

# Chesapeake Paddler



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June 2006

## Afterthoughts On the Third Kent Island Paddle (KIPP-3)



KIPP paddlers on KIPP-2 photo by David Shames

[Editor's note: I thought this exchange of email on the ListServe was particularly apt since it is now warm enough to practice rescues. HINT, HINT, HINT] I think we accomplished so much on our third Kent Island Paddle, June 17. We have learned a lot from each of the other paddles and this one moved us a step closer in achieving our individual goals.

Our first goal was to paddle across to Parsons Island, eat, and paddle on. We could see the island, but it was eight miles away, Whew!! I felt healthy and strong, but as our paddle progressed, I fell farther and farther behind, becoming the "sweeper". When we landed, I thanked Todd for paddling beside me, at "my speed". It was comforting to have someone there, just in case, and he knew it.

Because I was slowing down the paddle, I was willing to bail. Our new Cabaña Boy, Rowen, kept in contact with us throughout the trip, ready to help us any way he could from shore, and this was the perfect time. But the group would not hear of it. They would not give up on me, encouraging me to stay with the paddle. Speed didn't matter: They wanted me. We only had 10 more miles to go, up the eastern

side, through the Narrows, around to Love Point and another open crossing, so off we went. This time I seemed to stay with the pack. With their encouragement, and the wind behind us, I used my boat to surf as much as possible, and the focus on the paddling all seemed to pull together. I was back in the groove.

We ended the paddle with a few problems: one paddler's hatch cover was leaking, causing the boat to capsize. The group quickly handled the open water rescue, despite lots of waves and wind. Paddlers came along side the "victim", righted the kayak, helped him in, and bailed it out. We changed course, heading closer to shore instead of cutting across the open water. We put the rescued boat in the middle of the group as we paddled, so he was safe, and towed another tired paddler's kayak.

The KIPP paddlers joined a paddle that was new and a challenge, for many different reasons. I watch them paddle as a group, all enjoying being out there, but from my perspective, there is more. They want this paddle as much as I do, and are willing to put that extra "something" out there, for the group. It shows, and I am glad to be included..... Thanks.

Marshall Woodruff

The KIPP-3 paddle was an eye opener. Even if you have great paddling skills, when your brain says to call it day, you should. I let my ego get the best of me and stayed on the water with malfunctioning equipment. A big no-no. The thing that prevented this paddle from becoming a nightmare is that I have consistently practiced my self and assisted water rescue skills. Even if the practice seems to be a pain at the time, you can really save your bacon when trouble arises. If you are a paddler, you should know how your boat performs when swamped, practice wet exits ensuring you can get out of your boat when flipped (does it float or does it sink?), learn how to get yourself back in your boat, assisted and by yourself, wear your PFD and carry the appropriate safety gear including a whistle, knife, pump, paddle float and a tow rope.

Stephen Miller

(Continued on page 5)

**CLASSIFIEDS**

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

**Advertising Rates:**

We accept display advertising that relates to the interest of our readers.

Monthly rates are as follows:

|           |      |                   |
|-----------|------|-------------------|
| Size      | cost | wide x deep (col) |
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A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.

Public service announcement and personal ads to sell kayaks/ accessories are printed at no charge; non-members pay \$10 for 3 months.

**Vince Gerardi is selling off his remaining kayaks and some gear:**

—Kevlar Current Designs Caribou sea kayak, 1997, 45 lbs, very good condition, with new spray skirt, \$100 compass, dust cover, pump. **asking \$1,800**

—Kevlar Current Designs Squamish sea kayak, 2004, like new condition, used less than 8 hours, dust cover, spray skirt, pump, list \$3,300 **asking \$2100**

—Werner paddles: 3 Little Dip-pers, list \$240 each, **will sell \$100 each**

—Farmer john wetsuit to fit male 39 chest, 5' 6" **\$45**

—Kokatat Gortex drytop, long-sleeve, used about 3 hours, \$300 new, **will sell for \$100**

You can contact Vince at 410-810-2999. The boats and gear are available for viewing/paddling at his home in Chestertown, MD. Vince will be 94 in August, so wish him a Happy Birthday!

**SCHEDULE FOR 2006 CHESAPEAKE PADDLER**

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

| Issue          | Deadline for Copy |
|----------------|-------------------|
| July 2006      | June 15, 2006     |
| August 2006    | July 15, 2006     |
| September 2006 | August 15, 2006   |

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at [news\\_editor@cpakayaker.com](mailto:news_editor@cpakayaker.com) or call at 301-498-0722.

