 3.5" (1)
1/4 page	\$32	4.9" x 4.7" (2)
1/2 page	\$50	7.5" x 4.7" (3)
Full page	\$80	7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e., .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.

Public service announcement and personal ads to sell kayaks/accessories are printed at no charge; non-members pay \$10 for 3 months.



Log canoes racing on the Chester River in the distance, viewed by Greg Welker, CPA Trip on Langford Creek, July, 2013



CPA Trip on Langford Creek—Kayakers watch the canoe races (left to right): Greg Welker, Gina Cicotello, Steven Jahncke, and Susan Green
photographs by Jenny Plummer-Welker

SCHEDULE FOR THE CHESAPEAKE PADDLER

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month. Have an idea for an article, or is there information you would like to see in the newsletter? Email Jenny at news_editor@cpakayaker.com or call 301-249-4895.

THE CHESAPEAKE PADDLERS ASSOCIATION, INC.

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

Officers:

Coordinator—Ralph Heimlich
301-498-0918
coordinator@cpakayaker.com

Membership, subscriptions—Sue Stevens
410-531-5641
c/o CPA, P.O. Box 341, Greenbelt, MD 20768
membership@cpakayaker.com

Secretary—Sue Stevens
410-531-5641
secretary@cpakayaker.com

Treasurer—Rich Stevens
703-527-4882
treasurer@cpakayaker.com

Steering Committee—
steering_committee@cpakayaker.com

Paula Hubbard 407-619-2896

Catrina Miller

Dave Isbell

Jesse Aronson 571-969-1539

Tom Heneghan 703-216-9837

Béla Máriássy 410-507-4972

Webmaster/E-Mail List Administrators—
Stephen Bethke and Paula Hubbard,
webmaster@cpakayaker.com

Newsletter Team:

Editor—Jenny Plummer-Welker 301-249-4895,
news_editor@cpakayaker.com
Paddler Profiles and Skills Series—Rick Wiebush,
rwiebush@gmail.com

Mailing and Distribution—Sue Stevens (digital)
and Jenny Plummer-Welker (hardcopy)

Pirate Groups:

Pier 7 Pirates Committee—
Rich Stevens 703-527-4882,
Béla Máriássy 410-507-4972, Jenny Plummer-
Welker and Greg Welker 301-249-4895, Sue
Stevens 410-531-5641, Brent Cogswell
410-381-0037 pirates_pier7@cpakayaker.com

Pirates of Baltimore —Dave Wilson
443-962-7612
pirates_baltimore@cpakayaker.com

Pirates of the Eastern Shore—Paula Hubbard
407-619-2896
pirates_easternshore@cpakayaker.com

Pirates of Georgetown—Jesse Aronson
571-969-1539, Tom Heneghan 571-969-1866,
Jennifer Bine 703-533-2436, Rob Pearlman
240-688-6340
pirates_georgetown@cpakayaker.com

Pirates of the James—Mary Larson 804-
316-3432, Jon Phipard 804-334-3019
pirates_james@cpakayaker.com

Pirates of the Lakes—Tom Hunt 717-940-6572
pirates_lakes@cpakayaker.com

Pirates of the North—Bob Shakeshaft
410-939-0269
pirates_north@cpakayaker.com

Pirates of Occoquan —Jeff Walaszek 703-
670-7712, Jim Zawlocki 703-378-7536
pirates_occoquan@cpakayaker.com

Pirates of Patuxent—Jenny Plummer-Welker
410-535-2348/301-249-4895
pirates_patuxent@cpakayaker.com

Pirates of Potomac—Dick Rock
703-780-6605
pirates_potomac@cpakayaker.com

Pirates of Sugarloaf —Liz Marancik
301-221-0572, Rita Scherping 240-731-9987
pirates_sugarloaf@cpakayaker.com

MEMBERSHIP: Subscription to the Chesapeake Paddler is included with membership.

NEW: Membership is \$10, \$18, \$27, \$35, for 1, 2, 3, and 4 years. Sign up for membership online at <http://www.cpakayaker.com/join-cpa/become-a-member/> or send checks or changes of membership information to CPA, P.O. Box 341, Greenbelt, MD 20768. Do not send them to the newsletter team.

