

Chesapeake Paddler



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June 2011

SK203: Trip Leader Training From the Student Perspective

By Catriona Miller



Rick Wiebush demonstrates rescues on dry land *photo by Catriona Miller*

There was a flurry of emails in the weeks before CPA's SK203, Trip leader training. I had kayaking homework, both reading assignments and an oral presentation to prepare. The weather forecast stubbornly remained in the 50's with thunderstorms. More than once the thought occurred to me: Why did I sign up for something that made kayaking work? The reasons were multifold:

- 1) The more I paddle and the more I challenge myself, the greater my respect for the dangers and possibilities becomes, to the extent that when taking friends kayaking for the first time, my mind continuously races with what I'd do if something went wrong even on "safe" reservoirs.
- 2) I have benefitted so much from the generosity of various members of CPA who donate their time at SK102, SK203, the Piracies, on the Forum and on CPA trips, It was time for me to prepare for volunteering my own time.

SK203 had an intimidating schedule which started early Saturday morning. As I stood bleary-eyed by my tent that morning, some kindly CPA members took pity on me and offered me fresh coffee and breakfast. A "classroom" had been set up on an empty campsite with multiple tarps overhead and tables underneath. We all pulled up our camp chairs and jumped in with various instructors weighing in on topics of navigation, tide, currents, charts, vetting potential trip members, preparation, and all the pitfalls that occur in all these topics.

With so many experienced trip leaders present, the discussions often became a round table, with other instructors and students weighing in with their experiences and ideas. Bela Mariassy gave us small craft navigation aids and taught us how to use them. In small groups, we planned out a trip, identifying multiple routes, launch, lunch, and emergency bail out spots in case of weather or other emergencies. We plotted our bearings with respect to the tide and current.

After that, Rick Wiebush led us in a rousing game of Kayak Jeopardy, answering questions about all that we had just learned or already knew. Jay Gitomer, doing her best Vanna White impression in her kayaking finery, presented a nice SUV with a tempest 170 atop it as the contest prize. Bela's group played a cut throat game of jeopardy, winning his SUV and kayak back for him.

In the afternoon, we headed down to the beach to practice rescues. First, Rick Wiebush demonstrated them on the beach for us.

The predicted rain held off, but we had some "rough" water on the Potomac to practice our rescues. Practicing rescues in rough water really illustrated how stable kayaks are when they are rafted up. Dave Kroeger brought a tandem recreational kayak to use, which quickly illustrated the additional difficulties presented by recreational boats, paddling them in wind and rough water, emptying them of water, and doing rescues with them.

After returning to camp and cleaning up, we had a potluck style dinner with tips on how to organize one by Ralph Heimlich. Oral presentations began after dinner, discussing various signaling



Kathy Haduch and Greg Welker demonstrated how to teach a wet exit with Suzanne Farace as the new paddler *photo by Catriona Miller*

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CLASSIFIEDS

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

Advertising Rates:

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size	cost	wide x deep (col)
1/8 page	\$20	2.4" x 3.5" (1)
1/4 page	\$32	4.9" x 4.7" (2)
1/2 page	\$50	7.5" x 4.7" (3)
Full page	\$80	7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.



Paddling the Nanticoke photo by Saki

SCHEDULE FOR 2011 CHESAPEAKE PADDLER

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

Issue	Deadline for Copy
July 2011	June 15, 2011
August 2011	July 15, 2011
September 2011	August 15, 2011

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at news_editor@cpakayaker.com or call at 301-498-0722.

THE CHESAPEAKE PADDLERS ASSOCIATION

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

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MEMBERSHIP: Subscription to the Chesapeake Paddler is included with membership.

NEW: Membership is now \$10, \$18, \$27, \$35, for 1, 2, 3, and 4 years. Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

DEADLINES: Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

The Chesapeake Paddler is published monthly, except Nov-Feb and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor. The download link or file for the electronic version of this newsletter may not be posted or forwarded to non-members without the express consent of the Coordinator or Managing Editor

How Good of a Paddler Would YOU Say YOU Are?

This is a question a lot of us ask ourselves. If we're lucky, we paddle with paddlers who are better than us, which, while sometimes humbling, is a reliable way to get better ourselves. I like having to struggle to keep up because it trains me to be faster, and I like being behind skilled paddlers where I have a good view of how they perform strokes and handle conditions. Paddling with better paddlers gives me a to-do list of what I want to work on to get better myself.

