

# Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Inc. Volume 21, Issue 8

October 2010

## CPA Annual Meeting and Paddle—Sunday, November 6



Once again, its time for the 2011 CPA Annual Meeting. This is the time that we review the events of the past year, and look forward to what the club plans for the year to come. At this meeting we will visit topics of concern for the direction of the club, but most importantly we will elect the CPA Officers and Steering Committee for 2012.

Nominations have been submitted for all positions, and you can review the candidates and their “stump speeches” on [page 3](#). You can vote for those nominated at the Annual Meeting, by submitting the ballot on pages 8 and 9, or by using the new E-ballot at <http://www.cpakayaker.com/index.php?page=vote>

and enter your member number (on your membership card or in the email sent out in October) and your last name. If you can't find your member number, email Sue Stevens or Ralph Heimlich ([see p. 2](#)).

**Why does this room have RED walls? Come to the Annual Meeting and find out *photo by Ralph Heimlich***

Ralph Heimlich is organizing the **morning paddle**, which will be at Bladensburg Marina at Bladensburg Waterfront Park. We will meet at the park between 8:00 and 8:30 AM. Plan to be on the water, ready to paddle by 9:00 AM. There is a ramp and a dock, lots of parking, and no launch fee. We will paddle for about 90 minutes, and be back at the docks and ready to drive to the Annual Meeting by 12:30 AM.

Please bring paddling clothing suitable for cold water and cold air temperatures in November (at least a wet suit). Bring water to drink, and a snack to eat, besides your PFD and kayak of course. And as always, print out and sign a CPA waiver form, which you can find [online](#). We can all follow each other to the Annual Meeting from the paddle. We will also have directions to the Meeting that morning to help you on your way.

**The afternoon Annual Meeting** will be at Ellen E. Linson Aquatics Center (5211 Paint Branch Parkway, College Park, MD, 20740). The meeting will start at 1:00 PM and will run until about 3:30 pm. We will



**Maybe we'll get some nice leaf peeping this year, too *Photo by Lynda Richards***

*(Continued on page 3)*

**CLASSIFIEDS**

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

**Advertising Rates:**

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size	cost	wide x deep (col)
1/8 page	\$20	2.4" x 3.5" (1)
1/4 page	\$32	4.9" x 4.7" (2)
1/2 page	\$50	7.5" x 4.7" (3)
Full page	\$80	7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.



**The 50 foot Gaff Sloop Vela comes to anchor as the fog lifts Brooklyn, Me photo by Ralph Heimlich**

**SCHEDULE FOR 2010 CHESAPEAKE PADDLER**

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

Issue	Deadline for Copy
Nov/Dec 2011	October 15, 2011
Jan/Feb 2012	December 15, 2011
March 2012	February 15, 2012

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at [news\\_editor@cpakayaker.com](mailto:news_editor@cpakayaker.com) or call at 301-498-0722.

**THE CHESAPEAKE PADDLERS ASSOCIATION**

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

**Officers:**

**Coordinator**—Jay Gitomer, 410-687-6878, [coordinator@cpakayaker.com](mailto:coordinator@cpakayaker.com)

**Membership, subscriptions**—Sue Stevens, 410-531-5641, c/o CPA, PO Box 341

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**Pirate Groups:**

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**Potomac Pirate King**—Dick Rock, 703-780-6605 [pirates\\_potomac@cpakayaker.com](mailto:pirates_potomac@cpakayaker.com)

**Patuxent Pirate King**—Jenny Plummer-Welker Pirate Captain, 410-535-2348/301-249-4895, [pirates\\_patuxent@cpakayaker.com](mailto:pirates_patuxent@cpakayaker.com);

**Georgetown Pirate Committee**—Matt Blakey 202-210-6367, Dave Biss, 703-241-0036, Peter Harris; [pirates\\_georgetown@cpakayaker.com](mailto:pirates_georgetown@cpakayaker.com).