The Chesapeake Paddler is published monthly, except November through February when it is published bimonthly, and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Editor. The download link or file for the electronic version of this newsletter may not be posted or forwarded to non-members without the express consent of the Coordinator or Editor.

CPA Annual Meeting: Election of CPA Officers and Steering Committee



The Chesapeake Paddlers Association is a volunteer organization, and the people who volunteer the most are the elected officers and steering committee: the Coordinator, Treasurer, Secretary, and the Steering Committee members. Now is the time to vote for those nominated who will play an active part in steering the club's activities. This year, in addition to balloting at the **Annual Meeting on Sunday, November 3** you can vote electronically by http://www.cpakayaker.com/news/197/15/Vote-for-the-CPA-Officers-for-2014/d,announcement_detail/.

The descriptions of the officers in our By-Laws read:

The Steering Committee. The property and business of the club shall be managed under the direction of the Steering Committee. The Steering Committee will make all decisions about operational activities of the club, unless specified otherwise in these bylaws. As a rule, routine decisions about specific club activities will be the responsibility of the individuals managing those activities, but they may be overridden by the Steering Committee if needed. The Steering Committee will determine which events are to be considered official CPA activities. If appropriate, it may set standards for such determinations so that it need not consider each activity, and it may then delegate to individual club members the responsibility for applying those standards to determine whether specific activities are official CPA activities.

The Coordinator shall have overall responsibility for administration of the club and will be a primary point of contact for the club. S/he shall chair general club membership meetings and meetings of the Steering Committee. The Steering Committee may direct the Coordinator to perform other duties consistent with the bylaws. The Coordinator is the only person authorized to speak for the club. This authority may be delegated by the Coordinator.

The Treasurer shall perform all the duties generally incident to the office of Treasurer, subject to the control of the Steering Committee and the oversight of the Coordinator. The Treasurer shall have custody of all the funds and securities of the club, and s/he shall keep full and accurate account of receipts and disbursements. Such records shall be the property of the club. S/he shall deposit all such moneys and other valuables in the name and to the credit of the club. The Treasurer shall disburse the funds of the club consistent with Section seven of these bylaws. S/he shall provide financial information to the Coordinator or the Steering Committee in a timely fashion as requested.

The Secretary shall perform all duties generally incident to the office of Secretary, subject to the control of the Steering Committee and the oversight of the Coordinator. S/he has primary responsibility for maintaining club membership records, but may delegate day-to-day administration of that task to another club member. S/he shall give notice of all meetings of the general membership or the Steering Committee and all other notices required by these bylaws. The Secretary shall record the proceedings of all meetings of the general membership and of the Steering Committee. All records of the Secretary shall be the property of the club.

*(Continued from page 1) **Extend Your Paddling Season into Autumn***

much gear, that just means get in the water and see how it feels. You should be able to tolerate the water for as long as it is going to take to get out of the water in the event you capsize. That time may include inflating a paddle float and executing a reentry, and you might want to double that time because your fingers aren't going to move as well as when you practiced in warm water, and you might have to do things twice. The water temperature at which you can no longer tolerate swimming for the time it takes to do a reentry is the water temperature below which you should no longer be kayaking without additional thermal protection. For me, I figure that is 60°. Everybody's different, so you need to define your own cold water threshold.

Obviously, the important water temperature is for the body of water where you plan to paddle, and these temperatures vary considerably across CPA members' territory. See the accompanying box with links where you can learn the water temperature in your area.

In past years, we've had 60° water temperature through October. This year may be different. Bay temperatures have been cooler this year.

As the weather cools, and the water temps are still in your safe range, the first piece of gear you'll want to add is a paddling jacket. A good paddling jacket has tight (but not water tight) closures at the neck and sleeves, keeps the water and wind off, and is "breathable," meaning water vapor won't accumulate, condense and moisten your thermal layers. The paddling jacket is going to keep the wind and splashes of water off, and that is going to make you much more comfortable. You can pair it with a fleece underneath if needed. Plan on paying \$50 to \$200 for a paddling jacket. Breathable fabrics tend towards the pricey end of the scale, and I believe they are worth the extra cost.

