

Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Inc. Volume 20, Issue 3

May 2010

Third Annual CPA Gear and “Fall Out of Your Boat” Day



The Pavilion at Truxtun Park, First Annual CPA Gear Day photo by Ralph Heimlich

When I first started paddling a kayak, “gear” was pretty basic: boat, paddle, pfd. Add on all the little extras (like safety, navigation, comfort, camping, clothing and Greenland tradition) and things get a lot more complicated. For all of you who always wondered what you could put in those watertight hatches, CPA members Suzanne Farace and Gina Cicotello started the Annual CPA Gear Day as a place for the curious to learn and the “gearheads” to show off.

We are just over one month away from our Third Annual Gear Day to be held again this year at Truxtun Park, Annapolis, on Sunday, June 6 (10 AM to 3 PM). The same pavilion we had two years ago has been reserved, thanks much to Dave Isbell. Meet and drop off your gear at the large pavilion, which is just up the hill from the boat ramp. Then park your car in the lots further back by the restrooms. We'll spread out on the picnic tables and in the grass next to the pavilion. One area will be reserved for shop-and-swap, and another for food.

It's a short walk to the beach, perfect for launching and trying kayaks. PLEASE AVOID THE BOAT RAMP: We don't want to hinder other park visitors who are launching boats from trailers, or get in their way on the water.

Bring your kayak and gear, especially the things you think are the best in their category or the most unique. If someone else has a kayak you want to try, encourage them to bring it along too. The more people and "stuff" that shows up, the more fun we'll have. Or just come to see what others have brought. We have folks who have offered to do demonstrations or presentations on a variety of subjects, including kayak navigation, knots, making your own spray skirt, traditional boats, and various kinds of gear.

We will have a Gear Swap: buy, sell, trade, or donate gear. Bring a tarp so that you can spread your stuff out. CPA logo items (bumper stickers, window decals, shirts, hats, etc.) will also be available for purchase.

Of course, it would not be a CPA event without food, so we will have a pot-luck picnic as well. Please bring something to contribute to the pot-luck. If your last name begins with:



Messing about in boats photo by Ralph Heimlich

(Continued on page 4)

CLASSIFIEDS

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

Advertising Rates:

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size	cost	wide x deep (col)
1/8 page	\$20	2.4" x 3.5" (1)
1/4 page	\$32	4.9" x 4.7" (2)
1/2 page	\$50	7.5" x 4.7" (3)
Full page	\$80	7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.



Michelle Major, cooking with gas photo by Jim Zawlocki

SCHEDULE FOR 2010 CHESAPEAKE PADDLER

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

Issue	Deadline for Copy
June 2010	May 15, 2010
July 2010	June 15, 2010
August 2010	July 15, 2010

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at news_editor@cpakayaker.com or call at 301-498-0722.

THE CHESAPEAKE PADDLERS ASSOCIATION

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

Officers:

Coordinator—Ed Hershon, 240-848-2321, coordinator@cpakayaker.com

Membership, subscriptions—Sue Stevens, 410-531-5641, c/o CPA, PO Box 341 Greenbelt, MD 20768, membership@cpakayaker.com

Secretary—Sue Stevens, 410-531-5641 secretary@cpakayaker.com

Treasurer—Rich Stevens, 703-527-4882, treasurer@cpakayaker.com

Webmaster/E-Mail List Administrator—Dave Biss, webmaster@cpakayaker.com

Newsletter Team:

Managing Editor/Layout—Ralph Heimlich, 301-498-0722, news_editor@cpakayaker.com

Articles Editor—Lynn Erwin, news_articles@cpakayaker.com

Advertising Coordinator—vacant, news_advertising@cpakayaker.com

Mailing and Distribution—Mark Woodside, 301-373-4561, news_distribution@cpakayaker.com

Pirate Groups:

Pier 7 Pirate Committee—Rich Stevens (703-527-4882), Béla Mariassy (410-266-4529), Greg Welker (301-249-4895), Sue Stevens (410-531-5641), Brent Cogswell pirates_pier7@cpakayaker.com

