

Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Inc. Volume 21, Issue 1

February 2011

An Assateague Island Kayak Camping Trip

By Paul Fofonoff



Joy of Launching at Chincoteague photo by Paul Fofonoff

My friend Joy and I have long been fascinated by Assateague Island, and by the possibilities of kayak camping—exploring new places with the beauty of water, not to mention less strain on one's back and knees than backpacking. She persuaded me to attempt a trip from the town of Chincoteague, VA, to Pope's Bay, the nearest kayak campsite in the National Seashore, north of the MD-VA border, on the weekend before Thanksgiving. We stopped at the Visitors Center in Tom's Cove to get our permits, We took our boats to Memorial Park, Chincoteague, donned our wetsuits, and then loaded and launched.

We slid our boats into the cool water and paddled out of narrow Oyster Bay into the wider waters of Chincoteague Bay. We stopped for lunch near abandoned houses on Ragged Point, but we saw apparently well-maintained cabins on outlying islands.

As we proceeded, we faced the challenges of navigation along a low-lying marshy island with no definite landmarks, and lots of blind inlets. We were hoping to see a chain of buoys across the Bay, near the channel leading to Popes Bay. Possi-

bly, we didn't go far enough to see them, perhaps they were removed for the winter. We had an argument (still unsettled) as to whether it was better to stick to the open bay, and look for signs (reportedly few and scattered), pointing to the campsite, located far up an inlet) or to explore the inlets. The signs are set up for people paddling from the north, while we were coming from the south, so it's not surprising that we didn't see any. We explored several inlets, only to find them blind or too shallow. Eventually, as the sun neared the horizon, we pulled up to an abandoned house, and unloaded our gear. We were hoping for a lawn, but dense brush surrounded the house, and we wound up camping on a patch of saltgrass above the high-tide line. I based that on knowing that the



Paul on Assateague photo by Joy

surrounding bushes and trees (Myrica gale, southern Wax-Myrtle, oaks and Loblolly Pines) don't tolerate regular flooding by seawater. Nonetheless, we moved our boats to the highest ground that we could find. The night was cold, and the ground was damp, and we huddled deep in our sleeping bags, and wore all our warm clothes at breakfast. Our campsite looks messy, because we were hanging our damp clothes, but we packed everything before we left.



Our commando campsite photo by Paul Fofonoff

When we first got out of our boats, we wondered where all the horse-poop had come from and then remembered where we were. As we launched, two ponies came out to watch. Our paddle back to Chincoteague was surprisingly fast, but

(Continued on page 4)

CLASSIFIEDS

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

Advertising Rates:

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size	cost	wide x deep (col)
1/8 page	\$20	2.4" x 3.5" (1)
1/4 page	\$32	4.9" x 4.7" (2)
1/2 page	\$50	7.5" x 4.7" (3)
Full page	\$80	7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.



from A Sandy Point Invite, photo by Kevin Lawrence (an entry in the calendar contest)

SCHEDULE FOR 2011 CHESAPEAKE PADDLER

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

Issue	Deadline for Copy
March 2011	February 15, 2011
April 2010	March 15, 2010
May 2010	April 15, 2010 (TAX DAY)

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at news_editor@cpakayaker.com or call at 301-498-0722.

THE CHESAPEAKE PADDLERS ASSOCIATION

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

Officers:

Coordinator—Jay Gitomer, 410-687-6878, coordinator@cpakayaker.com

Membership, subscriptions—Sue Stevens, 410-531-5641, c/o CPA, PO Box 341

Greenbelt, MD 20768, membership@cpakayaker.com

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Pirate Captain, 410-535-2348/301-249-4895, pirates_patuxent@cpakayaker.com;

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Sugarloaf Pirate King—James Higgins, 301-460-8022, pirates_sugarloaf@cpakayaker.com

Pirate Kings of the North—Bob Shakeshaft, 410-939-0269, and Mike Free, 484-889-2214, pirates_north@cpakayaker.com

MEMBERSHIP: Subscription to the Chesapeake Paddler is included with membership.

NEW: Membership is now \$10, \$18, \$27, \$35, for 1, 2, 3, and 4 years. Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

DEADLINES: Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

The Chesapeake Paddler is published monthly, except Nov-Feb and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor. The download link or file for the electronic version of this newsletter may not be posted or forwarded to non-members without the express consent of the Coordinator or Managing Editor

What Does CPA Find to Do in February?