Don't forget your head. I'll not go into hats here, other than to say if it is not neoprene or fuzzy rubber, wear a hat that dries quickly. I favor Polartec®, and you probably already have something you like that is suitable.

One nice thing about paddling jackets and hats is that they are easy to put on and take off. That's important on days that start off cold in the morning but then warm up later.

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Campaign Speeches

Candidates for Officers and Steering Committee

Candidates for the Officer and Steering Committee positions were invited to submit campaign speeches. The candidates' nominations and campaign speeches follow. Members may vote for those nominated at the Annual Meeting, by submitting the ballot on page X, or by using the e-ballot at <http://www.cpakayaker.com/index.php?page=vote>. To vote electronically, enter your member number (on your membership card or in the email sent out in October) and your last name. Members who vote electronically are not permitted to cast a ballot in person. New candidates for the Steering Committee are listed before those currently serving.

Ralph Heimlich for Coordinator! Ralph has done a great job this last year. He has attended and helped out at many of CPA's special events, actively pushed for more trips, and led many trips himself. Under his leadership CPA continues to grow and offer many benefits to our members. He deserves a chance to continue to serve CPA for another year. — nominated by Rich Stevens

Ralph Heimlich says..."I have enjoyed working on issues facing CPA during the past year and look forward to another year as Coordinator, with a top-notch Steering Committee. My focus will be on developing leadership in all facets of CPA's activities. The heart and soul of CPA is the Piracies and I want to support the volunteer Piracy Kings, Queens, and Pawns who do the work week-in and week-out during the paddling season. Day trips, campers, and other kinds of paddling trips are what many find attractive about CPA, but they won't happen without volunteer trip leaders willing to step forward. I want to support trip leaders by offering a variety of training opportunities (navigation, first aid, trip leading, rescues, etc.) that will enable current and prospective trip leaders to feel comfortable volunteering to lead. Finally, I believe that those who step forward to lead should get the kind of peer recognition that rewards their volunteerism, not in a material way, but as a symbol of the regard CPA members extend to them, and encouragement to assume greater leadership roles. Please vote for me to help our leaders lead."



Rich Stevens for Treasurer! Experience & continuity mean a lot, especially when it comes to the finances, crunching numbers, and managing a budget- Rich has handled this task expertly for several years for the club. Rich keeps the CPA budget and tax reports under control, and does a fantastic job of reporting club earnings & expenditures in a way that is transparent & easy to understand. Let's keep Rich as club Treasurer. — nominated by Sue Stevens

Rich Stevens says..."I have been treasurer for several years now, and would be honored to serve again. Now that the Club is incorporated and on a sound legal basis, I've worked to insure that all the proper federal and state filings have been kept up to date. I've also worked hard to insure that members are reimbursed in a timely manner, all payments are properly recorded and deposited, and that the necessary paperwork is kept up to date in an orderly fashion. I plan on continuing to work to seek other ways for the Club to give back to our members and to insure that Club funds are spent wisely. Although I generally hate paperwork, I've enjoyed my work for CPA. No fame and glory, but a necessary part of a corporation."



Sue Stevens for Secretary! She has been doing a great job over the last few years and is very enthusiastic.— nominated by Ralph Heimlich

Sue Stevens says..."Thanks for being nominated for CPA Secretary! I have been the club's secretary for several years, and would be honored to do it again. The club has 680 members at this time; it is really great to both chat online and then meet many of our members during kayaking trips this year. We encourage the club's discounted multiple year membership, which extends CPA membership—even for family members—up to 4 years for \$35—a nice savings these days. Most members use a quick Paypal payment, but a check or cash is always welcome at the CPA P.O. BOX 471 Greenbelt, MD! My tasks include handling the Annual Meeting minutes and keeping the CPA database up to date through the year. The CPA database is used for the Chesapeake Paddler monthly newsletter e-distribution and to create mailing labels. It tracks a slow growing list of the club Life Members—for members with 20 years worth of CPA under their paddle. Yet, we don't share our members' info with outside interests. You may notice that as Club Secretary I also send out individual emails—when your renewal date comes up and again when your dues are paid—giving your updated status. That membership number also enables each of us to vote online at the annual election time-That's NOW! We have a lively club and I hope to have your supporting vote for CPA Secretary for the coming year."



