

Chesapeake Paddler



Publication of the Chesapeake Paddlers Association, Volume 16, Issue 3

April 2006

CPA Warns Paddlers— It's Still COLD out There!

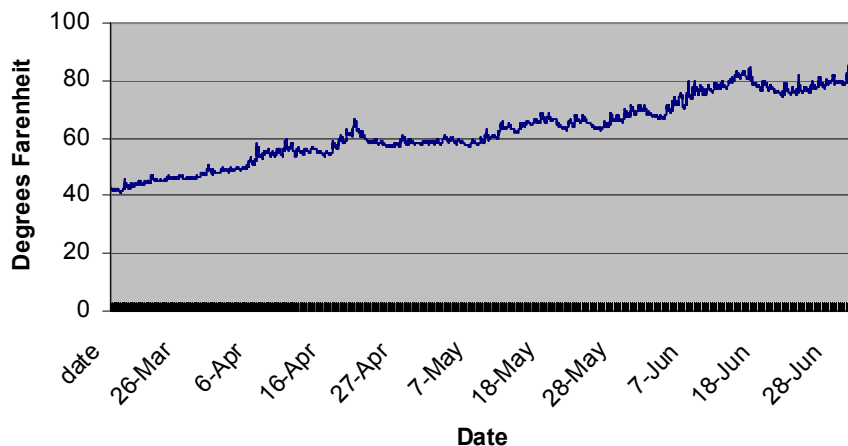
A series of incidents earlier this year prompted several CPA paddlers to (once again) discuss what the club can do to help inform novice and inexperienced paddlers about the dangers of early spring paddling in balmy air, on waters that still chill deeply. After exchanges on the listserve and forums, Lucy Mitchell volunteered to coordinate a group in putting together a brochure that could be handed out at launches and distributed to outdoor stores to make new paddlers aware of the dangers. Among contributors were Chuck Sutherland, long-time paddle safety advocate, Phil Nester, Jack Wengryniuk, Bob Cianfione, Kevin Howe, Peter Woodside, Ciaran Lesikar, Paul Oppenheimer, Joan Spinner, and Ralph Heimlich, who offered to design a brochure. The draft is currently online at <http://troop424.freesevers.com/Safety3fold.pdf> for review and could be used. When the brochure is finalized, it will be printed and posted on the CPA website as a resource.



What Happens in Cold Water?

Water removes heat from the body 25 times faster than cold air. About 50% of that heat loss occurs through the head and neck. Immersion in turbulent water or attempted swimming may double that rate of heat loss. Strong swimmers, without thermal protection, have died before swimming 100 yards in cold water. In water under 40 ° F, victims have died before swimming 100 feet. Immersion in cold water causes a series of traumatic responses that rapidly incapacitate and kill boaters who are not wearing protective clothing.

Surface Water Temperature, Patuxent River



Immersion in cold water causes a powerful gasping reflex. Soon after entering cold water, hands, arms and legs become stiff and devoid of feeling. The victim rapidly loses the ability to swim, climb out of the water into an upright boat, or hold on to either a capsized boat or a life line thrown by a rescuer. Hypothermia (reduced core body temperature) develops more slowly than the immediate effects of cold shock. Survival curves show that an adult dressed in average clothing and a PFD may remain conscious for 30 minutes at 40 ° F and perhaps 1 hour at 50 ° F in calm water. Turbulent water or swimming may cut that survival time in half.

The solution? Dress for the water, not for the air temperature, and always wear your Personal Flotation Device (PFD).

CLASSIFIEDS

Ads dated 3 months before the date of this issue will be pulled unless a new request is received by the 15th of the month prior to the next issue. And if it has sold...tell us!

Advertising Rates:

We accept display advertising that relates to the interest of our readers. Monthly rates are as follows:

Size cost wide x deep (col)
 1/8 page \$20 2.4" x 3.5" (1)
 1/4 page \$32 4.9" x 4.7" (2)
 1/2 page \$50 7.5" x 4.7" (3)
 Full page \$80 7.5" x 9.75" (3)

A 5% discount will be given for ads supplied as electronic files in acceptable formats (i.e. .tif, .gif, .jpeg, bit-map). Email or call for more information and for 10-month discount. See advertising contact in masthead.

Public service announcement and personal ads to sell kayaks/ accessories are printed at no charge; non-members pay \$10 for 3 months.