**THE CHESAPEAKE PADDLERS ASSOCIATION**

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

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**MEMBERSHIP:** Subscription to the Chesapeake Paddler is included with membership. Membership is \$10/year or \$20/2 years. Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

**DEADLINES:** Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

*The Chesapeake Paddler is published monthly, except Nov-Feb and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor.*

## Admiral's Walk



Ahoy, Paddlers!

Welcome to Summer! With the arrival of the hotter weather, remember to protect yourself from the sun and heat, to hydrate, and to avoid insect and jellyfish stings and bites. Be safe, and have fun!

Check out the online CPA Calendar to see our extensive schedule of paddling trips and events, and contact the event organizers to sign up. Many CPA paddlers donated some of their time back to the community in a number of volunteer paddling opportunities at swim supports, demo days, and charity events, reported in this issue.

I'd like to thank Cyndi Janetzko and Brian Blankinship for organizing the CPA's first-ever fun races, in Georgetown on May 13 and on June 24 (see [page 6](#)). Cyndi and Brian were aided by several other members on shore and in boats along the race courses. More than a dozen paddlers came out to race and have fun. Many paddlers won awards in the 2.7-mile race and rubber ducky relay, medals and ribbons were presented, and everyone had a great time. There is one more set of fun races this year, on July 15. See ya there!

So we may better manage our CPA membership database, please let CPA Secretary/Membership Coordinator Sue Bauer ([membership@cpakayaker.com](mailto:membership@cpakayaker.com)) know if you change your email address, home address, and/or phone numbers. We've lost track of some dues-paying members, and have had a lot of messages bounce back and mailed newsletters returned due to incorrect addresses. You can also let us know your updated info when you renew your CPA membership (the form is online at [www.cpakayaker.com/join.html](http://www.cpakayaker.com/join.html)). Also, please remember to update your Listserve and User Forum profiles so everyone can stay in touch with you. Thanks!

Happy, safe, and cool paddlin' - see ya on the water!

Barry  
CPA Coordinator



## Captain's Quarters

**Baltimore Pirates Practice Skills**—Baltimore pirate king Bob Huber led a small group of buccaneers in skill practice on the quiet and clean waters of Dundee Creek on June 17. Bob, Rick, Mark, Jerry, Rick. W. and Ralph got crazy and got wet in a variety of self- and group rescues, rolling, and an impromptu draw stroke clinic by Rick W.

More pictures are online (click the image below) I took some movies with my Pentax Optio WP and my techie son turned them into flash videos, which can be viewed at

<http://troop424.freesevers.com/Baltimore%20Pirates%20Dundee%20Creek%20Skills%20Session/Flash/Flashpage.htm>

## Paddler Nostalgia?

While searching through his sea kayaking literature bookshelf, long-time member Greg Welker came across the notebook holding his old editions of the Chesapeake Paddlers Association Newsletter, *The Chesapeake Paddler*. Some of those articles are still enjoyable or educational to read. From time to time he will post some on his site for you to download and read. The first one, dating from August 1995, is up at <http://mysite.verizon.net/gdwelker/id48.html>





## Reactions to CPA Swimmer and Safety Boat Activities

### Great Chesapeake Bay Swims



Cyndi and swimmers photo by Elizabeth Malby—Baltimore Sun

Another great swim support. I've done 12 Great Bay Swims, and I'd say that the currents caused as much trouble as in any from years past. We had far fewer kayakers on the west side start than normal, so that made for a busy day. Everyone did their best to fill in the gaps. Normally, I pull about 2 people per race, some years more, some less. This year I pulled 6. Very busy, very tired, but well worth the effort. Thanks to all the organizers!!!  
John McTeague

Yesterday was my fourth Chesapeake Bay Swim support and I had a great time. Thanks to Dave and Cindy and to whomever had the porta-potty on the Bay Bridge Marina side. It looked grim for a while with the sky clouding over and the wind whipping up during the first part of the swim to gusts as high as 25 knots. There was a strong current to the south through most of the swim and it was a chore to keep the swimmers off the (big) rip-rap around the two south channel-spanning pylons. However, the sky cleared and the wind abated a knot or three. The swimmers appeared to have a great time and I'm sure most of us did. Back at Sandy

Point Park I talked with some Coast Guard people who had been out there in a RIB bouncing around and they also enjoyed it immensely. The Coasties and I felt like we had contributed some time and skills to an organization and people who appreciated it, and that just adds to the fun. Thanks again to Dave and Cindy and the other organizers.  
Bob Rowe