Some members of the Chesapeake Paddlers Association may wonder why we bother with an issue of *The Chesapeake Paddler* in February, when most of the watery world is locked up in snow and ice. Why aren't you guys out skiing?

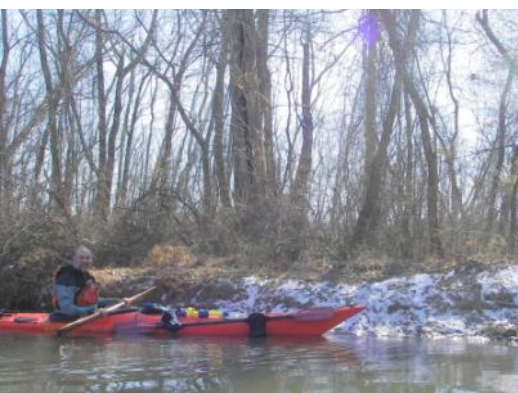
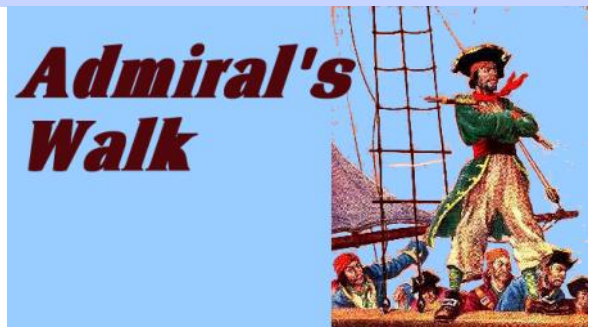
The truth is, there is a lot of activity by CPA officers, volunteers and members over the Winter months.

- A change in policy by our longstanding pool practice provider (Fairland Pool) pushed our new Coordinator Jay and other volunteers to contact and investigate a variety of alternatives and to cut a deal with Big Vanilla Pool to make up pool practice sessions.
- Chair Suzanne Farace and a bevy of volunteer instructors, publicists, and promoters are hard at work planning and publicizing the upcoming classroom course for new sea kayakers, SK101: An Introduction to Sea Kayaking (see page 5).
- Long-time CPA activist Brian Blankinship has been busy organizing and lining up instructors for the 13th Annual on-water skills course at Lake Anna, SK102 (see pages 7-8).
- Brian is simultaneously organizing another edition of the hands-on CPA Trip Leader Training course (see page 6).
- Brian, and Rich and Sue Stevens will be hosting the Virginia and Maryland Trip Planning meetings (see page 6) and a whole cadre of dedicated CPA trip leaders are plotting, planning, and pining for warmer temps and pleasant breezes so they can lead another round of CPA trips.
- The mundane, day-to-day business (membership renewals, bills to be paid, newsletters to produce and distribute, etc.) of the Steering Committee, Membership Secretary and Treasurer, all volunteers, grinds on in winter and summer alike.
- More actively, dozens of members take advantage of the pool sessions to sharpen and improve their skills under forgiving conditions.
- If you check the Forums, you will see that a generous handful of hardy paddlers venture forth (properly equipped for cold water paddling conditions, of course) and paddle in every one of the Winter months (see below for a personal example).

So, to paraphrase JFK—Ask not what your CPA does in February, ask yourself why YOU'RE not doing something?

Ralph Heimlich

Editor, *The Chesapeake Paddler*



Swimming the Pax in February

By Ralph Heimlich

Jon Kirschner and I launched at Jackson's Landing (Jug Bay) at 10:15 on a warming, sunny day with a good stiff breeze out of the NW. A little ice inshore at the landing, and out in the shallows of Jug Bay, but no impediment to navigation. We paddled upriver past a friendly fisherman who had asked us at the launch where we were headed and said he would keep an eye out for us in case we had any problems (Nice people everywhere you go). Took a few photos of Mount Calvert on it's ridge above the river, and turned into Western Branch. We'd been running with the last of the tide, but the current coming down Western Branch was noticeable. No ice, but patches of snow on the northern-facing banks. Lots of birds moving around, including a couple of red-tailed hawks, lots of gulls, a smattering of ducks, a lone Great blue heron, and lots of woodpeckers and jays in the woods, and belted Kingfisher up the creek.