Chickahominy Paddle photo by Ralph Heimlich

SCHEDULE FOR 2006 CHESAPEAKE PADDLER

Chesapeake Paddler is published 10 times a year, with combination issues in November/December and January/February. The deadline for submitting copy is usually the 15th of the preceding month as follows:

Issue	Deadline for Copy
May 2006	April 15, 2006 (week!)
June 2006	May 15, 2006
July 2006	June 15, 2006

Have an idea for an article, or is there information you would like to see in the newsletter? Email Ralph at news_editor@cpakayaker.com or call at 301-498-0722.

THE CHESAPEAKE PADDLERS ASSOCIATION

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

Steering Committee:

Coordinator—Barry Marsh, 410-728-4016, coordinator@cpakayaker.com

Membership, subscriptions—Sue Bauer, 410-531-5641, c/o CPA, PO Box 341 Greenbelt, MD 20768, membership@cpakayaker.com

Secretary—Sue Bauer, 410-531-5641 secretary@cpakayaker.com

Treasurer—John Blackburn, 301-587-7142, treasurer@cpakayaker.com

Webmaster/E-Mail List Administrator—Barbara Foley, webmaster@cpakayaker.com

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Advertising Coordinator—vacant, news_advertising@cpakayaker.com

Mailing and Distribution—Mark Woodside, 301-373-4561, news_distribution@cpakayaker.com

Pirate Groups:

Pier 7 Pirate Committee—Jackie & Rob Castle, Brent Cogswell, Jenny & Greg Welker, Sue Bauer pirates_pier7@cpakayaker.com

Potomac Pirate King—Dick Rock, 703-780-6605 pirates_potomac@cpakayaker.com

Patuxent Pirate King—Dan Wells, 410-414-2660, pirates_patuxent@cpakayaker.com;

Don Polakovics, 301-866-0437, pirates_patuxent2@cpakayaker.com

Georgetown Pirate Committee—Cyndi Janetzko, 703-241-0036; Dave Biss, 703-241-0036; David Moore, 301-445-3273; pirates_georgetown@cpakayaker.com

Baltimore Pirate King—Bob Huber, 410-335-0994, pirates_baltimore@cpakayaker.com

Algonkian Pirate King—Jeff Walaszek, 703-670-7712, pirates_algonkian@cpakayaker.com

Sugarloaf Pirate Queen—Deb McKenzie, 240-601-1440, pirates_sugarloaf@cpakayaker.com

Pirate Queen of the North—Wendy Baker-Davis, 717-293-1086, pirates_north@cpakayaker.com

MEMBERSHIP: Subscription to the Chesapeake Paddler is included with membership. Membership is \$10/year or \$20/2 years. Send checks or changes of membership information to CPA, PO Box 341, Greenbelt, MD 20768. DO NOT send them to the newsletter editors.

DEADLINES: Closing date for articles, trip reports, information and advertisements is the 15th of the month prior to the next issue. The editors retain the right to edit or not to print any submitted material. See advertising information in the Classifieds section.

The Chesapeake Paddler is published monthly, except Nov-Feb and may be reprinted whole or in part if credit is given to this newsletter and any identified author (unless an article is specifically copyrighted), and a courtesy copy is sent to the Managing Editor.

Admiral's Walk



Ahoy, Paddlers!

Welcome to Spring! I'm really looking forward to a great paddling year in 2006. Dust off your kayaks, check out your gear, dress for the conditions (remember that local water temps are still in the 40s and 50s), call some kayaking friends, and get out there and have fun!

Around a dozen CPA members attended the Maryland Trip/Event Planning Meeting at Ralph Heimlich's home on March 11. We added scores of trips and events to the calendar, and since the meeting other members have stepped forward to volunteer to organize even more trips. The Virginia Trip/

Event Planning Meeting was at Cyndi and Dave's home in Falls Church on April 8, where even more of the CPA's 2006 calendar was filled in! If you'd like to help organize or lead a trip or event in 2006 but couldn't make it to the meetings, please contact any Steering Committee member and we'll help with whatever you need to make your trip or event happen.

Most of the CPA's weekly Piracies will be starting up for the season soon (see [Captain's Quarters](#)), so stay tuned to the listserve, forums, and newsletter for further details. Speaking of Piracies, not one, but two new ones are being hatched. CPA member Ellen Stefaniak is considering launching a new Pirates of Richmond! If you're a Richmond-area paddler and would like to paddle with a local Piracy, please contact Ellen at 804-305-1673 or 1es@earthlink.net. And an even newer Piracy? And, Damon Hostetter is looking into launching a Pirates of Wye on the Eastern Shore. Damon can be reached at 410-827-6596 and dhostett@goeaston.net.