Potomac Pirate King—Dick Rock, 703-780-6605 pirates_potomac@cpakayaker.com

Patuxent Pirate King—Jenny Plummer-Welker Pirate Captain (410)535-2348/(301)249-4895 pirates_patuxent@cpakayaker.com;

Georgetown Pirate Committee—Tom Heneghan, Paul Bieri, Matt Blakey & Dave Biss, 703-241-0036; pirates_georgetown@cpakayaker.com

Baltimore Pirate King—Jay Gitomer (443-449-5119), pirates_baltimore@cpakayaker.com

Algonkian Pirate King—Jeff Walaszek, 703-670-7712, Linda Lewis pirates_algonkian@cpakayaker.com

Sugarloaf Pirate King—James Higgins 301-460-8022 pirates_sugarloaf@cpakayaker.com

Pirate Kings of the North—Bob Shakeshaft (410 939 0269) and Mike Free (610-565-7563) pirates_north@cpakayaker.com

MEMBERSHIP: Subscription to the Chesapeake Paddler is included with membership.

NEW: Membership is now \$10, \$18, \$27, \$35, for 1, 2, 3, and 4 years. Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

DEADLINES: Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

The Chesapeake Paddler is published monthly, except Nov-Feb and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor. The download link or file for the electronic version of this newsletter may not be posted or forwarded to non-members without the express consent of the Coordinator or Managing Editor

As spring quickly turns warmer and summer fast approaches, paddling is on everyone's minds. One thing about the CPA is that there are no shortages of great paddling trips. There are day trips, weekend trips, weeklong trips and series trips like the KIPP paddles around Kent Island. A quick look at the CPA [calendar](#) will show that almost every weekend from now through October, one trip or another is planned. One of the problems that I always have is when there are multiple trips the same weekend that I want to go on; which trip should I go on? Well, that is a question each of us has to answer for ourselves; but it is a good problem to have. I sincerely hope that you can get out on the water for as many of these trips as possible and enjoy yourselves. The CPA has a large and diverse number of trips that it sponsors. So if you want to paddle one week in an urban setting, there is that trip available. The next week you may want to paddle in an area that looks like it has not seen a human in a century, that trip is available too. Check out the calendar and get in touch with the trip leader to register to go on the trips that interest you. And most important, enjoy yourselves!

Admiral's Walk



In addition to the traditional trips, there are also multiple opportunities for CPA members to give something back by participating in the many swim support events or as a safety boater at a demo day (see [box on page 5](#)). The CPA has a rich tradition in participating in these events and many of the organizations that sponsor these swims or demo days have come to rely upon CPA members as very important contributors to the success of their events. Please see the list of the swim events in this issue of the Chesapeake Paddler that the CPA will be supporting this year and consider volunteering to help out at one or more of these events as your schedule permits.

Lastly, one of my favorite aspects of the CPA is the weekly piracies (see [page 7](#)). The CPA has eight different piracies that meet weekly to paddle. At this time, all of the piracies have begun paddling for the season. Some piracies meet on Tuesdays, some on Wednesdays and some on Thursdays. This is a great opportunity to get on the water after work during the week for a few hours and enjoy the surroundings with fellow paddlers. If you have questions about the times or locations of the different piracies, please contact the individual Pirate Kings or Queens for more information.

Let's go have fun Paddling!!!!



Ed Hershon, Coordinator

Gear Review: Kodak Playsport HD



I recently got a kodak playsport HD to take video - it's waterproof down to 10 meters. See amazon for all the specs. MSRP is \$150, but I found it for \$105. <http://www.amazon.com/Kodak-PlaySport-W...689&sr=8-1>

Here are some direct comparisons photos between the pentax optio w60 & the playsport and videos. Picasaweb has the still pic comparisons between the playsport (5 mp) and optio w60 (10 mp) and the videos from the optio, follow the link to the youtube for the video from the pentax.