Thanks Everyone! Although it was a rough start yesterday, the Chesapeake Bay Swim Support effort went great. The day started with high winds. In fact, I believe that the weather from the day before may have convinced a number of kayakers to stay home, since the turnout for the 4.4 mile swim support was not as high as expected. The swimmers for the longer race launched into water that was choppy and still had a pretty strong northerly current. By the time they reached the Western Channel 30 minutes later, the current was running southerly with a vengeance. Many swimmers were pulled out at this point due to the high current. Despite this, the kayakers did an excellent job dealing with the wind, the chop, and the current. The swimmers who were having trouble were identified and were either taken from the race or coerced into trying harder. I watched Andy as he roared loudly to swimmers to pull harder and stay in the race, adding spirit to the swimmers who were losing heart in the strong current. Great job done everyone! The wind and current subsided as the race progressed, and by the time it was over, the Bay looked rather calm. There was no reported trouble involving any kayakers, all seemed well able to handle the situation. And the swim event definitely benefited by our help once again.  
Dave Biss

I want to thank all the volunteer kayakers who worked the 4.4 mile Bay Swim!! You guys were great! I saw several of you paddling by and believe me, the sight of you was most reassuring during an extremely difficult swim. I hadn't done the Bay Swim in 10 years, but at 51, I actually felt stronger and faster than at 41, and had hoped to better my time if conditions cooperated. They didn't. The current was absolutely ferocious. After the mass start at Sandy Point Beach, with all the jostling, bumping and kicking involved, you hope to be able to find some space and settle into your pace once you swim in between the two spans of the bridge (heading east to west). After getting through the initial mayhem, what the swimmers found was an incredibly strong current pulling southward. Until about 3.5 miles, we all had to swim northwest (on close to a 45 degree angle!) to fight this strong current. As hard as I fought to hug the span on my left (north), I found myself swimming in the middle of the two spans and drifting closer to the southern span than I was comfortable with. I did manage to stay close to the middle of the spans, digging HARD, until close to the 4 mile buoy when the current finally subsided. My time was 3:15...about 1/2 hour longer than what I had predicted would be my slowest time! But considering conditions (40 people were pulled, losing the fight with the current), I'm thrilled that I finished. I have run marathons, done triathlons, and the Bay Swim once before, but this was the most difficult physical challenge of all. So THANK YOU kayakers, for helping me to attain a very difficult goal. Seeing your boats around me, especially mile 2 to 4, was so reassuring...knowing help is nearby if you need it, that there is a safety net if you crack physically or mentally, really, really helps maintain the mental toughness you need. So for those of you who contemplated volunteering this year but didn't, do it next year...you can really make a difference in helping the swimmers attain their goals. Thanks again to those who got me to the finish this year!!!!  
Susan Sarubin

### Potomac River Swim

I participated in my first Potomac River Swim June 3. It was a lot of fun. The organizer, Cheryl Wagner did a really nice job with the event. Unfortunately, the weather was not cooperative. There was a small craft advisory out at race time and the event could not proceed across the Potomac. We worked out an alternative (shorter) course through two adjoining (protected) bays to Point Lookout State Park. The alternate course was about 4 miles in length. It appeared to me that the swimmers had fun. The oddest part were the hundreds of people that



Lake Conoy Swim <http://www.crosslink.net/~cherylw/prs-06/prs2006-results.htm>

(Continued on page 6)

(Continued from page 1) **Afterthoughts on KIPP-3**

All was well when we stopped for lunch until Stephen came in with a boat full of water. And I mean FULL of water. His back hatch was leaking something fierce and with the waves continually crashing over his back deck, he had a hatch full of water to bail when we landed on Parson's Island. We continued to paddle through the boat wakes, bridges and ripping currents of the Narrows. There is a small public boat ramp where you can stop for a quick rest, and I pulled in there with everyone else following. Stephen once again bailed out a ton of water from his back hatch. As we exited the mile through Kent Narrows in the ripping current, we noticed that the next leg of our trip, the final 5 miles of open water to Love Point, was also rockin' and rollin' pretty good. Part way across, two things happened simultaneously. First, Stephen's hatches were absolutely filled to the brim with water and he was sinking. Second, Kingsley, who had no rudder or skeg on his boat, was becoming a little tired from always fighting the wind and waves. Kingsley wisely asked for a tow from another paddler, to ease his troubles in keeping his boat straight. Kingsley is a very skilled paddler, but the wind came up and started really whipping through, making even the most skilled of skilled paddlers have a hard time staying the course with no rudder or skeg. Stephen wisely asked me to stick close to him, as he was absolutely unstable in his waterlogged, sinking boat. At this point, we were in open water, over 2 miles from the nearest shore. A short time later Stephen was swimming. I turned to head toward him, but before I got there, two other paddlers were right there lending assistance. Having repeatedly practiced rescues, Stephen was back in his boat and pumping out water furiously in no time. Part of the group continued on with Stephen, and part of the group stayed with Kingsley to assist with the tow.