**Baltimore Pirate King**—Jay Gitomer, 410-687-6878, [pirates\\_baltimore@cpakayaker.com](mailto:pirates_baltimore@cpakayaker.com)

**Algonkian Pirate King**—Jeff Walaszek, 703-670-7712, Linda Lewis [pirates\\_algonkian@cpakayaker.com](mailto:pirates_algonkian@cpakayaker.com)

**Sugarloaf Pirate King**—James Higgins, 301-460-8022, [pirates\\_sugarloaf@cpakayaker.com](mailto:pirates_sugarloaf@cpakayaker.com)

**Pirate Kings of the North**—Bob Shakeshaft, 410-939-0269, and Mike Free, 484-889-2214, [pirates\\_north@cpakayaker.com](mailto:pirates_north@cpakayaker.com)

**MEMBERSHIP:** Subscription to the Chesapeake Paddler is included with membership.

**NEW: Membership is now \$10, \$18, \$27, \$35, for 1, 2, 3, and 4 years.** Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

**DEADLINES:** Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

*The Chesapeake Paddler is published monthly, except Nov-Feb and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor. The download link or file for the electronic version of this newsletter may not be posted or forwarded to non-members without the express consent of the Coordinator or Managing Editor*

# Admiral's Walk



## The Election Column

We have an exciting slate of nominees for the Steering Committee this year. Four of the nominees are first-time candidates in a CPA election, which indicates that the club is successfully inciting the spirit of volunteerism—and that's a sign of good health.

However, a lot of our members do not vote. I never used to vote either. I didn't know the nominees and the club seems to run along the same reliable lines each year, so what's the point?

**Here's the point:** clubs can go stagnant. Everyone will keep going on the weekend day paddles, piracy paddles, and the occasional overnight trip, and those are core CPA events that will continue to occur as

long as members keep volunteering to lead them. SK101 and SK102 and KIPP will keep rolling as long as their organizers are willing to organize.

But that isn't enough to keep the club vibrant. After all, how many years in a row will you attend a CPA signature event? Eventually, you may feel that you've gotten all you can from attending one and you'll find something else to do on that weekend — maybe go for a bike ride, or learn Sanskrit. We have to have a vision of who we are as a club and who we want to be—who our members are as paddlers and where they want to take their paddling. Then we—all of us, members and officials together — have to figure out how to provide paths for our members to remain engaged, involved, and excited.

So please read the stump speeches on [pages 4 and 5](#) to see what the nominees hope to do for CPA — for *you* -- if they are elected. If you have questions, email the nominees or start a thread. If you have a love for one aspect of paddling, ask the nominees how they might support that niche with club activities. If you have a concern, raise it. Let's have a dialogue. Let's keep finding opportunities to make a *fantastic* organization even better.

All that said, please be aware that if you second a nominee, you haven't voted for them yet. A second is not a vote. So if you cared enough to second someone, be sure to come back to the site and vote when voting opens in November. It will take a couple of seconds of your time but the rewards could be many days on the water next summer that are better than any you've had before.

**Jay Gitomer**

**Coordinator**

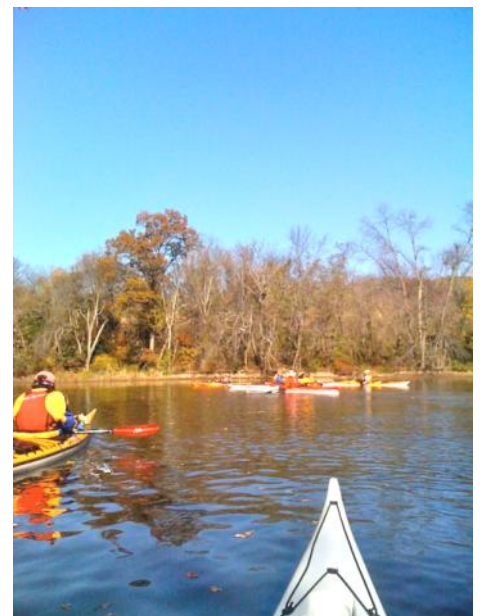


*(Continued from page 1)*

have pizza available as the meeting starts, and we encourage attendees to bring some other yummy snacks that can be shared with the troops. Brownies, cookies, chips, veggies and dips, etc.

You can also purchase CPA logowear shirts, stickers, patches, and other stuff. Bela Mariassy will have the entire trunk of **CPA Logowear**. After the meeting, Open Air Wear, our logo gear supplier, will have additional outdoor gear on sale at special prices for us. Come and enjoy the food and meet your fellow CPA paddlers wearing clothes that aren't neoprene. Imagine guys without skirts and girls wearing them! Find out why this room has RED walls. PARTICIPATE.

**And, just like last year, there will be free ice skating at the Aquatics Center that you can participate in after the meeting adjourns (for the first 25)** If you have any questions about this, contact [Sue Stevens](#).