<http://picasaweb.google.com/ImmunoGirl/...Playsport#>
<http://www.youtube.com/user/KayakTouring>

From Catriona' review on the Forum at

<http://www.cpakayaker.com/forums/viewtopic.php?f=27&t=4778&sid=d6bf632d7b8e051c7b27a250e240275c>

CPA 2010 Virtual Calendar Photo Available

The 2010 CPA Virtual Calendar is now available online at <http://troop424.freeservers.com/CPA%20Virtual%20Calendar%202010.pdf>

You can download the .pdf file and print it yourself, or take the file on a thumb drive to Staples, Kinkos, etc. and have them print and bind a nice one on good stock. The file is laid out to print back to back (i.e., the photo for month x is on the back of the page for month x-1).

The full results for all 133 photos can be viewed at <http://troop424.freeservers.com/2009%20Voting%20%20Results.pdf>



3rd Annual CPA Gear Day (Continued from page 1)

- A-F, bring some sort of appetizer
- G-L, a salad of some kind
- M-S, a main dish
- T-Z, a dessert

Dishes, cups, utensils, and napkins will be provided.

Coordinator Ed Hershon is also holding a **"Fall Out of Your Boat"** event to be held in conjunction with Gear Day. This is a great time to practice your wet exit and re-entry as well as learning some fundamental group rescues. For those that are new to the sport, you will learn how to perform a wet exit and a re-entry into your kayak. You will be required to have a spray skirt, bilge pump, paddle float and of course your PFD. A CPA waiver (see <http://www.cpakayaker.com/uploads/resources/CPARelease.pdf>) is required for all on-water activities. Fill it out at home and bring it.



Sailing aliens and other stuff photo by Ralph Heimlich



Greenland stuff, too photo by Ralph Heimlich



Unloading kayaks from the skipjack photo by Mike Wilson

Paddle to Support a Swim

The weather's warming up and we're all anxious to get on the water as often as possible. There are many excellent trips scheduled and I'm sure you're checking the CPA calendar against your schedule to see how many trips you can do. Admit it, you're looking for any excuse to dip your paddle, feel the sun, practice your skills and simply relax on the water. Well, I have one more suggestion about how to enjoy your kayak....help support a swim.

If you've never supported a swim before then you should really consider trying it. First, supporting a swim means you're paddling, which is reason enough by itself. But in addition to that, you are helping a good cause. Many of the swim events raise money for charities.

For instance, the Potomac Swim raised over \$20,000 last year,

every penny of which went to charities involved with keeping our paddling waters clean. The money is raised by the swimmers, not by you as the paddler, but they cannot participate and contribute if there aren't enough kayakers to provide assistance. The assistance varies depending on the swim but it isn't difficult or burdensome. In fact, almost everyone that has ever supported a swim will agree that doing so is extremely satisfying and enjoyable (just ask around see the list of kayakers for 2009 at <http://artemis.crosslink.net/~cherylw/pot-kayaker-entry2010.htm>).

Our club is involved with a number of swims such as the Potomac Swim on June 5 and the Chesapeake Bay Swim on June 13 as well as a number of other swim events that will pop up during the summer, many of which are already posted on the CPA website. If you have never supported a swim before, then I encourage and challenge you to step outside your usual paddling repertoire and join us in one of these events. And if you have participated in a swim before, then you know what's involved and I'm sure I'll be seeing you at some of them. So, please look at the calendar and find a swim to join. Then contact the coordinator for that event. Don't delay because some events limit the swimmers based on the number of paddlers that sign up. Then, do what you enjoy doing....PADDLE!

Chris Bresnan
Potomac Swim Kayaking Coordinator
cbresnan@hotmail.com

More info at <http://artemis.crosslink.net/~cherylw/pr-boater-kayaker-info.htm>
More pictures at <http://artemis.crosslink.net/~cherylw/prs-09/mw-photos/index.htm>



Leading a swimmer photo by Mike Wilson

Other Swim and Safety Support Opportunities

Kayak Safety Support for OkumeFest—Support people demoing Chesapeake Light Craft boats, When: May 15, 2010 8:30 AM to 5:00 PM, Web Site: http://www.cicboats.com/boatbuilding_classes/120.html Organizer(s): Matt Blakey