Passed Iron Pot Landing paddle-in campsite and continued on up past the treatment plant. The number of blow downs increased, some almost blocking the channel. We finally started to see some ice in the side tributaries coming in, but it was the limbo log that did me in. Tried to bend forward and sneak under (for another 20 yards or so of upstream progress), but I could feel the boat being pushed down, then bobbing to the side---KERPLUNK! Not much ability to brace or roll when your head's stuck under a log, so out I came into the icy creek. Dry suits do have their uses and I managed to keep my head out of the drink as I went in, so my hat stayed pretty dry. Jonathan came up and I flipped my boat and lunged over it to his and popped into the cockpit butt up and rolled upright. No harm done, but when will I learn to resist the limbo logs?

We paddled back down Western Branch and pulled out at Iron Pot for a quick lunch and some hot tea (thanks Jonathan!). Back in the boats and down stream with the outgoing tide for a quick trip back to Jackson's Landing. A very nice paddle, despite the February swim. My pics at <https://picasaweb.google.com/ralph.heimlich/PaxFeb2011#> and Jonathan's at https://picasaweb.google.com/109352800365116199577/PaxRiverPaddle021211?authkey=Gv1sRgCIClm_z96azd5AE#

Assateague Kayak Camper (Continued from page 1)

What ARE those folks doing?
photo by Paul Fofonoff

this time, we knew the way. We started around 8:30 and reached the launch site and our cars around noon. On the way back, we noticed a variety of birds, including Oystercatchers, Black-bellied Plovers (in their all-gray winter plumage), and large flocks of Brant, a small seagrass-eating goose. We unloaded the boats and loaded them onto the cars, and then enjoyed a lunch at a local café. This was a wonderful adventure, but also a learning experience. We probably won't attempt a trip like this again so late in the year—the water was a little cold for dealing with capsizing, and prolonged swimming or wading and the short days limited our exploration. GPS would help, but both of us are low-tech, and haven't adopted the gadgets yet. We'll try to avoid another unofficial campsite- we want a legal site with dry ground, picnic tables, and toilets. But we're thinking of another kayak-camping trip at Assateague in spring before the mosquitoes get started.

Editor's Note: Check out the backcountry regulations for Assateague National Seashore before you go online at <http://www.nps.gov/asis/planyourvisit/backcountry-camping.htm> Backcountry camping without a permit is prohibited. A \$5 fee per backcountry permit and a \$15 7-day entrance fee per vehicle is required. Fees are paid and permits may be obtained in either district of Assateague Island National Seashore: at the Ranger Station in Maryland or the Toms Cove Visitor Center in Virginia. Please note that the Toms Cove Visitor Center is **closed** Tuesdays through Thursdays from December through February. Due to sudden and severe changes in weather, advance reservations are not accepted. Permits are issued on a first-come, first-served basis on the day of departure. A map with the GPS coordinates of each campsite is available at <http://www.nps.gov/asis/planyourvisit/upload/backcountrymap2008.pdf>

Remember to check the CPA Web Page at

<http://www.cpakayaker.com/>

and the calendar at <http://www.cpakayaker.com/index.php?page=calendar>

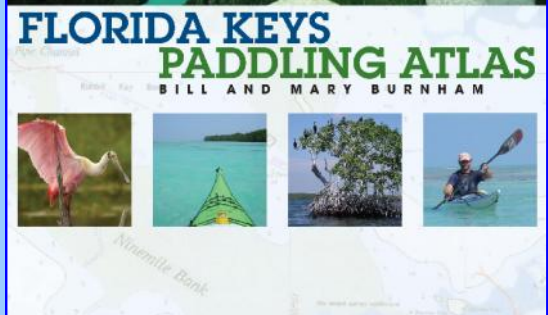
for upcoming CPA events.

BURNHAM GUIDES

Travel Writers - Outdoor Guides

Paddle with CPA members and authors of the "Florida Keys Paddling Atlas."

Escape the cold! we still have openings this winter for Lower Keys Backcountry trips February through early April. CPA members receive a 10% discount!