**Lessons learned:**

- Always, always, always practice rescues, you never know when you will need them because of equipment failure or a sudden turn in conditions. I don't care who you are, or how good you think you are, or how much you think you can get back in your boat, or how much you think you'll never need a rescue, PRACTICE RESCUES, you never know when you WILL need them.
- Test your boat in open water conditions first, before making a high mileage open-water crossing.
- Leave your ego at the door and bail out of a paddle when you or your equipment aren't up to finishing. Confirm how many miles you have to go before considering continuing and confirm the conditions you will be in before considering continuing.
- Ask for a tow when you need it—Towing you when you're still upright and have strength left is so much easier than towing you when you're exhausted and can't help with the tow.
- Even if you've confirmed conditions, recognize that conditions can change rapidly and so turn back to calmer waters if you or your equipment are having trouble.

We had a great time doing 18 miles on the rockin' and rollin' Chesapeake. Stephen learned that he can do an open-water, rough-water rescue. We all learned what happens when your boat leaks, and how unstable it becomes when it is filled with water. We all learned that asking for a tow when you can still paddle is the polite, completely correct thing to do to make towing easier on your fellow paddlers. My ultimate criteria for success: NOBODY DIED! It was a good day.

Susan Williamson

As Marshall noted, when I noticed he was alone, I made it a point to stay with him. When we finally had one person capsize, it was really important to have someone nearby to help. Sometimes people drift off following their own idea of where to paddle (e.g., some like to stay close to shore, others like to paddle straight lines, etc.). It's a good idea to communicate your intentions to the group, and to make sure someone goes with you, especially in the somewhat rough conditions we had.

I had to be rescued on June 18 (thanks all), when doing Saki's lighthouse paddle from North Point State Park, MD. We started off in flat water, but by the time we got to the first lighthouse, the wind had increased, and there were a lot of waves. It was lots of fun at first, surfing downwind to the second lighthouse. However, we were in the middle of a triangle of two channels going out of a harbor and one down the bay, so the seas were really confused, with all the boat wakes coming from three directions. I caught a wave wrong, spilled and wet-exited. We couldn't "T" the boats due to the wind and waves. So we got two boats upwind of me and mine, and one downwind, and did a wet entry and assisted roll. I pumped out most of the water, made it to the beach, emptied my boat and took a rest.

When we launched, I got a significant amount of water in my cockpit. Then we crossed the mouth of the harbor, and the waves became even more confused by the reflections from the vertical sea walls of nearby homes. I decided I was too tired and unstable from the water in my boat, and bailed. I spent a while with a bunch of local families having a Father's Day picnic while the others finished the paddle. The other paddlers went on. I was really glad to have people nearby. I have to get really serious about practicing my skills now.

TEAngerhofer

KIPP Paddlers from CPA and Penn Kayaking:

Allan Black, Todd Angerhofer, Chris Beckman, Cliff, Bob Pullman, Kingsley Chan, Susan Hicks, Dan Hoke, Rowan Perkins, Saki Sakakihara, Stephen Miller, Susan Williams, Vince Williams, Carlos, David Shames, Jessie, Ken Berg, Mitch Grunes, Peter Fuchs, Rich Stevens, Susan Bauer, and Jack Wengryniuk

The next KIPP paddles will be Saturday, July 29, Saturday, August 26, and our final paddle around Kent Island, Saturday, September 23.

*(Continued from page 4)* **Reactions to CPA Swimmer and Safety Boat Activities**

were there on Saturday morning for full immersion baptism at the beach. It made for a festive atmosphere for the picnic after the race. I certainly agree with the cancellation. I went out into the main Potomac to face the wind come directly across from the south. I enjoyed the three foot swells and confused sea until I came about and it was following me. (Ugh!) The race would have been bad with that confused following sea the entire 7.5 miles!