Columbia Triathlon—Support a swim at Columbia Reservoir, When: May 23, 2010 (Sunday),

Web Site: <http://www.tricolumbia.org/Columbia/> Organizer(s): A VOLUNTEER IS NEEDED TO LEAD THIS SWIM SUPPORT

Potomac River 7.5 Mile Swim—Kayakers! The Potomac Swim Needs Your Help! When: June 5, 2010 (Saturday)

Web Site: <http://www.crosslink.net/~cherylw/pr2009i.htm> Organizer(s): Chris Bresnan, Cheryl Wagner (202) 387-2361

EMS Demo Day—Try out boats and earn a rocker by supporting the demo at Truxtun Park in Annapolis, MD. When: June 5. Organizer(s): WE NEED SOMEONE TO LEAD KAYAK SUPPORT FOR THIS DEMO

Great Chesapeake Bay Swim—Please volunteer to help with the kayak support for this open water swim. When: June 13, 2010 (Sunday) Web Site: <http://www.bayswim.com/> Organizer(s): Dave Biss (703) 241-0036

Swim Support for D.C. Tri—Come support the triathlon for a very short swim in the Nation's Capitol. When: June 19 2010 12:00 AM to June 20 2010 12:00 AM Web Site: <http://www.dctri.com/> Organizer(s): Dave Biss 703-241-0036, Carl Steineger

Columbia Celebration Triathlon—Coed on Centennial Lake, When: June 27 Organizer(s): Sue Stevens (nee' Bauer) SusieGreenthumb@aol.com and Rob Golden r_golden@verizon.net

Maryland Swim for Life—Swim support for the 19th Annual Maryland Swim for Life, Rolphs Wharf, Chester River. When: July 10, 2010 (Saturday) Web Site: <http://www.swimdcac.org/Swim4Life.html> Organizer(s): Rob Pearlman

Third Annual Bud Beatty Memorial Swim—Kayak support for an open water swim. Rocky Point Beach and Park When: August 8, 2010 (Sunday) Web Site: <http://www.budbeattyswim.org> Organizer(s): Tim Beatty

Iron Girl Columbia Triathlon—Kayak support for the swim portion of a triathlon. When: August 22, 2010 (Sunday)

Organizer(s): Sue Stevens (nee' Bauer) SusieGreenthumb@aol.com and Rob Golden r_golden@verizon.net

Swim Support for The Nations Triathlon—Support a very short swim in the Nation's Capitol. When: September 11 2010 12:00 AM to September 12 2010 12:00 AM Web Site: <http://www.nationstri.com> Organizer(s): Dave Biss 703-241-0036, Carl Steineger

Baltimore Swim Across America—Kayak support for an open water swim. When: September 19, 2010 (Sunday)

Web Site: <http://www.swimacrossamerica.org/Page.aspx?pid=771> Organizer(s): Lyn Brooks 410-592-6248

Assateague Kayak Camper Trip Report

By Melissa Boyle



Michell Major, Melissa Boyle and Jim Zawlocki photo by Mr. Ed (the horse, of course!)

Kudos to Jim Z (the trip leader) for an AWESOME trip to Assateague over the weekend! Three of us CPA'ers- Jim Zawlocki, Michelle Major and Melissa Boyle- headed to the shore for a wonderful weekend. We really couldn't have asked for a better weekend for this trip.... the weather gods were with us! And Mother Nature put on a pretty good show for us all around!!

We met up at the National Park Service Bayside Campground on Friday evening and set up camp there. Then headed down to the picnic area to have our Subway dinners and watch the sunset. Two stand-up paddle boarders came in and we watched a family try to clam, as the sun went down. It was a beautiful evening! Jim even went for a moonlit stroll on the beach!

Saturday morning we were at the Ranger's Station at 8am ready to get our backcountry permit for Green Run. We packed up camp and headed off to Ferry Landing. As we were loading up our boats, the State Park Naturalists headed out with a group on sit on top kayaks out to look for wildlife. Jim didn't have to look very far...while in the parking lot a pony came right up to him and stuck its head into his rubbermaid food bin!!! These ponies know exactly what they are doing...