Even when I'm the least skillful paddler in the group, there's usually one thing I can do as well as or maybe even better than the others. And if I were to try to compare any two fairly equal paddlers to determine who was better, there would most likely be one thing that each could do better than the other. Paddling progress is a highly individualized path. And it's not a path that trends steadily upward; last year, I could usually manage a successful balance brace, but this year I'm struggling with that move. On the other hand, this year I'm faster than last year. I've seen the same back-and-forth progress among other paddlers too. I like that about paddling; if it were just a matter of practicing skills and crossing them off a list, it would be kind of boring.

Paddling is about more than just strokes and maneuvers, of course, and that's another thing I like about it. It involves the mind as well as the body; there's navigation, situational awareness, leadership, and knowledge of weather and waves. Not all of those things are necessary for every paddler to know, but for those who want to learn about them, the challenge is there.

Of course, there's really only one way to become a better paddler: spend time on the water. The more time spent on the water, the more natural the skills and more obvious the concepts will become. CPA offers a multitude of ways to spend time afloat, with something to appeal to almost every paddler.

The season is in full swing. We've already put on SK101, SK102, SK203, PaddleClash, and three or four skills clinics, and we still have a full slate of activities coming up. The CPA calendar is busy all the way into October. The number of events is impressive, but the variety of events is even more so.

Weekly pirate paddles are operated out of eight different regions. The pirate paddles are open to all skill levels. This season, four of the piracies are offering free skills clinics on topics such as turning strokes, rescues, balance, and towing. The pirate paddles are a good place to make some friends to join on peer paddles.

We have overnight car camping trips and overnight kayak camping trips. Most of them are in wild areas, and one is in an urban area on the weekend of August 27. Wild or urban, the campers are always a lot of fun.

Most weekends, there are club paddles. These take place in a wide variety of locations and serve a wide variety of tastes. Find one you like and contact the trip leader to see if it's right for you.

We also have paddles series that cater to those who want to develop specialized skills over a period of time. The P-Cubed paddles are for paddlers interested in speed. KIPP paddles are for paddlers who want to do distance.

In August, an incident management event called SURVIVOR! will be held in Baltimore. This event is suitable for paddlers from the advanced novice to the just plain advanced levels.

These events as a whole are the reason that CPA is such a great club, and they're all put on by volunteer members. It's all of us together, working on things that suit our individual interests and finding like-minded paddlers in the process. That's my favorite thing of all about kayaking – the people I meet. I hope to see all of you on the water this season.

Admiral's Walk



Jay Gitomer
Coordinator



Lull in the chaos at PaddleClash 2011 photo by Maywin

SK203 (Continued from page 1)

devices, communication devices, and hand signals up until thunderstorms drowned out the speakers. There was a flurry of activity, getting the food out of the rain and poking puddles of water out of the tarps.

Sunday morning, we went back to our 'classroom', discussing real life experiences from trips, various pitfalls in trip leader training, and the liability issues for the club and the leader when something does go wrong. Appointing a sweep paddler and a co-leader was discussed. When to cancel a trip was discussed. When planning a fun paddle and hoping your CPA friends come with you, it doesn't always occur to you, that as trip leader you and the club are potentially liable if someone gets injured or worse, and that just deepened my admiration for those CPA members that do accept the responsibility.

Sunday afternoon on the water was the most fun part of SK203, and also the most educational. Rick Wiebush demonstrated the various items that trip leaders should carry, going beyond just a first aid kit. One of the best suggestions was to go and buy some x-large warm clothing, hats, gloves, and keep those as dry clothing you can put on a hypothermic paddler. We practiced tows and assisted tows. We learned how quickly a group can fall apart if your group members are sadistic and determined to make your term as group leader as difficult as possible by acting like belligerent or irrational paddlers. We all know such people would never, ever show up at a CPA event (would they?).

I was lucky enough to be one of the first trip leaders for my group, giving the pre-trip briefing, and only having to deal with a few wayward paddlers darting off in other directions, lagging behind, or going off to the side during my reign as trip leader. The trip leaders after me had progressively harder scenarios, people falling out of boats, multiple people becoming sea-sick, belligerent paddlers, and panicked swimmers who dragged their rescuers out of their kayaks. The importance of constantly counting your group, keeping an eye on all the paddlers, being wary of changes in conditions and personalities of your kayakers, and most importantly delegating

authority to other paddlers who you can trust as trip leader assistants became very apparent. Trip leaders should also delegate rescues to other paddlers, because it is very hard to lead a trip when you are wrestling with a panicked swimmer in the water.