Paul Casto for SC!—Paul has been an active member and is heading up SK101 this year. He will be a good addition to the SC.—nominated by Ralph Heimlich

Paul Casto says..."My name is Paul Casto. I live in Bowie, MD, with my wife Carrie, and we paddle with Pier 7 in Annapolis. I've been involved in sea kayaking and with the CPA for about 6 years. During that time, I've learned a tremendous amount from others: informally during trips; as part of CPA sponsored training (SK-102/SK-203); and through professional instruction. I have tried to give back by passing along tips and techniques to others. Last year, I agreed to take over SK-101 from Suzanne [Farace] starting in 2014, thinking that would be a great way to give back on an even broader scope. Needless to say, that put my name on the skyline as a "volunteer" (other words could be substituted...), therefore Ralph asked if I'd be willing to be nominated for the steering committee. CPA is an exceptional organization, and I'm proud to be a member. If elected to the steering committee, I will take it as my charter to continue to foster the committee support for activities that account the needs of new paddlers. Seems only in keeping with my role as 'trip-leader' for SK-101. Remember, you can't build a political platform from a single plank, but you can carve a paddle from it :-)"



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(Continued from page 4) **Campaign Speeches**

Jesse Aronson for SC! Jesse has served the club well on the Steering Committee this past year. He hails from Virginia, is a co-Captain of the Pirates of Georgetown, teaches at SK102, and is an all around active club member. This star of the famous "Hullmet" video also regularly shares his music with us, most often on the accordion. Let's keep Jesse on the Steering Committee! —nominated by Suzanne Farace

Jesse Aronson says..."I came to CPA as a newbie paddler in the 90's looking for kayaking companions. What I couldn't imagine was just how many great friendships I'd make through the club over the years, the opportunities I'd find to develop my skills and that I'd rack up innumerable great experiences over a period spanning decades. These are the great benefits that CPA, the premier sea kayaking club in the area, brings to its members. These days people are coming into the sport of sea kayaking through new paths, for example, via online communities and retailer programs. We need to keep up our great programming and also make sure we provide a conduit to welcome and embrace newer paddlers."



Tom Heneghan for SC! TallTom has done a great job for the club this past year as a Steering Committee Member from Virginia. His many club activities include co-leading the Wilderness First Aid class, the "Super Moon" Paddle near the D.C. Monuments, and the Practice Kayak Camper on the Upper Potomac. He is also one of the co-Captains of the Pirates of Georgetown. He brings to the table a dedication to safety and to always being prepared for what life on the water (or off) sometimes throws at us, all predicated on his many years of Red Cross training. The club would benefit greatly from having Tom continue on the Steering Committee.—nominated by Suzanne Farace

Tom Heneghan says..."It is an honor to be nominated to serve on the CPA Steering Committee for a second year. The CPA was an important resource for me when I became interested in sea kayaking. As a new member, I quickly found like-minded individuals that wanted to get out on the water, explore new areas, learn new skills, and do it all safely. Through its various trips, classes and events, the CPA continues to be one of the best ways to enjoy the sport of sea kayaking in our area. I look forward to being part of Ralph's team, and supporting all the great work of the CPA."



Paula Hubbard for Steering Committee! Paula has been a great addition to Steering Committee. She leads the new mobile Pirates of the Eastern Shore, teaches at SK102, & regularly participates in the KIPPER Kent Island circumnavigation long distance training. Paula easily shares her expertise, safety experience, & open water training with all club members. Let's keep Paula on the Steering Committee.—nominated by Sue Stevens

Paula Hubbard says..."CPA has given me a lot, including friendships, and activities that enrich my life. It's time to return the favor. As a basic kayak instructor, I want to promote our sport, and introduce newcomers to paddling as a fun, and safe activity. As a trip leader, I want to promote the skills required to lead others. As an adventurer, I want to challenge paddlers to push their limits. There is a place for all levels in CPA so that is in part why I want to continue to serve on the steering committee."