Dave Meyer

I'm so glad everyone enjoyed kayaking for the Potomac Swim. The kayakers did an outstanding job, with special thanks to Chris Bresnan, our lead kayaker and coordinator. I was impressed with this year's crew of 43 kayakers, many of whom had expert levels of competency (such as instructor and other certifications). The boaters (whalers) have volunteered to explore an alternative course for next year's Potomac Swim so that we can hopefully retreat to the St. Mary's River if the weather is bad again. On the planned date for the Potomac Swim, the Coast Guard advised us to cancel, the skipjack (Dee of St. Mary's) called me at 5AM and said they weren't coming (22 knot winds), and the Point Lookout head Park Ranger put up the red flag. Without boaters it would have been impossible to get the swimmers and kayakers across the river and of course it wouldn't have been safe to try. I heard reports that later in the day there were swells of up to 6' and two fishing boats were taking on water and had to summon the Coast Guard. Thanks to quick thinking on the part of the many kayakers we were able to have an alternate swim in Lake Conoy. While it's a little shallow and the swimmers had to walk in some parts, we were able to get out into the water AND have a very soggy picnic in the midst of hundreds of immersion baptism participants. An unusual day, granted, but as I always say, "any day on the water is a good day." Many thanks to all who supported us. I hope to see you next year.

Cheryl Wagner

**OkumeFest 2006**

My profuse thanks to the CPA members who provided invaluable safety boat support at OkoumeFest this weekend. The event went off without a glitch, and beach operations were flawless in large part because of your attentiveness. (We could have used less wind, but that didn't seem to deter the paddlers or cause major problems.) The Chesapeake Paddlers Association has been a valuable partner to Chesapeake Light Craft and to other local shops for many years, promoting paddling in general and safety in particular. We are sensible of your dedication, and again, many thanks!

John C. Harris, Chesapeake Light Craft

OkumeFest, Camp Letts *photo by Ralph Heimlich*

**CPA Race Series Results**

On May 13th, CPA held it's first Fun Race at Jack's Boathouse on the Potomac River. Twelve racers attended in eight classes. The weather was perfect for the event, and a great time was had by all. The primary race was 2.7 miles, with a group start. The course took the kayakers from the Key Bridge, up the Washington D.C. side of the river for 1.35 miles. The racers turned at the CPA buoy and support kayak, and sped back to the finish line at the bridge. There were occasional small craft, which came out from the other canoe clubs, acting as obstacles to challenge the racers. A Rubber Ducky race completed the day.

On June 24th, the Second CPA Fun Race was held at the West River Center, in West River, MD. Twelve racers attended, many with surf skis this time. The weather was sketchy, although it just held out for the race. Perhaps the weather kept the joy riders out of the channels with their huge power boats because boat traffic was at a minimum. The Primary race was 4.4 miles, taking the paddlers past Galesville, out of the West River, just to the mouth of the Rhode River, and back again. All the numbers stuck to the kayaks this time. I guess experience helps! After the race, everyone traded boats and tried out new things. Could there be a surf-ski in Yvonne's future?

Winners of all events from both races are posted at [http://www.chesapeakekayakco.com/CPARaces/results\\_2006/results2006.htm](http://www.chesapeakekayakco.com/CPARaces/results_2006/results2006.htm)  
The next race series is July 15th at the West River Center.





## CPA Trip Requirements and Ratings

All trips are organized by and for members of the club. When you participate, please remember that trip leaders are "hosts", not professional guides, but you must be willing to follow their instructions. They are neither necessarily trained in first aid or CPR, nor do they always carry first aid equipment or safety devices for your use.

**You, and you alone, are responsible for your personal safety.**

Trip leaders will pre-screen all participants for skills, equipment and willingness to abide by club rules and policies. If you wish to join a trip, you must contact the leader in advance.

### REQUIREMENTS

**Equipment:** While on the water, all paddlers must wear PFDs, spray skirts

and clothes appropriate to the water temperature. Boats must have water-tight bulkheads or flotation devices to prevent the kayak from swamping when capsized. All paddlers must have—and know how to use—a pump, paddle float and whistle. On the day of the trip, leaders may refuse to admit participants for noncompliance with any of these requirements, so if you are not sure, discuss it with the leader in advance!

**Waivers:** All participants in CPA-sponsored trips must sign legal release forms each time before setting out on the water. Only one release per season is needed for regularly scheduled events (e.g., the weekly activities of the "pirates"). The legal release absolves all participating CPA members from legal liability for the injury or death of a fellow participant.