Visit www.BurnhamGuides.com or call 305-240-0650



SK101: An Introduction to Sea Kayaking

By Jenny Plummer-Welker

The Chesapeake Paddlers Association will sponsor SK 101-Introduction to Sea Kayaking, a one-day seminar on sea kayaking. The seminar will take place on Saturday, March 26, 2011, at the West River Center, West River, Maryland. Presentations will include types of kayaks, paddles, safety equipment, and gear; where to paddle; and other topics of interest. There will be kayaks and gear on display, and knowledgeable people will be available to discuss different aspects of kayaking. This event is primarily for the new paddler or those interested in getting into the sport; however, everyone is invited to expand their paddling horizons. Cost is \$25/person. Registration includes a light breakfast and lunch. Registration is required. The event runs 8:30 AM to 3:30 PM.

Jay Gitomer, coordinator of the CPA, stated, "Kayaking is one of the fastest growing sports in the United States

today, and one of the missions of the CPA is to educate the public about kayaking in a safe manner. Sea Kayaking 101 is a great opportunity for new paddlers to learn about the sport by meeting and listening to others talk about their experiences. Those who attend Sea Kayaking 101 will gain a hands-on understanding of essential gear, get indispensable advice from experienced kayakers, and see demonstrations of techniques."

More information and the registration form are available on the web at <http://www.cpakayaker.com/uploads/resources/SK101Flyer2011.pdf>, at many local outfitters, and from CPASK101@aol.com. Space is limited and available on a first come, first serve basis. Registrations must be received by March 15, 2011. Registrations received after the workshop is full will be placed on a waiting list.

The mission of the Chesapeake Paddlers Association, Inc. is to promote safe sea kayaking and safe paddling practices through the education of the local sea kayaking community and the interested public. Club activities consistent with this mission may include, but are not limited to, instructional kayak trips, instructional kayak camping trips, instructional workshops, and any other activities consistent with the mission that members of the club wish to organize. The club sponsors a website, newsletter, and on-line forums. The Chesapeake Paddlers Association has over 600 members and is a completely volunteer-run non-profit organization. More information is available at www.cpakayaker.com.

CPA 2011 Virtual Photo Calendar Available

The 2011 CPA Virtual Calendar is now available online at http://www.cpakayaker.com/uploads/online_newsletters/cpa2010n171/CPA%20Virtual%20Calendar%202011.pdf

You can download the .pdf file and print it yourself, or take the file on a thumb drive to Staples, Kinkos, etc. and have them print and bind a nice one on good stock. The file is laid out to print back to back (i.e., the photo for month x is on the back of the page for month x-1).

The full results for all 133 photos can be viewed at <http://picasaweb.google.com/ralph.heimlich/> Look for the individual month folders.

Chesapeake Paddlers Association



Virtual Calendar 2011



Copyright Lake photo by Kathy Kachek

CPA Trip Leader Training

By Brian Blankinship

CPA is an all-volunteer organization, so we depend on our membership for leadership. If you have participated in CPA events and been on CPA trips over the past few years, consider stepping up to lead a trip yourself this year. Come to the Planning meeting (one in VA, one in MD, see below), and attend Trip Leader Training.

Trip Leader Training will take place on May 14-15, 2011, most likely in the Annapolis Area. Attendance both days will be required for successful completion of the training. We are not prepared to take registrations as this point. We will post something on the forums when we are ready.



Trip Leader Training photo by Don Monday

If you are interested in attending the Trip Leader training, start preparing now by reading the book *Sea Kayaker Deep Trouble* by Matt Brose and George Gronseth, ISBN:0-07-008499-8. If you want to be a trip leader, you should own a copy of this book. There is at least one copy in the CPA library, and I have two, so I'm willing to loan out the unsigned one.

Y'All Come to CPA's Virginia and Maryland Planning Meetings

The Virginia trip planning meeting and open house will take place at Brian Blankinship's house in Woodbridge, VA, on Saturday, February 26, 2011. The meeting starts at 11:00 AM and ends at 12:30 when the Open House begins. Lunch will be provided. This is a great opportunity to meet other local paddlers and add your trips to CPA's calendar. Please RSVP to Brian AT [BayKayaking DOT com](http://BayKayaking.DOT.com).