Happy and safe paddlin! See ya on the water!

Barry
CPA Coordinator



Captain's Quarters

CPA Piracies Roar to Life, Me Hearties!!

According to CPA Policy, everyone must complete a CPA Waiver prior to their first outing with each Piracy this season. It is now a one page 'painless' waiver. You can fill in the form on-line, print it, sign it and bring it with you on your first outing with us. To find the waiver, go to <http://www.cpakayaker.com/downloads/events/forms/CPARelease.pdf>

Pirates of Baltimore: April 18 (Tuesday)—Yes, it's time to think about spring, which automatically turns any true Pirate's thoughts to paddling. Our season is going to start on April 18, at our traditional Inner Harbor launching site in Canton. At that time the water will still be cold, so plan on wearing appropriate gear, and have a light for those early sunsets. More info forthcoming

in the Pirates of Baltimore Forum as we get closer. In the meantime, ask any questions you may have, and send me any suggestions and requests as we make plans for the coming season. See you all soon! Captain:Bob Huber

Pirates of the Algonkian: April 19 (Wednesday)—Wednesdays will be the primary paddle days. Our launch time will be 6:00 pm. If inclement weather is predicted on Sunday night before the paddle we may switch days to Tuesdays. The launch sites will alternate among three Northern Virginia locations: Algonkian Regional Park (Beaverdam Reservoir alternate if Little Falls gage above 3.5); Fountainhead Regional Park (Bull Run alternate); Pohick Bay Regional Park (Mason Neck Alternate). Check out the Algonkian Pirates Discussion Forum for weekly paddling plans and to register onto the

(Continued on page 5)



Off to the Races: CPA Just-For-Fun Kayak Races

By Brian Blankinship

The first races will be held at Jack's Boathouse (Pirates of Georgetown). The first is on May 13, 2006, and will be short (2.75 miles). A second of 5 miles will be held on June 24. On July 15, there will be a 5-mile and a 10-mile race at the West River Center, near Galesville, MD.

Prior to the race series starting, we plan to hold Performance Paddling clinics. Those attending SK102 will have the chance to learn better strokes and be introduced to wing paddles. We also plan to hold mini-clinics at the Pirates of Georgetown and Pier 7.

All race days will feature a "standard" race and a "fun" race. The fun race will be something like team racing where two boats paddle, but one is being towed by the other, a slalom, or Wet Start (start outside the boat in the water or have to roll). Another fun race would be a "Leader Turn". This race would be a down and back along the same course. Once the person in the lead passes you, you can turn right then rather than go all the way to the mid point. We may simply do a relay race or something else that makes it more fun than a standard sprint-type race.

June 24 will also feature a Recreational Kayak race. Only boats shorter than 14 feet will be allowed to compete and there will be two classes. The first class will be people that paddle a rec boat at least 80% of the time. The second class will be people who paddle a rec boat less than 80% of their paddling time.

Speaking of classes, the "normal" races will be divided into classes and each class will be divided by gender. If we have enough competitors to make it useful, we can also divide by age group. The classes are borrowed from the Blackburn Challenge race:

Kayaks (Racing):

- Racing Kayaks: Less than 20" beam, wing paddles allowed. For those paddlers who concentrate on racing and have the equipment to go with it. Previous top finishers of the Fast Touring Kayak class are encouraged to enter this class.
- Fast Touring Kayaks: 20" beam or greater, wing paddles allowed. For fit paddlers who don't specialize in racing but have faster than average kayaks and/or are faster than average paddlers.

Kayaks (Recreational):

- Touring Kayaks A: 20" beam or greater, 17' or longer, no wing paddles. For first time racers in typical sea kayaks, and experienced paddlers who are less serious about racing.
- Touring Kayaks B: 20" beam or greater, less than 17' in length, no wing paddles. For first time racers and beginner paddlers in slower boats.

Winners in each class will receive a CPA Race medal. Second and third place will receive a ribbon. Every participant will receive a race rocker.

CPA is sponsoring these races for its members so anyone competing either has to already be a member or join CPA. Since the races are being insured by the ACA, competitors will either need to be ACA members or become an event member (\$10).