At lunch, Brian Blankinship told us about a trip he was on where the group broke up due to high winds and rough conditions and an effort was made to try to call out a rescue (Program the Coast Guard's phone number into your phone book, because 911 will not know what you are talking about when you attempt to give them your location on a river). The obvious emotion, guilt, and sense of responsibility in his voice as he recounted the tale and how he had to choose which of two paddlers to go with in the conditions demonstrated the depth of responsibility our trip leaders face in situations like that. That for me was the take home message from SK203, how much research, work, and effort our trip leaders and instructors put forth in trying to be prepared for all scenarios and to keep their group safe, and it gave me a heightened appreciation for them. I know we will all be much more conscientious as trip leaders after learning from the experiences of our instructors at SK203.



Kathy Haduch and Reggie Reid wrestle after she capsized him when he was attempting to rescue her photo by Catriona Miller



Rafting up photo by Catriona Miller

Catriona's pictures of SK203 are online at

<https://picasaweb.google.com/ImmunoGirl/SK203TripLeaderTraining?authkey=Gv1sRgCIC99KmUjM2uaA#>

Thanks for Coming to Gear Day!

A big thanks to all who participated in Gear Day and Fall-Out-of-Your-Boat Day at Truxton Park on Sunday, June 26. 60 to 70 people attended on what was an absolutely beautiful weather day. Everywhere you looked there were boats (including three skin on frames, a hand-made wood strip boat, an assortment of other kayaks including Epic surfskis, canoes and a stand-up paddle board) and mounds of gear. Jennifer Bine put on an impressive display of the myriad items of gear one might have for kayaking (including contributions of special items from several other people), Bela Mariassy talked about how to read marine charts and navigation, Tom Heneghan had a display on first aid, Ralph Heimlich brought his tree-friendly hammock and demonstrated some knot tying, Rich Stevens (with help of course from Sue) and Jim Zawlocki put on a kayak camping display, Steven Jah-ncke showed people how a skin-on-frame boat is made, Kara Brown and Ralph Heimlich put skid plates on their matching canoes, and Kathy Haduch showed how to properly fit a PFD and gave a demonstration on stand up paddling.

Brian Blankinship and Kristina McCoy and their cadre of very capable assistants (Rob Bowen, Tom Heneghan, Bela Mariassy, Jennifer Bine, Mihail Popov, Jim Allen, Paul Casto, and Chuck Haberlein) helped people with wet exits and rescues on the water. As usual for a CPA event, the potluck lunch was wonderful. Even Dave Isbell, who had to work that day, was moved to paddle over on his lunch hour and join us for a bit. Lots of people lent a hand and participated in a number of different ways at the event and a great time was had by all.

Thank you all very much!

Suzanne Farace

See <https://picasaweb.google.com/ImmunoGirl/CPAGearDayTruxtunPark2011> and

https://picasaweb.google.com/ImmunoGirl/2011_06_26GearDayAtTruxtunParkCPA?authkey=Gv1sRgCNmZpZ3I39TgYw#

for Catriona Miller's pics and

<http://outdoors.webshots.com/slideshow/580398065JSYrUJ> for Photo Yakker's pics [what is his name?]



Gear Day participants on Ego Alley photo by PhotoYakker[who is this?]



Rich loading at Queen Anne photo by Ralph Heimlich

Queen Anne to Solomons Island on the Patuxent

By Ralph Heimlich

I arrived at the Queen Anne Canoe launch about a half hour after dawn on a cool Friday morning. The mist rose off the river and wild turkeys gobbled from the woods across the river. I unloaded my boat and gear and packed the kayak. The CD Caribou is a cargo hauler, and this was only a long weekend, but I was taking lots of stuff for the group (big tarp, cook gear, watermelon!?! and lots of water). Bob Pullman drove up a few minutes after I got loaded and I helped him unload, then we drove out for the shuttle run down to Solomons Island.