Dave Isbell for SC! Dave has a wealth of experience in the Coast Guard and in small boats, works in a kayak shop, and is known the world over as the "Qajaq Guru of Back Creek." He is a long-time CPA member and has been active on the SC for several years. An important addition to the group's governance.—nominated by Ralph Heimlich

Dave Isbell says..."CPA gives a lot to members and I would be glad to "give back" for another year as a Steering Committee member."



Béla Mariassy for Steering Committee! Béla (that would be Baay-Luh, accent on the first syllable, as those who have ever met him well know) is one of the most active members of the club. In addition to having served on the Steering Committee, he is a co-Captain of the Pier 7 Piracy (the South River near Annapolis), has served ably as the Gearmaster of our CPA logo gear, and attends many, many of the events of the Club. Béla frequently teaches club members about navigation, whether in a formal course such as the one held this past March in Annapolis, on Sunday morning at SK102, or at Gear Day. The club will benefit greatly by keeping Béla on the Steering Committee. — nominated by Suzanne Farace



Béla Mariassy says...[Speech had not been received as of publication date, 10/8/2013.]



Farwell and Best Wishes to Jennifer Bine

CPA Member Jen Bine is moving to the Adirondacks to work at the Adirondack Museum in Blue Mountain Lake, New York. She will be the Director of Interpretation. She'll have much to explore by kayak and cross-country skis...the Adirondack Park includes over 6 million acres. Jen is a current Pirate Captain of the Pirates of Georgetown and a former CPA Steering Committee member. We wish her well in her new job and her new community.

Jen Bine
Photograph by Catriona Miller

Annual Meeting Voting Ballot

At the meeting, we will discuss CPA business and elect the association officers (Coordinator, Secretary, and Treasurer) and the other six Steering Committee positions. We posted electronic notices asking candidates to send their name and a brief "campaign speech" to "webmaster@cpakayaker.com." The deadline was October 1 so they could be listed on the proxy ballot in this newsletter. If you would like to run for one of these positions but didn't submit your name in time to be posted on the ballot, please feel free to conduct a "write in" campaign. Check the website (<http://www.cpakayaker.com/nominations/>) to see who is running along with their "campaign speeches." If you can't attend the annual meeting, please fill out the proxy and give it to someone to bring to the meeting, or mail it to the address on the reverse side. We will count proxy votes at the same time as "live", votes at the meeting.

Officers (choose one of each)

Coordinator

Ralph Heimlich
 (Write-in Candidate) _____

Secretary

Sue Stevens
 (Write-in Candidate) _____

Treasurer

Rich Stevens
 (Write-in Candidate) _____

Steering Committee (choose six)

Jesse Aronson
 Paul Casto
 Tom Heneghan
 Paula Hubbard
 Dave Isbell
 Béla Mariassy
 (Write-in Candidate) _____

Vote for CPA Officers and Steering Committee

After you've voted, please tear out this page, place in a stamped envelope, and mail to:

**Chesapeake Paddlers Association, Inc.
P.O. Box 341
Greenbelt, MD 20768-0341**

Ballots must be received by October 31, 2013 to be counted.

Chesapeake Paddlers Association Tentative 2013 Calendar

Date	Title	Summary
10/10-13/13	Delmarva Paddlers Retreat—NON CPA EVENT	25th Annual DELMARVA Paddlers Retreat. All Greenland, traditional paddling event. http://www.delmarvapaddlersretreat.org/ . Chris Beckman, 302-542-0818, delmarvakayak@comcast.net
10/18-20/13	Janes Island Kayak Kamper	Paddle and camp around Janes Island on the Eastern Shore. Ralph Heimlich, 301-498-0918 leave a message, heimlichfamily@comcast.net
10/26/13	Fall Colors of Fountainhead Paddle	The Fall Colors of Fountainhead is a leisurely paddle on the Occoquan River, safe for composite boats and should last 3-4 hours. Jim Zawlocki, 703-378-7536, jimz2z@verizon.net
11/3/13	Election and Annual Meeting and Paddle	Truxtun Park, Annapolis. See details on Page 9. Ralph Heimlich, 301-498-0918 leave a message, heimlichfamily@comcast.net
11/8— 11/11/13	Chickahominy Car Camper	Camp and paddle on the Chickahominy and James Rivers of Virginia. This is a cold water paddle. Ralph Heimlich, 301-498-0918 leave a message, heimlichfamily@comcast.net
11/16/13	EN-4 Eastern Neck Winter Paddle	Paddle in the vicinity of Eastern Neck National Wildlife Refuge looking for tundra swans. This is an "on call" paddle and will go when there are swans in the area. Marshall Woodruff, 202-345-0606, marshall.woodruff@gmail.com
12/7/13	CPA Holiday Party	Further details forthcoming.