2010 on the Anacostia photo by Lynda Richards



## 2011 Officer Candidates and Stump Speeches

Here are your candidates for CPA Officers. Please consider them well, then vote for those nominated at the Annual Meeting, by submitting the ballot on pages 8 and 9, or by using the new E-ballot at <http://www.cpakayaker.com/index.php?page=vote> and enter your member number (on your membership card or in the email sent out in October) and your last name.

New candidates for the Steering Committee are listed before those currently serving.



**Jay Gitomer for Coordinator!**—Jay has brought her intense enthusiasm and capable skills promoting CPA improvements for all in her first year as coordinator. Let's keep her!—nominated by Rob Pearlman

**Jay Gitomer says**"CPA has had another excellent year of club activities, individual growth, and – above all – fun. As coordinator this past year, I focused on two things: insurance and training. Regarding insurance, we have made a lot of progress and are currently working on making sure the language on the contract is going to protect us adequately.

Regarding training, we've had a great year: there were three more free skills clinics in the piracies than the previous year, there was a new large event, and from what I've seen and heard, the skill levels of the piracy members in particular have developed phenomenally, especially in the areas of rolling and rescues. If I am elected again, I would like to focus on completing the insurance process, continuing to provide training opportunities, fostering more interest in trip leadership, and doing something to help those who are interested in kayak camping. It's been an honor to be coordinator this year for such a stellar organization, and I would like to continue in 2012."



**Rich Stevens for Treasurer!**—If there is anyone who can keep the check book balanced, it is Rich! He has done a great job in the past, and we should ask him to continue for 2012.—nominated by Dave Biss

**Rich Stevens says...**"I have been treasurer for several years now, and would be honored to serve again. Now that the Club is incorporated and on a sound legal basis, I've worked to insure that all the proper federal and state filings have been kept up to date. I've also worked hard to insure that members are reimbursed in a timely manner, all payments are properly recorded and deposited, and that the necessary paperwork is kept up to date in an orderly fashion.

I plan on continuing to work to seek other ways for the Club to give back to our members. Although I generally hate paperwork, I've enjoyed my work for CPA. No fame and glory, but a necessary part of a corporation."



**Sue Stevens (f/k/a Sue Bauer) for Secretary!**—Sue has been doing a great job as club secretary. She cares about CPA and is committed to serving the membership.—nominated by Jay Gitomer

**Sue Stevens (f/k/a Sue Bauer) says...**"Thanks for nominating me for CPA Secretary – it's an honor to be nominated again. We have many new & current members seeking the fun of sea kayaking – a total of 658 members just now. I continue to encourage discounted multiple year memberships, which extends CPA membership up to 4 years for \$35, and also set up Life Member Status for members who have paid CPA dues for 20 years. My tasks include

maintaining the CPA database for the monthly Chesapeake Paddler newsletter e-distribution and mailing printed editions, assisting with CPA membership cards, and coordinating funds received for membership. Each club member receives an individual email message shortly after their dues are paid -giving them their membership status quickly. I provide each new and renewing member their CPA membership number - which also enables club members to vote online this fall. We have a lively club and I hope to have your supporting vote for CPA Secretary this year. "



**Paula Hubbard for Steering Committee!** Paula has great kayaking skills and is committed to furthering kayak education.--nominated by Laura Ventura

**Paula Hubbard says...**"This is my second year with CPA and I am honored to have this opportunity to give back to the club. I love promoting the sport in a safe enjoyable way at many different levels. I was fortunate to participate as a coach in SK 101, SK 102, and trip leader training. The organization and effort in making those events successful is just one example of why CPA is such a great group and why I am proud to be a member. I'm looking forward to participating in many more paddling trips and events. "



**Maywin Liu for Steering Committee!** Maywin has been active in the club and seems to have a lot of energy. She'd make a good Committee member.—nominated by Ralph Heimlich

**Maywin Liu says...**" I absolutely love kayaking and enjoy being a member of the CPA. The CPA has so many learning and teaching opportunities, interesting trips, and friendly people. Where else could I find a large, receptive audience, hungry for my baking innovations? Where else would I find another crowd that so patiently tolerates my photography attempts? I was an assistant instructor at SK102 this year, guiding students successfully through learning new skills. I

*More Candidates and Speeches (Continued on page 5)*

*Candidates and Speeches (Continued from page 4)*

was a trip leader for the Dundee and upcoming Mallow's Bay paddles. Through these efforts, I gained the confidence to lead a non-CPA rescue training and practice session for more than 45 novice paddlers in June 2011. I brought CPA's message of safety with fun to a local kayaking group and recruited new members for the CPA. I proudly wrote of CPA's accomplishments for two magazines, *Atlantic Coastal Kayaker* (July/Aug 2011 issue) and *Canoe News* (Summer 2011 issue). I will continue building, expanding, and sharing my kayaking skills. It would be an honor to bring my enthusiasm and energy to give back to the CPA community as a member of the Steering Committee."