Early Friday morning on Route 4 down the spine of Calvert County is busy with traffic, mostly headed off the peninsula to Washington, Baltimore and Northern Virginia. It wasn't always like this. In the 17th century, the Patuxent was the busy thoroughfare, and there were few roads through the thick virgin forests. Hard to believe that the narrow, muddy riverbank we'd just left had been the head of navigation on the river, reachable by ocean-going brigs and ships. As the forests were cut and the fields cultivated, sediment choked the river and the "official" port of entry moved further and

further downstream. Today, we battled traffic to place my truck in the parking lot along the beach in front of the Star of the Sea Church, so we'd be able to get home after the paddle, but we'd find peace on the river.

When Bob and I returned to Queen Anne, the other paddlers were there and loading their boats: Sue Stevens was helping Rich, Suzanne Farace and Mike MacWilliams were getting loaded, and Al Larsen and Tom Heneghan were getting their boats off the cars. Jennifer Bine and Jesse Aronson had called from the Beltway and were stuck in traffic, having left just that little bit too late to beat the

(Continued on page 7)

PaddleClash-WOW!

I had SO much fun! I was driving home and laughing at the things that stuck in my mind.

Friday night: The beauty of the upper Choptank and how strange and interesting the glowsticks looked after dark. The lotuses. The pontoon boaters hallooing at us. The game at the mouth of Watts Creek. The aggressive fish!

Saturday morning T-rescue races - chaos! I love chaos. Playing Dragon's Den: when Glen put his helmet on, we knew we were in trouble -- ominous! When Ed hid amongst the captives and freed us all - sneaky! I like that. When Glen decided that he didn't have to stay put and came out to capture, well, *everybody*. Playing limbo -- when Aht got stuck. When people started opening their PFDs to gain an extra few inches of clearance. When Laura revealed her strategy and we all tried to talk her into trying it. Kayak jousting -- seeing people's game faces. Steve and Sarah play to win! When Rick had 4 people on/in his boat and it turned into a submarine -- Laura looked so calm, I thought she was about whip out her knitting and make a scarf or two.

Dinner. Great! Goes without saying. Rick's Baja presentation - loved the slide titles like 'Isolation'. The beautiful slides, especially the ones of the wall and the desolate village. Sunday paddle - ENWR circumnav with the tides helping us. Sophie just flew in that little boat! Everyone was a pleasure to be with.

I enjoyed the whole weekend so much! Thanks to all of you for being such great sports and good company.

Jay Gitomer

For those who missed PaddleClash and for those of us who were there, Hank McComas' hilarious video captures it well. <http://www.youtube.com/watch?v=BymHU6i2Cw0>

Lisa's pics at <https://www.facebook.com/media/set/?set=a.2166974697947.2134454.1354063519&l=3b8e2ade1e>

And Maywin's pics at <https://picasaweb.google.com/maywin123/PaddleClash2011?authkey=Gv1sRgCNr4gve8mbDk3gE>



Sue hangs on to her "horse" photo by Maywin



INPUT on PUT INS For the Chesapeake Bay and Rivers

Annapolis, MD (05/31/11) - Where do we need kayak launches, boat ramps or fishing piers, places to swim, or scenic spots to bird watch or just look at the water? Your input about where new access is most needed to the Chesapeake Bay and tributary rivers is being sought by the National Park Service (NPS) and local and state governments.

They have been studying the places residents can go to enjoy public access to the Chesapeake Bay and tributary rivers. In 2010, the federal *Strategy for Protecting and Restoring the Chesapeake Bay Watershed* set a goal to provide 300 additional public access sites in the Bay watershed by 2025. The information YOU provide will help NPS and our partners create the "Chesapeake Bay Region Public Access Plan" due in 2012 to support this commitment for new access. Your participation will ensure that NPS accurately identifies the gaps in public access available now and where there are opportunities for new access sites.

NPS developed a web-based tool so you can share your ideas on an [inter-active map](#). The site will be available for use June 21st through July 20th. This online tool will allow the public an easy way to share input with NPS and state agency staff. To see the map and enter your suggestions for public access, point your browser to <http://www.baygateways.net/tools/publicaccess/>.



Mingling at the Francis Scott Key Buoy in Baltimore Harbor photo by Chip Walsh

Queen Anne to Solomons (Continued from page 5)

traffic. I called and redirected them to Selbys Landing, below Jug Bay, so we could get underway without delay.