Visit the CPA Web page, <http://www.cpakayaker.com/>, for more events, details and trip leader/organizer contact information. For a full listing of upcoming Club events, visit the CPA Calendar, <http://www.cpakayaker.com/index.php?page=calendar>.

CPA Classifieds

Kayak for sale. Kirton kayak (Inuit) imported from England. 18' w/rudder and Smart Track foot controls, low deck. Fast boat used for racing or fast touring. New hatch covers, very good condition. Cost over \$3,000 new; asking \$1,500. George Hires, 443-366-6564 or grhires@aol.com.

Kayak for sale. Eddyline Equinox kayak, 14' long, 2011 model bought new, minimal use, showroom condition, includes Eddyline Swift 2-piece carbon fiber lightweight paddle, many accessories. \$1,250 complete. See www.eddyline.com for fine details of this first class kayak. Located in Richmond, VA. Contact: mcdonough.jim@comcast.net or phone (804) 795-5402.

Kayak Storage. Storing your kayak outdoors? Were you worried about it during the Derecho last summer? Would you like to store it indoors and protected from the weather? The Pier 7 Pirates have indoor kayak storage spaces available at our weekly paddling site on the South River. Attend Pier 7 Wednesdays without having to load and unload your boat each week! With the location conveniently located near US-50, you can pick up your boat on the way to Eastern Shore paddling trips. Reserve now for the summer paddling season. The storage space is indoors, secure, climate controlled, with 24/7 access and free launching from the sand beach on Wednesday nights. Rates are \$30/month for a six month lease (rent for the warm paddling season, rent for winter storage, or both) or \$30/month if you need shorter term storage. Please contact Greg Welker at gdwelker@verizon.net or 301-249-4895 if interested.

*(Continued from page 3) **Extend Your Paddling Season into Autumn***

Once the water goes below your swim-tested, cold-water, tolerance level, you can further extend your paddling season with a wetsuit of neoprene or HydroSkin®. Plan on spending \$100-\$150 for the "Farmer John/Jane" (sleeveless) wetsuit. My rule of thumb is you can paddle on water that is as cold as 50 in a wetsuit. If it's colder than that, the most practical thing to do is buy a dry suit, and that is beyond the scope of this article.

Most of the time, I paddle in the fall with bare hands. But many people are very sensitive to cold in their hands, and if you are one, you may want to consider gloves or poggies. I've had good luck with inexpensive neoprene gloves you can buy at big-box stores in the fall. You may have to look among the hunting gear to find them. I have no experience with poggies, which are meant to wrap around your hand on the paddle, leaving the palm side of the hand in contact with the paddle. I can't tell you much about poggies other than that some paddlers prefer to feel the paddle shaft in their hands.

The wetsuit works wonderfully in tandem with a paddling jacket. Wear the wetsuit under and the paddling jacket on top. These two garments may cost you as much as four hundred dollars, but look what that buys: you add months onto your paddling season. Given all we have invested in kayaking, and the pleasure we get out of it, that seems a small price for an expanded season, and hopefully, it is many extended seasons you are buying.

Find the Water Temperature In Your Neighborhood

National Data Buoy Center – provides water temperature and other data from buoys throughout the country. Zoom in and move about the national map and click on a data point for the waters you want to paddle.

<http://www.ndbc.noaa.gov/>

Chesapeake Bay Operational Forecast System – provides water temperature, current, and wind conditions and forecasts for dozens of sites throughout the Chesapeake region.

<http://tidesandcurrents.noaa.gov/ofs/cbofs/cbofs.html>

Chip Walsh is a member of the Chesapeake Paddlers Association, Inc. and paddles frequently with the Pier 7 Pirates.