For those who attend SK102, we are offering a special on ACA membership. They can pay an additional \$20 at SK102 and we will make them ACA members for the year, a \$40 value.

For more information on the CPA Just-For-Fun Kayak Races, visit the Performance Paddling forum at www.cpakayaker.com/forums.

(Continued from page 3) **Captain's Quarters**

Algonkian Pirate Listserver. Decisions on locations will be made Sunday night and posted in the Forum and distributed via the Algonkian Pirate Listserver. Captain: Jeff Walaszek

Pirates of Pier 7: April 19 (Wednesday)—The first Pier 7 Piracy of the season will find us at Pier 7 Marina on the South river. The water will still be cold, so CPA cold water gear requirements will be in effect for any people on the water. Yes, the water will be cold, but the friendship warm, so even if you don't plan on paddling, you are most welcome to just come by and talk kayaking. Captain Commissariat: Greg, Sue, Rich, Jackie, Rob, Brent (sheesh! A whole committee!)



Pirates of Georgetown: April 20 (Thursday)—Yes Mateys! It is another season of paddling the Historic Potomac River out of Jack's Boat-house. We will officially start the fun on Thursday April 20th. As usual, we will meet in the parking lot of Jack's at 6:00 to 6:30 PM. We usually paddle for an hour or two at the most, and then decide if we would like to get some grub up in town afterwards. Note: Be sure to wear what you will be comfortable in if you are splashed by chilly water, or should accidentally (or intentionally in the case of some of us) capsize. Other items that are usually required are a flashlight, some water to drink, lots of energy to paddle, and a hearty 'Aargh!' to greet your other Pirates Mateys. Captain Couple: Dave Biss and Cyndi Janetzko

Pirates of the Patuxent: April 20 (Thursday)—Our first Pax paddle of the season will be a shameless tour of the Great Solomons Fire of 2006. We'll start on Thursdays (for now). If you think we can accommodate more people by moving to another evening let me know. The launch area is on Solomons Island at the beach across from Our Lady Star of the Sea. We cast off at 6:00 PM (best to arrive < 5:30 to have time to unload) and usually paddle until dark.....so bring lights. Captains: Don Polakovics and Dan Wells

Pirates of Sugarloaf: April 25 (Tuesday)—Though many of you never put your kayak away, for those who did, it's time to dust off those cobwebs and get ready for the Grand Reunion and kickoff of the Pirates of Sugarloaf paddling season on Tuesday, April 25. Let's plan on launching no later than 5:30. We'll once again call Black Hills Regional Park in Germantown our home base for a short evening on the water followed by some great seafood at Pelican Petes. Captain: Deb McKenzie

Pirates of the Potomac: April 26 (Wednesday)—Come join us Hearty Pirates at Belle Haven Marina in Alexandria, VA as we explore the Potomac River on Wednesday nights. Get more information for this Piracy event from Dick Rock, the Rough and Ready Pirate King! Captain: Dick Rock

Pirates of the North: May 11 (Thursday)—The first official event is the "Search for Launch Sites" organized by Rob Burford for April 23. See Rob's email for the details. Other ideas suggested were: a cleanup day (by water) of our local paddling area; Fall out of your boat days (to practice wet exits and rescues); July 4th paddle to view the HdG fireworks from the water; publicize our group to other local outdoor groups; BBQ; Learn/Practice on and off-water navigation; Kayak camping (paddle to nearby parks); Paddle to see the indian hieroglyphs on the Susquehanna; Eastern shore trips to Bohemia and Sassafras; Intro to rolling; Swann Creek Paddle; Possible joint paddle with Pirates of Baltimore; Moonlight paddles, and above all weekly Thursday night paddles. Captain: Wendy Baker Davis

Pirates of Richmond: April (???)—Live too far south to join one of the current piracies? You could be a Pirate of Richmond! No pirates here yet, so there's lots of water to explore and plundering to be done! To join the group and help with making plans for the upcoming season, contact Captain Ellen Stefaniak at 1es@earthlink.net or 804-305-1673.

New CPA Brochure for 2006

WORKSHOPS

We offer workshops on topics such as sea kayaking for beginners, kayaking in cold water, sea kayak surfing, rescues, rolling, navigation, and trip leading skills. Our premier paddling skills weekend, SK-102, is held early each spring in the warm waters of Lake Anna, Virginia.