Address: **11777 Cotton Mill Drive
Woodbridge, VA 22192**

Directions from I-95
Take the VA-123 N exit, EXIT 160, toward OCCOQUAN/LAKE RIDGE.
Turn SLIGHT RIGHT onto GORDON BLVD/VA-123 N.
Turn LEFT onto VA-641 West OLD BRIDGE RD.
Turn RIGHT onto ANTIETAM RD.
Turn RIGHT onto COTTON MILL DR.
11777 COTTON MILL DR is directly ahead at the end of the court.

If you miss this one, there is a **Maryland Planning Meeting**, Saturday, March 5 at Noon. The Steering Committee is meeting at 11 AM—and all are welcome to come early to participate! The Trip Planning session and Open House for Maryland area paddlers is set for noon. Please plan to come – and sue would appreciate if you would please RSVP: susiegreenthumb@verizon.net or call if you need directions : 410-531-5641. A light lunch of soup and nibbles is being provided—please consider contributing additional items, bread, appetizer or dessert. The meeting is hosted by Rich and Sue Stevens.

Address: **3893 Jumpers Hill Lane
Ellicott City, MD**

Directions : from I-95 –
Exit onto MD 32 west
Exit at MD 108 east (Clarksville)
Go about 1 mile – turn left onto Sheppard Lane
At roundabout – go ¾ around on to Folly Quarter Road
Go about ½ mile – past Franciscan Friars - and tall row of pines
Turn right on Jumpers Hill Lane
Go to the road end – you are welcome to park on the shoulder





CPA On-Water Kayak Skills Workshop Coming in April

By Brian Blankinship

This year the skills clinic will be held April 29-May1 at the same Lake Anna location as the old event. The registration form is on the back of this page, and should be returned as soon as possible. Here is the schedule:

Saturday Morning Session: 9:00-12:00

BLOCK 1: Kayak Design, Wet Exit, Basic Strokes—If you are new to paddling and/or have not had kayaking lessons

- Discover features separating various kayak designs and their value to you
- Wet Exiting is the most critical kayak skill for safety—a requirement for attending CPA trips
- The proper basic strokes will make your paddling much more fun and efficient.

BLOCK 2: Stroke Improvement, Intermediate Strokes, Bracing—For those who have been paddling for a year or more and are proficient in basic strokes.

- Improve your basic strokes to increase your efficiency and form
- Learn intermediate strokes such as hanging draw, draw on the move, bow rudder
- High and low bracing not only keep you upright but are the foundation of several kayak rolls

BLOCK 3: Self Rescues, Group Rescues, Towing—Be able to get yourself and others back into a kayak in deep water. A required safety skill.

- Become a self sufficient paddler, able to recover from wet exits
- Be able to rescue another kayaker who had to exit. Several methods are demonstrated
- Learn types of tow systems, methods and how to use them

BLOCK 4: Greenland Style Paddling—What is that thin paddle anyway?

- Advantages of Greenland style paddling
- Design of the Greenland paddle
- Proper Greenland style strokes

BLOCK 5: Wing Paddle Technique—What is a Wing paddle, and what is it for?

- Design and advantages of the Wing
- Proper Wing paddle technique
- Additional Performance Paddling tips

Saturday Afternoon Session: 1:00-3:30

BLOCK A: Stroke Improvement, Intermediate Strokes, Bracing—For those who have been paddling for a year or more and are proficient in basic strokes.

- Improve your basic strokes to increase your efficiency and form
- Learn intermediate strokes such as hanging draw, draw on the move, bow rudder
- High and low bracing not only keep you upright but are the foundation of several kayak rolls

BLOCK B: Self Rescues, Group Rescues—If you took Block 1, this is the best follow up course for new paddlers.

- Become a self sufficient paddler, able to recover from wet exits, learn importance of floatation
- Be able to rescue another kayaker who had to exit. Several methods are demonstrated.

BLOCK C: Advanced Rescues—For those proficient in self and group rescues, take it to the next level

- How to rescue a boat without floatation that "sank"
- Techniques to rescue an injured paddler

BLOCK D: Rolling—For more advanced paddlers who have strong bracing skills. Access to Rolling class is restricted

- The best form of rescue is to never exit the boat
- Classes are 1:1 to 1:3 instructor to student ratio

SK102 is an extremely popular event and always fills up quickly. Those attending SK101 -- An Introduction to Sea Kayaking, however, get priority registration for SK102. All that you need to do is be a member of the club, and send in your fee with the special registration form (provided at SK101) postmarked by no later than April 2, 2011. Membership sign-up will be available at SK101. Yet another good reason to sign up for SK101 on March 26th at the West River Center!