After Sue took a group picture from the dock, we pushed off in the downstream current through a deep green tunnel of lush vegetation on the narrow river. Bright yellow Prothonotary Warblers flitted across the river in the early morning shadow and woodpeckers drummed in the deep woods bordering the river. Reaching the confluence of the Western Branch at about 10:30 AM, we put in at Mount Calvert for an early lunch and sat at the landing under the venerable mansion. We called Jennifer and Jesse, who had arrived at Selbys Landing, and asked them to paddle up and meet us. A half hour later, they passed the concrete caisson that was the pivot of a swing bridge for the Chesapeake Beach Railway and landed at Mount Calvert to join us.

After lunch, we launched and paddled down past Jug Bay and Jacksons Landing on the last of the ebbing tide, and past Selbys Landing as a squad of young canoeists paddled up river, with one containing 3 boisterous boys capsizing intentionally just to get in the river. We offered them encouragement, and turned right into Mattaponi Creek, reaching the paddle-in campsite at White Oak Landing at about 1:30 after an 11.5 mile paddle down from Queen Anne. White Oak has a football-field sized grassy area for camping, a picnic table, fire ring and porta-potty, and is up on a bluff overlooking Mattaponi Creek. Located on the site of the Native American village John Smith recorded as *Mattapament*, there is as little development in site as when Smith's shallop rowed up.

We'd agreed to an early start to make the most of the ebbing tide, so 5:30 saw us eating a hurried breakfast, breaking camp and packing everything (less the watermelon) back in the boats. By 7 we were on the water, paddling down the creek in swirls of mist rising from the still-warm water. It felt good to be on the water as the rest of the world slept. We took the better part of an hour to traverse the arc of river we'd seen in a glance from the tower the previous night, then paddled down past the remnants of Nottingham, once the official customs port and head of steamboat navigation on the Patuxent. This stretch of the Patuxent is almost completely devoid of development, with a high bluff of resistant rock on the east shore, and Spice Creek leading off the river to the west, and Hall Creek meandering off to the east. We paddled into Swanson Creek and searched the south shore for the Maxwell Hall paddle-in campsite. At about 2 PM, we finally found what we took for the site about halfway down the creek, just opposite the humming power plant. We'd paddled 17 miles, and our average speed over the trip was just under 4 miles an hour, getting a kick of about 1 MPH from the current and tide.

Next morning, we repeated our early departure and were once again on the water by 7 AM. This morning was overcast and spitting just a tad bit of rain, but we packed up nearly dry and loaded the boats in the restricted landing, rounding Teague Point and heading under the Rt. 231 bridge by Benedict. The wind was out of the southeast, and the fetch across the broad Patuxent here, a true estuary, was in our face, so we crossed to the Calvert County shore at Sheridan Point to get as much lee as possible. We squeaked through a narrow cut at Jack Bay Marsh, at the mouth of Battle Creek, and coasted down the shore to weather the western end of Broomes Island. Broomes is the site of former waterman and Maryland delegate Bernie Fowler's annual wade-in, where uses his white tennis shoes to measure the Patuxent's clarity (see http://www.chesapeakebay.net/news_bernies2008.aspx?menuitem=28417). We took a short break before paddling the last stretch to Jefferson Patterson Park for lunch.

We paddled down the center of the broad river, with power boats traveling the channels on either side of us as we approached the long, narrow finger of Point Patience beckoning like Ahab as the river narrowed and deepened. The water off Point Patience is charted as deep as 122 feet, and the point is such an acute angle that you can have one end of your paddle in the sand and the other only feet from massive cabin cruisers as your paddle around it. Finally, we coasted up to the white sandy beach and landed in the gentle surf. Laurie Steele and Mike's brother arrived, and with the three vehicles, we shuttled all the boats, gear and bodies back to their respective launches, using the busy paved highways, and turning our backs reluctantly on the quiet, peaceful liquid highway we had traveled nearly 55 miles on over the last three days.