We launched from Ferry Landing and started paddling. It was a most gorgeous day on Chincoteague Bay! We stopped between Tingles Island and Pine Tree for a break and lunch. Fine dining on the waterfront with PB&J! We watched a pony "soap opera" take place in the marsh... one bachelor was run off and left without a gal in the end, while the other stud had two ladies! Then we had a horseshoe crab wandered on up to check us out... I picked it up to show Jim and Michelle, and then safely released it. Horseshoe crabs are amazing prehistoric animals! (The Full Moon and high tides in May bring the horseshoe crabs up on the sandy beaches to spawn...) As we continued our paddle to Green Run we stayed fairly close to shore to look for ponies- which we easily saw 50+ that day!! Jim may have taken a picture of each one!! Also in the shallows, the water was clear and we saw horseshoe crabs and diamondback terrapins swimming along as we paddled. Staying in shore may have extended our paddle mileage a bit, but the sight seeing was well worth it! We had a slight headwind (~10mph) as we paddled down to Green Run on Saturday, but it was a beautiful paddle.



Paddling with Ponies—the Post Card photo by Melissa Boyle

We arrived at Green Run and were greeted by the official Assateague welcoming committee of mosquitoes! They were out in force in the tall grass at the landing, but a nice breeze blowing through the campsite kept them away. Overall, the bugs were not nearly as bad as we had expected, but we were prepared and pleasantly surprised! We set up camp and were just having some wine, cheese, salami and hummus before dinner appetizers when 8 backpackers came in! They had hiked the same mileage on the beach as we had paddled that day! Luckily the campsite was plenty big and they settled in where we hadn't. Jim got to work on making firewood so we would be ready for the evening. I spotted a beautiful blue indigo bunting near our campsite! Before dinner, we took a stroll out to the beach to visit the Atlantic and check things out there. Enjoyed a lovely dinner with Michelle's home-made soup and Jim's chicken alfredo, with roasted marshmallows and brownies for dessert. We enjoyed yet another near-perfect sunset over Chincoteague Bay, and all turned in fairly early as the whippoorwills sang us to sleep!

We wanted to get a fairly early start on Sunday morning because we had heard that the winds could pick up and late afternoon thunderstorms were possible. We were packed up and were on the water around 8:30. As we left Green Run a mature bald eagle flew over us, and we headed north staying a bit farther off the shoreline on our way back. Spotted pelicans, cormorants and great egrets and even a few ponies on our trip back. It started out cloudy and cool, but the sun eventually poked through with some blue skies. We had a nice tailwind pushing us along, our average speed on the way back was 4.5 mph (according to Jim's GPS) and we were back at Ferry Landing by Noon! Unloaded our boats, packed up the cars, took cold showers and headed home with some great memories from a wonderful, yet rather uneventful (compared to previous years!) trip to Assateague. I think all three of us are certainly looking forward to paddling again at Assateague in the future!! You should, too!!

Photos online at

http://www2.snapfish.com/comcast/thumbnailshare/AlbumID=3941076009/a=34339264_34339264/otsc=SHR/otsi=SALBlink/COBRA_ND_NAME=comcast/ and <http://picasaweb.google.com/lh/sredir?uname=Jimzzz1&target=ALBUM&id=5468390970008642369&authkey=Gv1sR>



PIRACY Open Season Begins

May is the beginning of the Piracy season, so avast, ARRGH and get out there paddling! For those of you new to CPA paddling, Piracies are our name for the chapters of the club that paddle mid-week at various venues throughout the Washington-Baltimore PiratePlex. Word from our semi-official historian (Greg Welker) is that the original Pier 7 Pirates were so named when someone tasked with buying hats for everyone could only afford bandanas with skull and crossbones. Whatever the reason of the silly name, mid-week paddling feels a lot like playing hooky and may be the ONLY reason some of us are still gainfully employed and/or happily married. Getting away to paddle, eat and socialize mid-week is like a mini-vacation.