THE THIRTEENTH ANNUAL CPA SKILLS CLINIC, APRIL 29 – MAY 1, 2011

This is a Chesapeake Paddlers Association "members only" event.

Where: Lake Anna is 2 hours south of Washington DC, between Fredericksburg and Richmond, VA, just west of I-95. The lake is a cooling pond for a nuclear power station so the water is not only very clear—it is heated! The location is private property, where you are welcome to set up your own tent. There are motels nearby for non-campers. Details and directions will be emailed, and are posted on www.cpakayaker.com/forums under Events.



Cost: \$35, which covers the cost of the porta-potties, handouts, insurance provided by the American Canoe Association (ACA), and dinner on Saturday night. You will be responsible for all your other meals. You provide your own boat, spray skirt, and PFD. CPA volunteers conduct the free skills clinic. This is not certified instruction.

For questions or to volunteer: Email: Skills@BayKayaking.com.

Registration will be limited and will fill up quickly. See instructions at the bottom of the form. You will be notified by email of acceptance/non-acceptance. For those turned away, checks will be destroyed.

ALL MUST BE PRE-REGISTERED: NO NON-REGISTERED GUESTS OR WALK-INS allowed on the grounds.

SK102 REGISTRATION FORM

Name(s): _____

Email Address: _____

Address: _____

Phone(s): _____

Note: Children 12 and older are accepted, but must take classes with their parent/guardian

If a participant is 12-18 years old, please check here []

Were you turned away from SK102 last year for lack of space? Yes / No

Did you attend SK102 last year? Yes / No

Would you like to be included in the event directory? Yes / No

If you are an ACA member, the fee is discounted to \$30. ACA Membership # _____

If you prefer a vegetarian option for dinner, please check here []

SELECT ONE MORNING AND ONE AFTERNOON BLOCK (check the appropriate boxes)

For course descriptions, go to www.cpakayaker.com/forums under Events, SK102 2011

Morning Session: 9:00-12:00 Saturday

- BLOCK 1: Kayak Design, Wet Exit, Basic Strokes
- BLOCK 2: Stroke Improvement, Intermediate Strokes, Bracing
- BLOCK 3: Self Rescues, Group Rescues, Towing
- BLOCK 4: Greenland Style Paddling
- BLOCK 5: Wing Paddle Technique

Afternoon Session: 1:00-3:00 Saturday

- BLOCK A: Stroke Improvement, Intermediate Strokes, Bracing
- BLOCK B: Self Rescues, Group Rescues
- BLOCK C: Advanced Rescues
- BLOCK D: Rolling

Sunday Morning Sessions do not require registration, and will be announced by email and on the web page.

To register: Send this form along with your \$35 (\$30 for American Canoe Association members) check payable to "CPA" to: Jeff Thompson, 341 Cedar Trail, Crownsville, MD 21032. Confirmation emails will come from SK102reg@gmail.com.

Greenland in Italy

By Francesco Petralia

I'm happy to inform you about the Skin-On-Frame Greenland kayak building Workshop in Sicily, under the tutelage of Turner Wilson & Cheri Perry (www.kayakways.net). It is for a small number of participants and starts March 25th so, if you are interested in it, have a look at the attached notice and write for more information!

Spring Black/Moose River Paddling Festival

My name is Marty Murphy I am kayaker from upstate NY. We are going to have a festival to benefit a friend of all of us here at the edge of the Adirondacks in the spring. We have a **guaranteed release** on the Bottom Moose class V and on the Black River Gorge class III - IV. The Black river abounds with beautiful flat water sections, not to mention the Adirondacks Park. **We encourage flat water people to come as well.**

Seventeen years ago some friends of mine and I worked our way down the Hawkinsville section of the Black River in upstate New York. It was a cold fall day and as the leaves hit the water a chill ran down my spine, although it could have been the water, cold as always. I had been kayaking for a couple of years and I knew this would be a good run for the newbies we had with us. I just did not know it was going to be so cold. As we arrived at the take out some were battered and bruised and all of us were cold. Ice lined the shore, I was happy to be done for the day. At the top of the bank stood a man, he said his name was Ward Daily then he pointed over his shoulder. You should come over to the house and get dressed; there is hot water ready for hot coco and coffee. He explained that he was an avid whitewater kayaker as well and that it was nice to see people on the water.