### RATINGS:

**First Timers:** Participants have never paddled before. No prior skills needed.

**Beginners:** Participants have paddled some, taken classes, or have been on short (up to 4-mile) trips and can do a wet exit and paddle float re-entry.

**Advanced Beginners:** Participants have been on longer trips (up to 10 miles, full-day outings), have some experience with varying conditions such as winds and waves and have good rescue and groups paddling skills.

**Intermediate Paddlers:** Participants are comfortable with open-water crossings of 2+ miles, can handle a variety of water conditions and have strong self- and group-rescue skills.

## Calendar

Participants in CPA events must read and comply with the statement of CPA trips requirements and ratings. Please contact the trip leaders in advance, even if you are familiar with the area being paddled. They need contact information in case of changes, and there may be space limitations or other trip restrictions. The latest information about CPA trips is at <http://www.cpakayaker.com/events.html>

### July

|                |   |
|----------------|---|
| 4(Tue)         | <b>PoG July 4th Fireworks Paddle:</b> Come join us for the best seats in the house to see the Washington D.C. Fireworks - your kayak on the Potomac River. More information to follow shortly. <b>Skill Level:</b> First Timer. <b>Organizer:</b> Todd Angerhoffer  |
| 7-9(Fri-Sun)   | <b>Mathews County, VA, Car Camper:</b> Car camping on the beach and paddling in the Bay and Mobjack Bay. <b>Web Site:</b> <a href="http://troop424.freesevers.com/New%20Point%20Comfort%20Kayak%20Camper%20IV/index.html">http://troop424.freesevers.com/New%20Point%20Comfort%20Kayak%20Camper%20IV/index.html</a> <b>Skill Level:</b> Advanced Beginner Paddlers. <b>Organizer(s):</b> Led by Bill Dodge 703-979-5837 NOTE: THIS TRIP IS FULL |
| 15(Sat)        | <b>CPA Races 5+10 Miles, Fun Race:</b> 5 and 10 Mile races and "fun" race at The West River Center, West River, Maryland. Many classes. <b>Web Site:</b> <a href="http://www.cpakayaker.com/forums">www.cpakayaker.com/forums</a> <b>Skill Level:</b> All Paddlers. <b>Organizer(s):</b> Led by Brian Blankinship 443 994-7990, Cyndi Janetzko.   |
| 22-23(Sat-Sun) | <b>Eastern Neck Island Paddle and Camp:</b> Here is the opportunity to see Eastern Neck Island during the summer Season. <b>Skill Level:</b> Advanced Beginner. <b>Organizer:</b> Marshall Woodruff 202.345.0606.   |
| 29(Sat)        | <b>Kent Island Paddle Training:</b> This is a paddle in preparation for the long distance paddle around the island. <b>Skill Level:</b> Advanced Beginner <b>Organizer(s):</b> Led by Marshall Woodruff 202.345.0606.   |
| 30(Sun)        | <b>Dundee Creek &amp; Gunpowder River:</b> Round trip from Dundee Creek Marina to Pooles Island. 10-14 nautical miles in protected and coastal water, with open-water crossings of up to 1.5 miles. Great wild-life trip! Limited to 15 paddlers. <b>Skill Level:</b> Intermediate <b>Organizer(s):</b> Led by Barry Marsh 410-728-4016.  |

## August

- 12(Sat)** **Manhattan Island Circumnavigation : Non-CPA Event**--Join the Yonkers Paddling & Rowing Club on New York for their Annual Manhattan Island Circumnavigation. Web Site: <http://www.yprc.org/> **Skill Level:** Intermediate Paddlers **Organizer(s):** Led by Jerry Blackstone.
- 19(Sat)** **Nanjemoy Creek Day Paddle:**Join us for a day paddle on Nanjemoy Creek, a tributary of the Potomac River in MD. **Skill Level:** Advanced Beginner Paddlers, **Organizer(s):** Led by Dan Hoke.
- 26(Sat)** **Breton Bay At Leonardtown**--We will explore Breton Bay, which has great bird watching. The waters here are shallow, so conditions will be safe and protected for beginner paddlers. **Skill Level:** Beginner Paddlers **Organizer(s):** Led by Mark Woodside.
- 26(Sat)** **Kent Island Paddle Training:**This is a paddle in preparation for the long distance paddle around the island. **Skill Level:** Advanced Beginner **Organizer(s):** Led by Marshall Woodruff 202.345.0606.