Pirates of ALGONKIAN (upper Potomac)—Every other Wednesday evening at Fountainhead Regional Park. On alternate weeks, peer paddles at both Northern and Southern locations in Fairfax County. The Northern locations will likely be Beaverdam Creek Reservoir and Algonkian Regional Park. The Southern locations will be Pohick Bay Regional Park and Mason Neck State Park.

Pirate Captains: [Jeff Walaszek](#) (703) 868-1765; [Jim Zawlocki](#) (703) 378-7536

Visit: [Discussion Forum](#), [Group Email](#)

When: 6:00 PM Wednesdays

Pirates of BALTIMORE (Baltimore & Essex, Maryland)—1st Tuesday at Island View; 2nd and 4th Tuesdays at Rocky Point; 3rd Tuesday at Dundee Creek; and occasional 5th Tuesday at Baltimore Harbor. Meet at 5:30 p.m. for paddling and skills practice and to meet other paddlers. PFDs, sprayskirts, and a waterproof light required.

Pirate Captain: [Jay Gitomer](#) (443) 449-5119

Visit: [Discussion Forum](#), [Group Email](#)

When: meet at 5:30 paddle at 6:00 PM Tuesday

Pirates of GEORGETOWN (Washington, DC)—Thursday evenings at 6:00 pm at Columbia Island Marina. We paddle away at 6:30 pm and will usually stay on the water for about an hour-and-a-half. We usually go out for a quick meal afterward but occasionally will create a potluck dinner among ourselves or order pizza to eat at the marina.

Paddling Captains: [Matt Blakey](#) (202) 210-6367; [Paul Bieri](#) (240) 393-2377; [Peter Harris](#) (703) 408-7812

Visit: [Discussion Forum](#), [Group Email](#)

When: 6:00 PM Thursdays

Pirates of NORTH (Havre de Grace, MD)—We meet on Tuesday evenings at 6:00 pm. This Piracy paddles at Jean Robert's Park in Havre de Grace, MD, at the junction of Otsego St, Union Ave N, and Water St. below the Amtrak bridge.

Pirate Captains: [Bob Shakeshaft](#) (410) 939-0269; [Mike Free](#) (610) 565-7563

Visit: [Discussion Forum](#), [Group Email](#)

When: 6:00 PM Tuesdays

Pirates of PATUXENT (Solomons Island, MD)—We launch just north of the boardwalk across from Our Lady Star of the Sea Church in Solomons. There's a sandy beach and free parking on the right.

Pirate Captain: [Jenny Plummer-Welker](#) (410)535-2348 (301)249-4895

Visit: [Discussion Forum](#), [Group Email](#)

When: Arrive 5:00 - 6:00 PM Thursday

Pirates of PIER 7 (Annapolis, MD)—Pier 7 marina on South River. Wednesday evenings. Plan to arrive between 5 and 6 pm and meet with others to paddle. Other activities include rolling and rescue practice, boat fitting, BBQ's, and socializing. Take your turn in cooking for us all.

Pirate Bureaucrats: [Bela Mariassy](#); [Brent Cogswell](#) (410) 381-0037; [Greg Welker](#) (301) 249-4895; [Jenny Welker-Plummer](#) (301) 249-4895; [Rich Stevens](#) (703) 527-4882; [Sue Stevens](#) (410) 531-5641

Visit: [Discussion Forum](#), [Group Email](#)

When: 5:00 PM Wednesdays

Pirates of POTOMAC (Belle Haven Marina, Alexandria, VA)—Wednesday evenings at 5 pm. \$3 launching fee; seasonal passes \$45.

Pirate Captain: [Dick Rock](#) (703) 780-6605

Visit: [Discussion Forum](#), [Group Email](#)

When: 5:00 PM Wednesdays

Pirates of SUGARLOAF (Black Hill Regional Park, Germantown, MD)—Primary launch site is Black Hill Regional Park, \$5.00 daily launch fee / \$55 season pass at Visitors Center.