**Catriona Miller for Steering Committee!**—Catriona took the initiative to participate in the Leadership Training course and shows a lot of spirit.—nominated by Ralph Heimlich

**Catriona Miller says...**"It's been an exciting year for CPA, there was lots of great energy, enthusiasm, and new events. I have grown so much as a paddler over the past two years of paddling with CPA, have had the opportunity to paddle with so many great people, and if I haven't managed to talk with every one of them, I'm sure I've managed to photograph almost every one of them. Despite not having a local piracy, I've been welcomed warmly every time I've managed to pop into one of the various piracies. This paddling season, a major goal of mine was acquiring the skills

to be able to give back to CPA, through trip leader training, and practicing on friends, family, and fellow CPA members, I've been honing my skills to lead some CPA trips next season. With the help of Suzanne Farace, I will be running Gear Day next year. I'd be thrilled to have the opportunity to do even more for CPA as a member of the Steering Committee."



**Rick Wiebush for Steering Committee!** Rick is an active kayaker (some might say hyper-active), puts together some great kayaking events, and has helped more than a few of us enjoy the sport. He's willing, so let's put him on the committee.--nominated by Chip Walsh

**Rick Wiebush says...**"There have been some pretty exciting things happening in CPA over the past couple of years, like the trip leader training sessions, the free skills clinics at some of the piracies and special fun events like Survivor! and Paddleclash. I've been lucky enough to have been involved in planning, helping to run and instructing at these events and would like to expand the range of these offerings and the number of people involved in them. I also think

that we should encourage the development of special interest sub-groups within the organization, whether it be kayak racing, swim support, kayak sailing or rough water trips. This diversity of interests makes for a much more vibrant club. Finally, if I were a Steering Committee member, I would want to help expand the already good menu of available day trips (and try to add a few more multi-day trips). Toward that end, I think we should increase efforts to recruit trip leaders and provide them with multiple avenues to develop and sustain safe and effective group leadership skills."



**Jennifer Bine for Steering Committee!**—Jennifer has served one year and participated actively. I think she should serve a second term.—nominated by Ralph Heimlich

**Jennifer Bine says...** "I am pleased to serve on the CPA board last year. The CPA community provides support, skills training, equipment purchase and care guidance, and camaraderie on and off the water. We all have something to contribute toward keeping this community strong and growing."



**Béla Mariassy for Steering Committee!**—Bela has been a great asset to the club these past few years. In addition to his prior service on the Steering Committee, he has served as the club's Gearmeister, organized EMS Demo days, presented at SK101 and Gear Day, taught at SK102, etc. Please Keep him on the Steering Committee! —nominated by Suzanne Farace

**Béla Mariassy says...** "I have enjoyed serving on the Steering Committee over the past year. It has been a time of growth and energy for the club. I want to see that growth continue and the energy spread to all members via participation in the many activities that the club supports. The club offers the fun of the paddling trips, the camaraderie of the piracies, the skills learning of the SK events / trip leader training, the outreach of the swim supports / Gear Days / Demo Days. We have a great club, and it can become even better through the involvement of each member."



**Rob Pearlman for Steering Committee!**—Rob has been active in the club and served at least one term as SC member. Give him another.—nominated by Ralph Heimlich

**Rob Pearlman says...**

"CPA has had a great year and I'm proud to have been part of it. I am absolutely passionate about kayaking, love learning, teaching and helping people. The quality of people who are CPA members continues to wow me! Working and playing with CPA friends has been a constant pleasure on piracy paddles, day trips and campers. This year I increased my involvement in swim support activities as a way of contributing to the community. I believe this is an important role CPA plays in the water sports community. It's a great way to share the passion of kayaking and to volunteer for the benefit of others. So I'd be pleased to continue as an SC member helping to improve our club for all."