CPA Paddler Profile ~ Carol Collins

Interview by Rick Wiebush



Carol at Mattapeake
Photograph by Tom Dole

Name: Carol Collins

Lives in: Beltsville, Maryland

Real job: Freelance bookkeeper

Member of a Piracy? No

Paddling Buddies: Mike Naito, Marshall Woodruff, Kathy Kozub, Robert Golden, Tim Dole, Deb Schmiel, Katie O'Meara and many fellow KIPPers!

Number years paddling: 5

How did you get involved in kayaking? My daughter was telling about her kayaking trips in Alaska, and it sounded like a lot of fun.

How did you learn to sea kayak? I started with classes from Potomac Paddlesports.

Any formal training or ACA/BCU certifications: SK102, SK203, CPA Navigation

Boat usually paddled: Impex Montauk 16 feet, yellow over white and orange trim

Type paddle used: Aleut

Do you do any other type of paddling besides sea kayaking? I have tried SUP and hope to get out and do it more. I took some whitewater classes and decided it wasn't for me. I love whitewater rafting!

Do you regularly do any other outdoor activities? Cycling, running

How often do you paddle in summer? Usually twice a week.

Do any winter paddling? Yes, I purchased a drysuit last year, and it was wonderful getting out during the winter. There is a totally different vibe on the water. Wish I had heated foot pegs though!

Go to pool sessions? Fairland is my pool of choice. It is real close to my house and it has a hot tub.

Favorite local paddling location: The Potomac River is one of my favorites. The upper section is nice and quiet, and the lower section by Columbia Island Marina is a neat view of the city from the water. I am a fan of urban paddling.

Favorite non-local location: Maine near Camden. That is the only non-local place I have paddled so far.

Best paddling trip/experience ever and why: They have all been great. I had a really good time at SK203 leadership training this year. It was my first camping experience. The instruction was great, and it was such a fun group to work with.

Scariest/most dangerous trip/experience and why: Got caught out on the Chesapeake Bay in a thunderstorm. Our group got separated, and the wind forced us to head to Cloverfield Beach where we were greeted by a group having a crab feast. Trying to get to the beach was difficult in the wind and waves. Was thinking if either of us went over, we were going to have to put out a mayday. The storm came up after paddling about 20 miles. Too tired to eat the crabs that were offered!

Bucket list trips: Anyplace new!

Three things you like most about paddling? I love being on the water with good friends and nature. I like the challenge of different conditions. It clears my head.

What do you like about CPA? Everyone I have met in the CPA is so friendly and helpful. CPA is an organization that does so much to promote this wonderful sport. Many people give up their time to volunteer and teach skills to make us better paddlers and safer paddlers.

One thing other people find interesting about you: I have been blessed with five wonderful children and a husband who supports my kayaking habit unconditionally. He is always ready to help me load my gear to go and unload it when I get home.

Qajaq Guru of Back Creek

CPA member Dave Isbell was featured this summer in Chesapeake Inspired in an article written by Jeff Holland. Dave builds traditional kayaks and paddles on the Chesapeake Bay and beyond. Link: <http://www.chesapeaketaste.com/index.php/out-about/boating/adventurous-spirit/1058-qajaq-guru-of-back-creek>. Photograph from Mr. Holland's article.



CPA Paddler Profile ~ Tom Hunt

Interview by Rick Wiebush

Name: Tom Hunt

Lives in: Lancaster, Pennsylvania

Real job: Network Administrator for Pennsylvania Judiciary

Member of a Piracy? Yes, with Rick's help I've started the Pirates of "The Lakes", which is the first venture into Pennsylvania for the CPA.

Paddling Buddies: Until about a year ago I paddled pretty exclusively with Fran or alone. In the last year I've paddled regularly with Sandy Bixler and Dave Bronson, and we've got a fairly committed group of seven that have gotten together since April 2013 for the pirate night paddle.

Number years paddling: 5 ½

How did you get involved in kayaking? It was really Fran's idea, I was an avid cyclist, runner, but when a medical issue sidelined Fran from those activities, we tried kayaking as an activity we could do together. When vacationing in Maine years ago, we took a few half day tours, and we really enjoyed it. We bought a 13 foot tandem that became too much to handle loading and unloading, so we test drove some 14 singles, and the rest is history.