## September

- 2-9(Sat-Sat)** **3rd Annual Adirondacks Paddling Week:**Come paddle in the Adirondack Mountains of upstate New York. Lakes galore suitable for all levels of paddling will be explored. **Skill Level:** Beginner Paddlers **Organizer(s):** Led by Dave Moore.
- 9-10(Sat-Sun)** **9th Annual St. Clements Island Kayak Kamper:**Kayak Kamping with launch from Colton Point. **Web Site:** <http://troop424.freeservers.com/St.%20Clements%20Island%20Trip/index.html> **Skill Level:** Intermediate Paddlers **Organizer(s):** Led by Bill Dodge 703-979-5837.
- 9-10(Sat-Sun)** **Eastern Neck Fall Camper:** Join us for another Camping Weekend at Eastern Neck Island, and see everything in Fall Spectacular Colors. **Skill Level:** Advanced Beginner **Organizer:** Led by Marshall Woodruff 202.345.0606.
- 16(Sat)** **Wye Island Race :** Non-CPA Event--The Annual Wye Island Race & Regatta **Web Site:** <http://www.annapolisrowingclub.com/wyeisland.htm#> **Skill Level:** All Paddlers **Organizer(s):** Led by See Link Details.
- 19 (Tue)** **Talk Like A Pirate Day :** Non CPA Event--Practice up now me Mateys fo' the day is a commin'. **Web Site:** <http://www.talklikeapirate.com/piratehome.html> **Skill Level:** All Paddlers **Organizer(s):** Led by A Lilly-Livered Landlubber!.
- 23(Sat)** **Kent Island Circumnavigation:** This is not a paddle for those who are faint at heart. This will be a day paddle all the way around Kent Island. This date is tentative. Scheduling will be based upon weather and tides. **Skill Level:** Intermediate **Organizer:**Led by Marshall Woodruff 202.345.0606.
- 24(Sun)** **Fountainhead Regional Park:**Join us for a day paddle on the Occoquan Reservoir. **Skill Level:** Beginner Paddlers **Organizer(s):** Led by Jennifer Bine 703.533.2436.
- 29-Oct 1 (Fri-Sun)** **Elk Neck Car Camper:**This is the third annual Elk Neck camping trip. **Web Site:** <http://troop424.freeservers.com/Elk%20Neck%20Car%20Camper/> **Skill Level:** Advanced Beginner Paddlers **Organizer(s):** Led by Ralph Heimlich 301-498-0918 and leave a message.

## October

- 6(Fri)** **Hunter's Moon Paddle:** Join us for an evening paddle celebrating the Hunter's Moon. Target launch time from Jonas Green Park is 6:30pm. Apres paddle bite to eat at Cantlers. **Skill Level:** Beginner **Organizer:** Led by Chip Walsh.
- 6(Fri)** **Full Moon Paddle - Black Hills Park:**Join some of the Pirates of Sugarloaf for an evening paddle and picnic. **Skill Level:** Beginner Paddlers. **Organizer(s):** Led by Deb McKenzie.
- 6-8(Fri-Sat)** **Delmarva Retreat : Non-CPA Event**--Join other Greenland paddlers to learn skills, see events, and talk about the latest issues. **Web Site:** <http://www.sendthemtogreenland.org/delmarva/index.html> **Skill Level:** Advanced Beginner Paddlers **Organizer(s):** Led by Ed Zachowski.
- 26(Thu)** **PoG 4th Annual Halloween Paddle Party:**Join us again at Jack's Boathouse in Georgetown for another scary Halloween Paddle Party. We will dress up in our scariest costumes and paddle down towards the Georgetown Waterfront. After our paddle, we will feast and drink to the end of the season. **Web Site:** <http://www.PiratesofGTown.com> **Skill Level:** All Paddlers **Organizer(s):** Led by David Biss 703.241.0036, Cyndi Janetzko 703.241.0036.



## Coast Guard Rescues Two Kayakers Off Plum Island, Massachusetts

Lots about this on Paddlewise recently. Keith is a former CPA member and a very good rough water paddler. It is also interesting to see the discussion about it on the North Shore Paddling Group site at:

[http://www.nspn.org/cgi-bin/dcforum/dcboard.cgi?az=show\\_thread&om=6351&forum=DCForumID3&viewmode=all#43](http://www.nspn.org/cgi-bin/dcforum/dcboard.cgi?az=show_thread&om=6351&forum=DCForumID3&viewmode=all#43) Keith posted this on NSPN, which has some good points for all of us:

“June 5, 2006—A Coast Guard helicopter crew rescued two kayakers from waters south of Plum Island about 1:30 p.m. yesterday.