The Pax: A true estuary photo by Greg Welker

Pictures of the trip are online at:

<https://picasaweb.google.com/lh/sredir?uname=aronsonj&target=ALBUM&id=5615302747636814753&authkey=Gv1sRgCLbGiInW7JyBTA&feat=email>

<http://www.flickr.com/photos/gdwelker/sets/72157626903314702/>

<https://picasaweb.google.com/lh/sredir?uname=MichaelMacWilliams&target=ALBUM&id=5615091842203909121&authkey=Gv1sRgCPn7IPv5oYzodA&feat=email>

<https://picasaweb.google.com/ralph.heimlich/PaxRiverKamper2011#>

If you want to do some paddle-in camping on the Pax, I suggest you see my article on the Patuxent Water Trail in the May 2011 issue of Atlantic Coastal Kayaker at <http://www.atlanticcoastalkayaker.com/issues/issues.htm> and get a copy of the wonderful map created by CPA member Dave Linthicum (<http://shopdnr.com/patuxentriverwatertrailguide.aspx>)

You can reserve any of the campsites in Prince George's County (Queen Anne Canoe Launch, Iron Pot, Selbys Landing, White Oak Landing, Spice Creek, Milltown Landing) from the Jug Bay office at http://www.pgparcs.com/Things_To_Do/Nature/Patuxent_River_Park.htm, the Maxwell Hall campsite from Charles County at 301-932-3470, Indian Creek from MD DNR at 301-743-5161, and Greenwell State Park at 301-872-5688.

CPA Trip Policies

CPA Trips are organized by members of the club for members of the club. When you participate in them, please remember a few things: Trip leaders are “hosts”, not professional guides. They are not necessarily trained in first aid nor CPR, and do not always carry first aid equipment nor safety devices for your use. **You, and you alone**, are responsible for your personal safety.

Trip leaders will pre-screen all participants for skills, equipment, and willingness to abide by club rules and policies. If you wish to join a trip, please contact the leader in advance. While on the water, all paddlers must wear PFDs, spray skirts, and clothes appropriate to the water temperature. Boats must have watertight bulkheads or flotation to prevent the kayak from swamping when capsized. All paddlers must have, and know how to use, a pump and paddle float. On the day of the trip, leaders may refuse to admit participants for non-compliance with any of these, so if you are not sure, discuss it with the leader in advance!

All paddlers must sign a CPA [waiver of liability](#). For the safety of the group as a whole, trip participants must agree to abide by club policies and rules and to follow instructions of the trip leader.

Trip Ratings

First Timers: for those who have never paddled before.

Beginners: for those who have paddled some, taken classes, or been on short (up to 4-mile) trips and are able to do a wet exit and paddle float re-entry.

Advanced Beginners: for those who have been on longer trips (up to 10 miles, full day outings), have some experience with varying conditions such as winds, and waves, and have good rescue and group-paddling skills.

Intermediate Paddlers: for those who are comfortable on longer trips (more than 10 miles), can maintain a steady pace for extended periods, are comfortable with open water crossings of 2+ miles, can handle a variety of water conditions, and have strong self- and group-rescue skills.

Minimum Required Safety Equipment for CPA Trips

The minimum safety gear for participating in a club trip are (beyond a kayak and paddle) as follows:

- ◆ personal flotation device (PFD) and sound producing device, such as whistle (USCG requirements). PFD must be properly worn.
- ◆ paddle float
- ◆ bilge pump (except sit-on-tops)
- ◆ spray skirt on boats designed to accommodate them- must be worn
- ◆ water tight bulkheads or flotation bags (to facilitate rescues)
- ◆ light that can be shown to prevent a collision (USCG requirement, night paddle only)

CPA Policy Regarding Trip Waivers

It is CPA's policy to require that all participants in CPA sponsored trips and events sign legal release forms before setting out on the water. Trip leaders and “event organizers” are responsible for obtaining blank release forms, for securing signatures from participants, and for returning the signed forms to the Coordinator for safekeeping. A fresh signature must be obtained for each separate trip or event. The legal release absolves all participating CPA members from legal liability for the injury or death of a fellow participant, and allows us to continue to organize and participate in group activities without undue fear of incurring personal legal liability.

Start paddling sooner! Print out and sign this [Waiver of Liability](#) form and bring it with you to the launch location.