The "Beer" at SK-102, Lake Anna, VA

RACES

CPA sponsors a series of fun races of 2, 5, and 10 miles for both genders and various classes. Prizes for winners, fun for everybody.

COMMUNITY SERVICE

CPA provides kayak on-water support for charitable swim events and public sea kayak symposiums



Kayak swim support

BENEFITS

- Members receive a monthly newsletter that includes news items of interest to sea kayakers, a schedule of regional paddling events, and information on equipment and skills.
- Some trips and events are open to CPA members only.
- We do not make our membership list available for commercial purposes.
- Many area sporting good stores offer discounts to CPA members.
- All CPA activities are planned and run by paddlers like you



Paddle foot reentry

CYBER CONNECTIONS

Mix and mingle with fellow paddlers in the CPA Online Forums. Talk about kayaking events, paddling trips, buy, sell or swap kayaking gear, and much, much more.

<http://www.cpa-kayaker.com/forums/>
CPA maintains an e-mail members' list to help the kayaking community stay in touch. To subscribe, go to http://www.cpa-kayaker.com/mailman/listinfo/members_cpa-kayaker.com
Over 100 events each year. Log on to calendar at <http://www.cpa-kayaker.com/events.html>

Chesapeake Paddlers Association

PO Box 341
Greenbelt, MD 20768



A friendly and diverse group of sea kayakers paddling in and around the Chesapeake Bay area

www.CPAkayaker.com

Ever want to tell your friends how great a kayak and paddling club you're in? Save your breath and give them a copy of the new brochure describing CPA, and including a membership application. Pirate Captains and Steering Committee Members have been given a supply, and we will be distributing them at demo days and other kayak venues, including outdoor stores. If you would like to help distribute them, contact coordinator, Barry Marsh. For a copy and a link to pass to friends, it is temporarily online at <http://troop424.freeservers.com/CPABrochure06.pdf>

Chesapeake Paddler's New Distribution Manager

Mark Woodside is CPA's new distribution manager for this newsletter. Mark lives in St. Mary's County, Maryland, and has past experience in the newsletter business. Mark will now be responsible for distribution of the approximately 120 hard-copies of the newsletter sent out each month. We appreciate Mark's willingness to undertake this assignment, which is a critical continuing service to a large part of CPA's membership each month.



Rob Castle

Rob and Jackie Castle, who have been managing newsletter distribution since September 2004, will be leaving us soon (but not right away!). In addition to newsletter duty, they've been instrumental in keeping the Pier 7 Pirates in line, especially Jackie, who lent a certain Southern style to our "grub"—little things like candles and table cloths. Finally, the Castle's opened their home to the aquatic version of the Hell's Angels, providing a venue for the 2005 CPA Holiday Party.

The Castles will be moving on to greener pastures in North Carolina. It does not appear that we are losing this energetic couple to paddling, however. Rob and Jackie are developing a kayaking business to run out of their new home. You all say something nice to Rob and Jackie while they're still around—and find out where to visit in their new home.



Jackie Castle

Many thanks for all you two have done, and best wishes in your new water world!

CPA Trip Requirements and Ratings

All trips are organized by and for members of the club. When you participate, please remember that trip leaders are "hosts", not professional guides, but you must be willing to follow their instructions. They are neither necessarily trained in first aid or CPR, nor do they always carry first aid equipment or safety devices for your use.

You, and you alone, are responsible for your personal safety.

Trip leaders will pre-screen all participants for skills, equipment and willingness to abide by club rules and policies. If you wish to join a trip, you must contact the leader in advance.

REQUIREMENTS

Equipment: While on the water, all paddlers must wear PFDs, spray skirts

and clothes appropriate to the water temperature. Boats must have water-tight bulkheads or flotation devices to prevent the kayak from swamping when capsized. All paddlers must have—and know how to use—a pump, paddle float and whistle. On the day of the trip, leaders may refuse to admit participants for noncompliance with any of these requirements, so if you are not sure, discuss it with the leader in advance!

Waivers: All participants in CPA-sponsored trips must sign legal release forms each time before setting out on the water. Only one release per season is needed for regularly scheduled events (e.g., the weekly activities of the "pirates"). The legal release absolves all participating CPA members from legal liability for the injury or death of a fellow participant.

RATINGS:

First Timers: Participants have never paddled before. No prior skills needed.

Beginners: Participants have paddled some, taken classes, or have been on short (up to 4-mile) trips and can do a wet exit and paddle float re-entry.