Later that same year we found ourselves on the Lower Moose with Ward. He calmly pointed out a number of lines and with the patience of a saint answered all questions that new kayakers ask. That was a long time ago, and I am proud to call Ward my friend still. Over the years Ward has run pool practices, become a certified kayak instructor and taken kids to nationals for slalom. Ward is even in the kayaking hall of fame in New York State. He works with Adirondack River Outfitters as a raft guide and safety kayaker on the Black River in Watertown, NY. Ward has become a fixture here in upstate NY and freely offers his time to those in need.

The summer of 2010 Ward and I had breakfast before going to work at ARO Rafting. He calmly stated that he had sold all of his kayaks; and ARO had asked him to safety kayak for a large trip they had coming up. Could he borrow one of mine? I sat speechless for a moment... "Well yes. Why on earth did you sell your kayaks?"

May 13, 14, 15 in Lyons Falls NY at Fireman's Field

Whitewater and flat water

Moose River releasing Saturday and Sunday/Black River will be releasing Friday, Saturday and Sunday

Flat water everywhere—kayaks and canoes welcome.

\$10.00 for each car to camp for the **whole weekend**. \$10.00 donation **recommended** per person for the Dailey Family.

Saturday there will be a Band and Silent Auction along with bonfire. Saturday and Sunday morning Breakfast will be available in the camp ground.

Bathrooms are available in the camp ground.

Donations may be sent to

Lyons Falls Alive in care of the Dailey Family / Gabriel

Po Box 702 Lyons Falls NY 13368

SKIN ON FRAME
building workshop

Learn how to build your own Skin-On-Frame kayak
and bring it home with you



Our mentors and teachers will be Turner Wilson and Cheri Perry
sole partners of KayakWays

If you do not know them, please have a look at their website:
www.kayakways.net

Turner's words about the workshop:



This workshop runs 10 days in a row, and everyone will work hard 10-12 hours a day, depending on how we are progressing as a group. It is the goal of the class to end the session with a completed kayak. But this goal depends on you, to very large degree. Folks with some carpentry in their personal histories tend to finish sooner.

I will say that all finish completed frames, all finish their skinning, and some even finish their paint job and decklines, though most do this after the workshop.

For me the process is almost as important as the result, as I hope what you learn compels you to build again once you have built one. We will all take as few shortcuts as possible to your understanding of each step. Your immersion in the process is a fundamental and prime benefit to your investment in the workshop.

Due to the constraints of time and the typical level of builder experience we will be building pegged frames, not mortise and tenon frames, as pegged frames are more error-proof, easier to modify, and just as strong, once lashed and skinned.

BOOK NOW!

The workshop will be held between march 25 and april 12, 2011, in the town of Catania, Italy. We will work in a safe and sheltered place. A fully detailed document is available upon request. In order to guarantee the highest level of the workshop the number of participants is limited.

For further info and bookings please contact:

Turner Wilson at: turner@kayakways.net (U.S.)
Francesco Petralia at: francesco.petralia@sottocosta.it (E.U.)



Here is a quick video of the Bottom Moose during last years spring festival at Lyons Falls. This section of river is a really short shuttle from the camping area. <http://www.vimeo.com/19571993>



Dunkin' + Kayak = Perfection photo by Michael Free (an entry in the calendar contest)

Inside our February 2011 issue:

- An Assateague Island Kayak Camping Trip
- Swimming the Pax in February
- SK101: An Introduction to Sea Kayaking
- CPA 2011 Virtual Photo Calendar Available
- CPA Trip Leader Training—May 14-15
- CPA's Virginia and Maryland Planning Meetings
- SK102 Skills Workshop—April 29-May 1
- SK102 Registration Form
- Greenland in Italy
- Spring Black/Moose River Paddling Festival

The Chesapeake Paddler

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REMINDER: Please check your mailing label for your membership expiration date. If you receive the newsletter electronically, you will receive an e-mail reminder prior to your membership expiring. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.