Keith Attenborough of Marlborough alerted the Coast Guard about 11 a.m. via hand-held radio that he and John Raleigh of Newburyport were in separate kayaks when they got caught in current that caused their kayaks to flip. They climbed atop one of the overturned kayaks and launched a flare. Both were reported in good condition. “

Well, that's not a bad summary—we ended up using two radios (after the first 90 minutes the battery in mine gave out so we switched to John's)—not a cell phone as one radio report mentioned, and 8 flares (once we received confirmation via radio that someone was close enough to see them) used to help the Coast Guard and Ipswich Harbor Master pinpoint our location. We are in good condition after being in the water for probably 2.5 hours, thanks to dry suits, adequate fleece and fuzzy rubber hoods. Our hands are a bit beat up and sore from hanging onto John's boat, and we both were a bit chilled, but other than that ok.

Coast Guard (thank you thank you thank you) sent out two boats, which couldn't get to us due to conditions and lack of sufficient depth, so brought in a helicopter with swimmer to pull us out. Ipswich Harbor Master (thank you thank you thank you) couldn't get to us either due to breaking waves, but was instrumental in vectoring the Coast Guard to our location and (thank you again) managed to retrieve both of our boats. Bottom line, thanks to right gear, training and the Ipswich Harbor Master and US Coast Guard, we're ok. Thanks to all who were involved. Thanks to everyone for all of the comments, well wishes and honest expressions of opinion. They are greatly and sincerely appreciated, especially since I've been on somewhat of a hiatus from club participation for a while.

Keith's trip report is posted at <http://www.nspn.org/htdocs/dcforum/DCForumID5/451.html>

### Regional Guidebooks

A recent post elicited these resources. Check them out for your next paddle.

*Sea Kayaking Maryland's Chesapeake Bay*, by Michael Savario and Andrea Nolan, 2003.

*Exploring the Chesapeake in Small Boats*, by John Page Williams, Jr., Tidewater Publishers, 1992 which has 30 pages covering the rivers south of the Potomac.

*Sea Kayaking Virginia - A Paddler's Guide to Day Trips from Georgetown to Chincoteague* by Andrea J. Nolan (a former CPA member!), The Countryman Press, 2005. with 17 trips below the Potomac.

*Sea Kayaking Along the Mid Atlantic Coast: Coastal Paddling Adventures from New York to the Chesapeake Bay*, by Tamsin Venn.

*Maryland and Delaware Canoe Trails*, by Edward Gertler ISBN:0-9605908-7-0.

#### Boat ramps:

All of Virginia: <http://www.dgif.virginia.gov/boating/access/>

All of Maryland: <http://mddnr.chesapeakebay.net/fish/state2.html>

The Virginia site is a little harder to use, you search by name of county or body of water, rather than by clicking on a county then a boat ramp as the Maryland site does - but the Virginia site also has latitude and longitude, which the Maryland site doesn't. The Maryland site has good driving directions to each site.

#### Water Trails:

James River Water Trail—Kimberly S. Hodge, Education and Outreach Coordinator, James River Association, P.O. Box 909, Mechanicsville, VA 23111, (804) 730-2898 ext. 205, <http://www.jamesriverassociation.org>

#### Gauges:

River gauges and other useful information: <http://www.americanwhitewater.org/>

National river data from the NWS Advanced Hydrologic Prediction Service: <http://www.nws.noaa.gov/ahps/>

#### Maps:

DeLorme's Virginia Gazetteer and ADC's Chesapeake Bay Chart Book have many ramps noted.

BoatUS members can access their list of launch ramps.

Chris's program is the most comprehensive and accurate source out there for the bay area - Va, Md, DC. Not only giving you launch sites (with photos of sites) but topo charts and aerial photos of the areas too. Very well worth the money.

Also, Chris Conklin <[chris@semaps.com](mailto:chris@semaps.com)> sells a computer program that has a lot of launch sites cataloged in it. I have it and find it useful .



*Jim Allen and Shannon Bishop, on the beach at Jefferson-Patterson Park, Patuxent River* photo by Ralph Heimlich

## Inside our June 2006 issue:

- **Afterthoughts on KIPP-3**
- **Reactions to CPA Swim and Demo Support**
- **July/August/September/October Events**
- **Race Series Results**
- **Plum Island Rescue**
- **Regional Guidebooks**

### **The Chesapeake Paddler**

Chesapeake Paddlers Association  
PO Box 341  
Greenbelt, MD 20768

REMINDER: Please check your mailing label for your membership expiration date. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.