Pirate Captain: [James Higgins](#) (301) 460-8022

Visit: [Discussion Forum](#), [Group Email](#)

When: 5:30 PM until Sunset Tuesdays

CPA Trip Requirements and Ratings

All trips are organized by and for members of the club. When you participate, please remember that trip leaders are “hosts”, not professional guides, but you must be willing to follow their instructions. They are neither necessarily trained in first aid or CPR, nor do they always carry first aid equipment or safety devices for your use.

You, and you alone, are responsible for your personal safety.

Trip leaders will pre-screen all participants for skills, equipment and willingness to abide by club rules and policies. If you wish to join a trip, you must contact the leader in advance.

REQUIREMENTS

Equipment: While on the water, all paddlers must wear PFDs, spray skirts and clothes appropriate to the water temperature. Boats must have water-tight bulkheads or flotation devices to prevent the kayak from sinking when capsized. All paddlers must have—and know how to use—a pump, paddle float and whistle. On the day of the trip, leaders may refuse to admit participants for noncompliance with any of these requirements, so if you are not sure, discuss it with the leader in advance!

Waivers: All participants in CPA-sponsored trips must sign legal release forms each time before setting out on the water. Only one release per season is needed for regularly scheduled events (e.g., the weekly activities of the “pirates”). The legal release absolves all participating CPA members from legal liability for the injury or death of a fellow participant.

RATINGS:

First Timers: Participants have never paddled before. No prior skills needed.

Beginners: Participants have paddled some, taken classes, or have been on short (up to 4-mile) trips and can do a wet exit and paddle float re-entry.

Advanced Beginners: Participants have been on longer trips (up to 10 miles, full-day outings), have some experience with varying conditions such as winds and waves and have good rescue and groups paddling skills.

Intermediate Paddlers: Participants are comfortable with open-water crossings of 2+ miles, can handle a variety of water conditions and have strong self- and group-rescue skills.

May

Date	Event	Description	Skill Level	Organizer(s)
May 15, (Saturday)	Greensboro to Denton Paddlefest	The Caroline County Chamber of Commerce is sponsoring a "Paddlefest" on the Choptank River from Greensboro to Denton, MD. Event will include a rolling demo. More details as they become available.	Beginner	Caroline County Chamber of Commerce CPA contact for event: Jenny Plummer-Welker.
May 15, 8:30 AM to 5:00 PM	Kayak Safety Support for OkumeFest	Web Site: http://www.clcboats.com/boatbuilding_classes/120.html	Advanced Beginner	Matt Blakey
May 16, (Sunday)	Breton Bay-St. Clements Champagne Brunch	Paddle out to a desert island, eat like a king, live like a lighthouse keeper. http://picasaweb.google.com/ralph.heimlich/BretonBayStClementsIslandDayPaddle#	Advanced Beginner	Ralph Heimlich
May 22 12:00 AM to May 23 12:00 AM	Beginners Paddle at Kent Island MD	A great combination of events for beginning paddlers of the club.	Beginner	Marshall Woodruff 202 345 0606
May 22, (Saturday)	Piscataway Creek	Piscataway Creek circumnavigation	Beginner	Mike Cohn 301-283-2391
May 23, (Sunday)	Columbia Triathlon	Web Site: http://www.tricolumbia.org/Columbia/	Advanced Beginner	A VOLUNTEER IS NEEDED TO LEAD THIS SWIM SUPPORT
May 29, 7:30 AM to 6:00 PM	Chestertown Tea Party	Paddle the Chester River on the Eastern Shore to Chestertown; enjoy the festival (parade, music, food, reenactment) & paddle back	Advanced Beginner	Todd Angerhofer 202-722-1385

Check the CPA Calendar at <http://www.cpkayaker.com/index.php?page=calendar> for details.