Lake Willoughby, Canada photo by Ed Santelmann

## What I Did This Summer: Elderhostel Glen Sutton, Quebec

By Ed Santelmann

For those who are a bit more senior than many in CPA there is a wonderful Elderhostel in Glen Sutton, Quebec that I've done 2 years in a row. Glen Sutton is about 2 miles over the border from Northern Vermont. The venue also runs skiing, hiking, and bicycling Elderhostels. We were housed in several buildings, all close by, and everyone (19 of us) always did cocktail hour (BYOB, buy it in the U.S.) and meals in the main house, an old school house beautifully reconditioned.

Our hosts were Stephen and Joy and Niels and Ludger (pronounced Lujay) were our guides. Stephen entertained us with his very broad knowledge of Quebec and Vermont during our trips to the various lakes. The meals were fabulous, especially breakfasts, and always very healthy. Lunches were standard for noon breaks while kayaking. Each evening we had lectures (the one on Quebec and the Separatists had so much information it got boring). Niels gave an evening lecture about his kayaking trip across the southern Baltic Sea last summer, I think I'd stick to calmer waters.

We kayaked in five different bodies of water. We all arrived on Sunday and on Monday AM it was raining, so we traveled to the Abbaye Saint-Benoit where we heard the monks singing Gregorian chants (also purchasing some excellent blue cheese) and then on to Lake Memphremagog in Quebec for a late morning and afternoon paddle on quite calm water. It was still raining lightly but that was fine. Lots of lily pads and birds. Tuesday we traveled to Lake Brome, Quebec, and experienced a little wave action (the only agitated water we experienced). We kayaked about half a mile in the open lake and entered the Brome Marsh, which was mostly winding channels.



Lac Brome from the Marsh photo by Ed Santelmann



Lake Champlain photo by Ed Santelmann

After lunch we paddled across the lake to a Tiki bar and had a late afternoon drink. That is where I learned about "loonies" and "toonies" (after I used the strange looking coin as a tip only to learn it was worth two dollars). Wednesday we moved on to Lake Willoughby, Vermont, which looked like a fjord. We paddled in the morning, and in the afternoon practiced strokes and I and several others did wet exits and rescues (the water was quite warm). Thursday we went to Lake Champlain, in Vermont, where the waters in both my trips there were extremely calm. Friday morning we

kayaked up the nearby Missisquoi River, and at one point, had to negotiate a very swift current, I had never done that before. On several occasions, we broke into two groups, one that wanted to go a little further and one that didn't.

All in all it was an excellent Elderhostel. I've done about 10, and this was by far the best, I'd go again but they're probably getting tired of me. If you bring your own kayak, they refund one hundred Canadian dollars.

Pictures online at <http://picasaweb.google.com/112868259735351652879/Elderhostel9199242010>

## Annual Meeting Voting Ballot

At the meeting, we will discuss CPA business and elect the association officers (Coordinator, Secretary, Treasurer) and the other six Steering Committee positions. We posted electronic notices asking candidates to send their name and a brief "campaign speech" to "webmaster@cpakayaker.com". The deadline was October 10 so they could be listed on the proxy ballot in this newsletter. If you would like to run for one of these positions but didn't submit your name in time to be posted on the ballot, please feel free to conduct a "write in" campaign. Check the website ([http://www.cpakayaker.com/nominations\\_list.php](http://www.cpakayaker.com/nominations_list.php)) to see who is running along with their "campaign speeches". If you can't attend the annual meeting, please fill out the proxy and give it to someone to bring to the meeting, or mail it to the address on the reverse side. We will count proxy votes at the same time as "live", votes at the meeting.

**Officers** (choose one of each)

**Coordinator**

Jay Gitomer  
 (Write-in Candidate)\_\_\_\_\_

**Secretary (vote for one)**

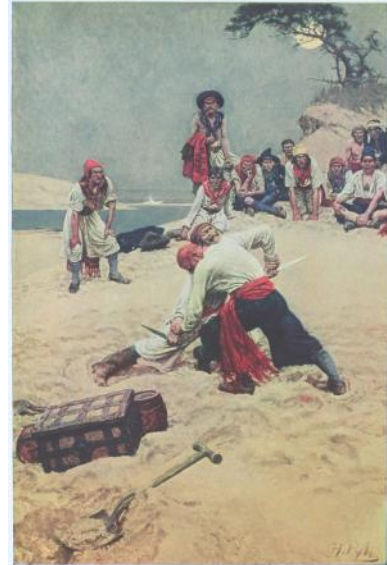
Sue Stevens (nee Bauer)  
 (Write-in Candidate)\_\_\_\_\_