Bethel Bed & Breakfast

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Chesapeake Paddlers Association Calendar

Date	Title	Summary
7/5	PoB Skills Clinic #2: Rescues	Third in a series of four free clinics offered by Pirates of Baltimore
7/8-7/10	Smallwood State Park Camper	Camp and paddle on the Potomac River near Mallows Bay and Indian Head
7/9	Kent Island Paddle 6 2011 (KIP-6 11')	This is the fourth event of the season. It is not for everyone. The Kent Island Paddle is not meant for just a distance paddle but for paddlers who want to build their skills and knowledge of paddling. It is there for something to be achieved,
7/10	Nanjemoy Creek Paddle from Friendship Landing	Paddle up the creek with a paddle
7/15-7/17	Potomac Full Moon Night Paddle	Paddle and camp under Summer full moon (Greater Baltimore Canoe Club)
7/16	Beginner Paddle on Occoquan Reservoir	Excellent first timer paddle. Boats available for rent, flat water, beautiful scenery
7/16	Royal Oak and Miles River	Day paddle near St Michaels
7/17	San Domingo Creek in St Michaels	Day paddle on San Domingo Creek from the hidden park on the south side of St Michaels
8/7	Purple Swim Baltimore 2011 swim support	Kayak support for the Purple Swim Baltimore 2011 (In memory of Bud Beatty)
8/9	PoB Skills Clinic #2: Towing	Fourth in a series of four free clinics offered by Pirates of Baltimore
8/13	Kent Island Paddle 6 2011 (KIP-6 11')	This is the fifth event of the season. It is not for everyone. The Kent Island Paddle is not meant for just a distance paddle but for paddlers who want to build their skills and knowledge of paddling. It is there for something to be achieved,
8/13	American Lotus Blossoms on Mattawoman Creek	Paddle among the blooms in Lotusland
8/20	SURVIVOR II ! Hart-Miller Island	A day of incident management scenarios designed for you to explore your skills and ingenuity.
8/21	Iron Girl Columbia Triathlon swim support	Kayak support for the Iron Girl Columbia Triathlon
8/27-28	Blue Ribbon Baltimore	Freighters, Foundries, Forts, and Fermentation
8/28	Upper Chester River Paddle	Launch and paddle the upper Chester
9/3-10	Loons of the Adirondack 2011	This is the 8th year in the Adirondacks: multi-level day group trips to paddle many of the nearby ADK lakes & cabining on Blue Mt Lake, NY
9/10	Kent Island Paddle 6 2011 (KIP-6 11')	This is the sixth event of the season. It is not for everyone. The Kent Island Paddle is not meant for just a distance paddle but for paddlers who want to build their skills and knowledge of paddling. It is there for something to be achieved,
9/10	Wye Island Race	The 19th Annual Wye Island Regatta & The 2nd Annual Kayak Challenge
9/11	Nation's Triathlon swim support	Kayak support for the Nation's Triathlon
9/23-25	Savage River Reservoir Camper	Car Camp and paddle on a mountain reservoir
9/24	Kent Island Paddle 6 2011 (KIP-6 11') Final	This is the final event of the training season. It will either be 9/24 or 10/1 depending on conditions.
10/1	Kent Island Paddle 6 2011 (KIP-6 11') Final	This is the final event of the training season. It will either be 9/24 or 10/1 depending on conditions.
10/1-2	Ghost Fleet at Mallows Bay Car Camper	Camp and paddle to see derelict ships (Baltimore Canoe Club)
10/15	Wye Island Circumnavigation	Paddle around Wye Island on Maryland's Eastern Shore
10/26	Pier 7 Crazy Hat Night (Closing)	We all wear silly hats on the closing paddle of the season
10/27	Pirates of Georgetown Halloween Event	Come in costume (your boat too) for the closing event of the season
10/30	Halloween paddle at Mallows Bay	Paddle among the ghost ships of Mallows Bay
11/6	CPA Annual Meeting	Come and see paddlers without their skirts
11/10-13	Chickahominy River Car Camper	Camp and paddle on the Chickahominy and James Rivers in Virginia
12/3	CPA Holiday Party	Aye...ye be invited fer some holiday spirits at the Annual CPA Holiday Party

Remember to check details, trip leader/organizer and contact info at the CPA Web Page

<http://www.cpakayaker.com/>

and the calendar at <http://www.cpakayaker.com/index.php?page=calendar> for upcoming CPA events.





Trap Pond Paddlers, Trap Pond, DE *photo by Saki*

Inside our June 2011 issue:

- SK203: Trip Leader Training From the Student Perspective
- How Good of a Paddler Would YOU Say YOU Are?
- PaddleClash 2011, WOW!
- NPS Seeks In put on Put ins
- Queen Anne to Solomons Island on the Patuxent
- CPA Calendar for July-December

The Chesapeake Paddler

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REMINDER: Please check your mailing label for your membership expiration date. if you receive the newsletter electronically, you will receive an e-mail reminder prior to your membership expiring. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.