How did you learn to sea kayak? When we decided to buy our first singles, we made the commitment that if we are doing this, we're going to take lessons. It started with our local outfitter's five hour crash course and has snowballed into getting professional instruction every season.

Any formal training or ACA/BCU certifications: No certs, but I've had formal training every season from some excellent instructors. I used to do all types of racing, triathlon, bicycle, running, and for years I was a martial arts instructor and competitor so the technical challenge of sea kayaking was a natural attraction. This season I'm going for the BCU 3 star sea award (wish me luck) so that I can take the more advanced training in the fall.

Boat usually paddled: I have but one tool right now, NDK Romany Classic, 16 feet, quill/white. But if I can ever find one to test paddle, I'm buying one of the following two boats, Tiderace Xcite Carbon or Boreal Vaag Carbon.

Type paddle used: Werner Performance Core Cyprus and Ikelos / 210 cm

Do you do any other type of paddling besides sea kayaking? Used to canoe but that's very seldom anymore.

Do you regularly do any other outdoor activities? I still run and bike pretty regularly. I used to compete in triathlons, running and cycling races but now I use it just to keep fit for the kayak. When I have the chance, I still love to hike, the more rugged the better.

How often do you paddle in summer? Three days are about all I can squeeze in.

Do any winter paddling? Yes, anything not frozen solid is fair game.

Go to pool sessions? No, unless you're talking about billiards...(ba-dum-tssshhh!)

Favorite local paddling location: Our closest water, 30 minutes away, is the mighty Susquehanna, and it offers enough variety that it's never boring. We've got rapids, rock gardens and open water, and a nationally recognized bird area, just no tides or swells.

Favorite non-local location: Anywhere things can get lumpy and bumpy, for convenience the Chesapeake Bay offers a lot. I really enjoyed the Adirondacks, the Barrier Islands, North Carolina, and Maine.

Best paddling trip/experience ever and why: It would have to be our trip to the Adirondacks. We don't camp anymore, but we had a home base in Old Forge. The warmest spring temps they had in a long time, and we had the place to ourselves, very relaxing and beautiful paddling. We did the Fulton chain of lakes.

Bucket list trips: The Great Lakes for the Gale Storm Gathering, Long Island Sound for the rough water, San Francisco for the Golden Gate Sea Kayak Symposium, Tybee Island, Georgia, actually anywhere I can paddle with others that enjoy the same challenges.

Three things you like most about paddling? The ever changing environment, water you paddle on every day is never the same two days in a row, and the technical challenge of learning and refining my paddling skills so that I can venture into more challenging conditions. Just plain being outside, the only thing that would keep me off the water is lightning.

What do you like about CPA? It was the CPA's focus on safety that prompted me to join; I used the club's policies as a guideline well before becoming a member.

One thing other people find interesting about you: I have a pretty extensive collection of Blues music, mostly from the 40's – 60's, well over 200 CD's that include almost every recording Blues legends like Muddy Waters, Howlin' Wolf and Sonny Boy Williamson ever recorded.



Tom Hunt along the Susquehanna
Photograph by Fran Arnott



Tour of Solomons, including a visit to Drum Point Lighthouse, hosted by the Patuxent Pirates

Photograph by Greg Welker

Inside this issue:

- CPA Annual Meeting and Paddle— Sunday, October 3
- Extend Your Paddling Season into Autumn
- CPA Annual Meeting: Election of CPA Officers and Steering Committee
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- Farewell Jennifer Bine
- Annual Meeting Voting Ballot
- CPA Tentative 2013 Calendar
- CPA Classifieds
- Paddler Profiles—Carol Collins and Tom Hunt
- Qajaq Guru of Back Creek

For those who utilized a government email address to receive CPA communications and cannot receive those emails currently, we recommend that you provide an alternate email address to receive future newsletter issues, Forum news, and for CPA online voting this month. Please email your alternate email address to CPA Secretary Sue Stevens: susiegreenthumb@verizon.net. If you have any questions about your CPA membership status, contact the CPA Secretary.

The Chesapeake Paddler

Chesapeake Paddlers Association, Inc.

P.O. Box 341

Greenbelt, MD 20768-0341

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