**Treasurer**

Rich Stevens  
 (Write-in Candidate)\_\_\_\_\_

**Steering Committee** (choose six)

Jennifer Bine  
 Paula Hubbard  
 Maywin Liu  
 Béla Mariassy  
 Catriona Miller  
 Rob Pearlman  
 Rick Wiebush  
 (Write-in Candidate)\_\_\_\_\_



### Vote for CPA Officers and Steering Committee

After you've voted, please tear out this page, place in an envelope, and mail to:

**The Chesapeake Paddlers Association  
 P.O. Box 341  
 Greenbelt, MD 20768-0341**

**apply a stamp, and must be received by October 31, 2011 to be counted.**



Coast Guard safety expert and survival instructor Mario Vittone immersed in his work at *Cold Water Boot Camp* photo from [Beyond Boot Camp USA video](#) [click to watch several episodes](#)

## Cold Water Clinic with Mario Vittone (USCG/Water Safety Expert)

Cold Water Clinic: classroom discussion followed by water immersion demonstration/experience (optional). Location: Annapolis, MD. CPA members only. Registration required.

When: November 20, 2011 (Sunday), 10:00 AM

**Skill Level:** (All) This event is for individuals of all skill levels.

**Organizer(s):** [Suzanne Farace](#) 410-446-5991

[This event is sponsored by the CPA. A Waiver will be required for all on water participation.](#)

Do you know that most people who go overboard in the Winter never suffer hypothermia? (other very bad things happen to them first). How long can you swim in cold water? What part of the body gives up the most heat? (It's not the head). What are the four killers of cold water immersion and how do you handle them?

**DON'T KNOW?** Join Coast Guard safety expert and survival instructor, [Mario Vittone](#), for a three-hour course on cold water and cold water survival. He will dispel common misconceptions about hypothermia and teach proven techniques for staying alive should you ever find yourself in the chilly wet stuff.

A program for those who are contemplating paddling in colder water, who want to test out their existing cold water paddling gear and preparation, or just want to learn more about the subject. CPA members only. Registration required. Please contact the event organizer to register and for further details .

**Information about the Instructor/Speaker:** Mario Vittone, Chief Warrant Officer with the United States Coast Guard, is a member of the Chesapeake Paddlers Association. A native of Bowie, Maryland, Mario has been on active duty with the USCG since 1991. In 1994, he graduated from the Helicopter Rescue Swimmer School and served as a rescue swimmer in three tours of duty in North Carolina and Louisiana before becoming an instructor and course developer at the Aviation Technical Training Center. He is stationed in Portsmouth, Virginia. Mario is a leading expert on immersion hypothermia, drowning, sea survival, and safety at sea. In 2007, he was named the Coast Guard Active Duty Enlisted Person of the Year. He lectures extensively and his writing has appeared in numerous magazines, including *Yachting Magazine* and *Reader's Digest*.

Mario Vittone's website includes information of interest to kayakers and all who venture near the water: [www.mariovittone.com](http://www.mariovittone.com).

The above is excerpted from an article by Jenny Plummer-Welker that was published in the August edition of *The Chesapeake Paddler*

## Paddling with Pests

No, not your least favorite paddling partners, but the 5 most wanted invasive species fingered by our own CPA paddler Paul Fofonoff when asked by Tina Tenessen of the Smithsonian National Museum of Natural History's Ocean Portal website.

- **Green Crab (*Carcinus maenas*)** *pictured above*
- **Killer Algae (*Caulerpa taxifolia*)**
- **Sea Walnut (*Mnemiopsis leidyi*)**
- **Veined Rapa Whelk (*Rapana venosa*)** —no relation of either of the *Welkers*
- **Zebra Mussel (*Dreissena polymorpha*)**

Learn more about these hitchhikers and how they got here at the Ocean Portal website (<http://ocean.si.edu/ocean-news/no-passport-required-5-invasive-species-you-should-know>) and what we all can do to stop the spread of invasive species.