June

Date	Event	Description	Skill Level	Organizer(s)
June 5 (Saturday)	Potomac River 7.5 Mile Swim	Kayakers! The Potomac Swim Needs Your Help! Web Site: http://www.crosslink.net/~cherylw/pr2009i.htm	Advanced Beginner	Chris Bresnan, Cheryl Wagner (202) 387-2361
June 5 (Saturday)	KIPP-5 Number 3	This is the fifth year for the KIP (Kent Island Paddle) event and I think it has been very successful in accelerating our learning curve in paddling.	Advanced Beginner	Marshall Woodruff
June 6 (Sunday)	CPA Gear Day	3rd Annual CPA Gear Day 2010 in Truxtun Park, Easport (Annapolis), Maryland 21403, from 10:00 a.m. to 3:00 p.m.	All	Gina Cicotello, Suzanne Farace
June 6 (Sunday)	Fall Out of Your Boat Day	This Event in Conjunction with the 3rd Annual CPA Gear Day will allow paddlers to practice their wet exits and reentries	All	Ed Hershon
June 6 (Sunday)	Nanjemoy Creek Paddle from Friendship Landing.	from Friendship Landing--up the creek with a paddle	Beginner	Mike Cohn 301 283 2391
June 12 to June 14	Point Lookout Car Camper	Join us for a car camper in the Point Lookout area. Note: Saturday through Monday to cut down on Friday traffic jams. Web Site: http://picasaweb.google.com/ralph.heimlich/PointLookoutKayakTrip#	Advanced Beginner	Bill Dodge 703-201-8636 (cell)
June 13 (Sunday)	Great Chesapeake Bay Swim	Please volunteer to help with the kayak support for this open water swim. Web Site: http://www.bayswim.com/	Advanced Beginner	Dave Biss (703) 241-0036
June 18 to June 21	Patuxent River Kayak Kampe	Paddle and camp down the Patuxent River. Web Site: http://www.patuxentwatertrail.org/	Advanced Beginner	Ralph Heimlich
June 18 to June 20	Potomac River Passage - Stage 3	It's not the destination, it's the journey.	Intermediate	Peter Henry 571-278-5548, Gina Cicotello 240-305-0922
June 19 to June 20	Swim Support for D.C. Tri	Come support the triathlon for a very short swim in the Nation's Capitol. Web Site: http://www.dctri.com/	Advanced Beginner	Dave Biss 703-241-0036, Carl Steineger
June 25 to June 27	Prime Hook Nat'l Wildlife Refuge Car Camper (Milton, DE)	Car Camping and paddling at the Prime Hook National Wildlife Refuge in Milton, Delaware Web Site: http://www.fws.gov/northeast/primehook/	Advanced Beginner	Saki Sakikihara, Suzanne Farace

Freya Hoffmeister In Annapolis June 26



Brian Blankinship arranged with Freya Hoffmeister for a talk on her epic Australian circumnavigation at the EMS store in Annapolis on Saturday June 26 at 5:30 PM. CPA will charge \$5 per person for the first 50 people and \$15/person after that. The talk itself is about one hour, followed by a question and answer period. Hear about the 9,400 mile, 332 day solo journey, shark attacks, massive surf, planning, equipment choices, proper strokes and more. She will sign autographs.

On Sunday, June 27, Freya will accompany CPA members on a social paddle, probably from Columbia Island on the Potomac. No fee will be charged for the paddle, but the size of the group will be limited. Those that paid to attend the talk on Saturday will be given preference for attending the Sunday paddle. Watch the forums for details

Freya has many firsts to her credit: Unsupported circumnavigation of the South Island of New Zealand, Fastest-ever circumnavigation of Iceland (33 days), 2009 Solo circumnavigation of Australia, Molokai World Championships.

Learn more at her website: <http://qajaqunderground.com/>



Michelle Major and Melissa Boyle off Assateague Island photo by Jim Zawlocki

Inside our May 2010 issue:

- ◆ Third Annual CPA Gear and “Fall Out of Your Boat” Day
- ◆ Potomac and Other Swim Support Opportunities
- ◆ Assateague Kayak Camper Trip Report
- ◆ PIRACY Open Season Begins
- ◆ Freya Hoffmeister Talk June 26
- ◆ Calendar for May and June

The Chesapeake Paddler

Chesapeake Paddlers Association, Inc.

PO Box 341

Greenbelt, MD 20768-0341

REMINDER: Please check your mailing label for your membership expiration date. If you receive the newsletter electronically, you will receive an e-mail reminder prior to your membership expiring. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.