**CREDIT:** Filip Nuyttens, *World Register of Marine Species*



## CPA Calendar: Trip Requirements and Ratings

All trips are organized by and for members of the club. When you participate, please remember that trip leaders are “hosts”, not professional guides, but you must be willing to follow their instructions. They are neither necessarily trained in first aid or CPR, nor do they always carry first aid equipment or safety devices for your use. See <http://www.cpakayaker.com/index.php?page=trip-waiver-amp-policies> for requirements and skill levels. **You, and you alone, are responsible for your personal safety.**

10/15	Wye Island Circumnavigation	Paddle around Wye Island on Maryland's Eastern Shore (NOTE: This trip is FULL)
10/26	Pier 7 Crazy Hat Night (Closing)	We all wear silly hats on the closing paddle of the season
10/27	Pirates of Georgetown Halloween Event	Come in costume (your boat too) for the closing event of the season
10/29	EN-4 11' Easter Neck Paddle	Our Super BIG Fabulous Fall Eastern Neck Paddle. This is a great trip and location, what kayaking is all about, so join us for this adventure.
10/29	Halloween paddle at Mallows Bay	Paddle among the ghost ships of Mallows Bay
11/6	CPA Annual Meeting	Come and see paddlers without their skirts <a href="#">(DETAILS P. 1)</a>
11/10-13	Chickahominy River Car Camper	Camp and paddle on the Chickahominy and James Rivers in Virginia
11/20	Cold Water Clinic with Mario Vittone (USCG/ Water Safety Expert)	Classroom discussion followed by water immersion demonstration/experience (optional). Location TBA. CPA members only. Registration required. <a href="#">(see page 8)</a>
12/3	CPA Holiday Party	Aye...ye be invited fer some holiday spirits at the Annual CPA Holiday Party

Check all details online at <http://www.cpakayaker.com/index.php?page=calendar>

### CPA Holiday Party—Save the Date

The traditional CPA holiday party will be held on Saturday, December 3 this year at the home of Laurie Steele and Bob Pullman in Bowie (don't come to my house **AGAIN**—I'll be at the party). Wrap up a special item for the White Elephant gift exchange (nothing of real value, please), share your favorite pot-luck recipe with us all, toss back a few and tell paddling stories with your peers. Look for more info later in the November *Paddler*.



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Burnhams preparing for 100-mile trip

### Paddling the Florida Keys Slide Show and Book Signings

CPA members Bill & Mary Burnham will be appearing at two Northern Virginia REI stores in November.

- Nov 2, 7 pm, REI Bailey's Crossroads
- Nov 3, 7 pm, REI Fairfax

Call them crazy, but they've always thought work should be fun. For 15 years, guide-book authors and kayak guides, Mary and Bill Burnham, have combined the things they love—writing, hiking, paddling and photography. Authors of the *Florida Keys Paddling Atlas* and *Knack Kayaking for Everyone*, these American Canoe Association (ACA) instructors guide winter trips in the Florida Keys and run a kayak shop and tours in each summer on Virginia's Eastern shore.

Paddle with the authors this winter across Caribbean-blue waters by day, camping on islands by night on their fully-outfitted Florida Keys expeditions ranging from easy overnights to the annual 10-day Key Largo to Key West expeditions. The centennial of Henry Flagler's

famous railroad makes 2012 a very special year to paddle beneath the historic bridges. Share their journeys in this multi-media tour! Book-signing to follow. There is no fee, but REI requests attendees sign-up online at [www.rei.com/stores](http://www.rei.com/stores)

The Burnhams are adding an 8-day Wilderness Waterway trip through the Everglades and a 3-day Ten Thousands Islands trip to their itinerary. Online calendar at [www.BurnhamGuides.com](http://www.BurnhamGuides.com) Email [mary@BurnhamGuides.com](mailto:mary@BurnhamGuides.com) for more info.

NOTE: Burnham Guides will again extend CPA members a 10% discount on their Florida Keys expeditions.

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Lake Champlain, photo by Ed Santelmann

## Inside our October 2011 issue:

- Annual Meeting and Paddle Sunday, November 6
- 2012 Candidates and Stump Speeches
- Elderhostel Glen Sutton, Quebec
- Mail-in Ballot
- Holiday Party—December 3rd
- Cold Water Clinic with Mario Vittone (USCG /Water Safety Expert)
- Paddling with Pests
- CPA Calendar for October, November, December

### The Chesapeake Paddler

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REMINDER: Please check your mailing label for your membership expiration date. If you receive the newsletter electronically, you will receive an e-mail reminder prior to your membership expiring. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.