Advanced Beginners: Participants have been on longer trips (up to 10 miles, full-day outings), have some experience with varying conditions such as winds and waves and have good rescue and groups paddling skills.

Intermediate Paddlers: Participants are comfortable with open-water crossings of 2+ miles, can handle a variety of water conditions and have strong self- and group-rescue skills.

Calendar

Participants in CPA events must read and comply with the statement of CPA trips requirements and ratings. Please contact the trip leaders in advance, even if you are familiar with the area being paddled. They need contact information in case of changes, and there may be space limitations or other trip restrictions.

The latest information about CPA trips is at <http://www.cpakayaker.com/events.html>

APRIL

15(Sat)	Kent Island Peer Paddle Training --This is a paddle geared towards someone who wants to practice and get in shape over the next several months in preparation for the long distance paddle. Skill Level: Advanced Beginner Paddlers Organizer(s): Led by Marshall Woodruff 202.345.0606.
18 (Tue)	Pirates of Baltimore Season Opener (See Captain's Quarters (p. 2) for more details about the Piracy openers)
19(Wed)	Pirates of the Algonkian Season Opener Pirates of Pier 7 Season Opener
20(Thu)	Pirates of Georgetown Season Opener Pirates of the Patuxent Season Opener
21-23(Fri-Sat)	East Coast Canoe & Kayak Festival : Non-CPA Event --Here is another cool looking Boating Festival with classes and lecturers. Web Site: http://www.ccprc.com/index.asp?NID=472 Skill Level: All Paddlers Organizer(s): Led by Charleston County Park & Recreation Commission 843-795-4386.
22(Sat)	Prospect Bay Day Paddle --Here is a great paddle around Prospect Bay of Kent Island. Skill Level: Advanced Beginner Organizer(s): Led by Marshall Woodruff 202.345.0606.
25(Tue)	Pirates of Sugarloaf Season Opener
26(Wed)	Pirates of the Potomac Season Opener
27(Thu)	EMS Sale - Non-CPA Event --Here is your chance to get to a sale at EMS in Annapolis. Skill Level: All Paddlers Organizer(s): Led by Bruce Kellman, Store Manager, EMS Annapolis 410.573.1240.
28-30(Fri-Sun)	8th Annual SK102 --This event is by prior arrangement and is heavily subscribed. Web Site: http://www.cpakayaker.com/specialevents.html Skill Level: First Timer Paddlers Organizer(s): Led by Brian Blankinship.

MAY

- 6(Sat)** **6th Annual Chesapeake Bay Paddlefest : Non-CPA Event**--Another local paddlefest. **Web Site:** www.ultimatewatersports.com **Skill Level:** All Paddlers **Organizer(s):** Led by Hal Ashman 410-335-5352.
- 6(Sat)** **Paddle for the Border : Non-CPA Event**--Another fun Non-CPA Paddling Event. **Web Site:** <http://www.chesapeake.va.us/services/depart/park-rec/paddlefortheborder.shtml> **Skill Level:** First Timer Paddlers **Organizer(s):** Led by Dismal Swamp Canal Welcome Center 252-771-8333, Chesapeake Parks and Recreation 757-382-6411.
- 6-7(Sat-Sun)** **Assateague Island Kayak Kamper**--A paddle-in kayak camping trip to one of the primitive sites at the Assateague National Seashore. **Web Site:** <http://www.nps.gov/asis/camping.htm#Backcountry> **Skill Level:** Intermediate Paddlers **Organizer(s):** Led by Ralph Heimlich 301-498-0918 (leave a message).
- 10(Wed)** **Performance Paddling Clinic**--Improve your stroke to become a more efficient paddler. Free clinic at Pier 7, Start time: 5:30
Skill Level: Beginner Paddlers **Organizer(s):** Led by Brian Blankinship 443 994-7990.
- 11(Thu)** **Pirates of the North Season Opener**
- 12-13(Fri-Sat)** **Springriver Demo Day, Sandy Point, MD : Non-CPA Event**--Springriver will be holding their annual Demo Days at Sandy Point State Park in Annapolis, and you can help out too!
Web Site: <http://www.springriver.com/boats/boats.htm> **Skill Level:** All Paddlers **Organizer(s):** Led by Springriver 1800-882-5694.
- 13(Sat)** **CPA Race One & Fun Race**--Join us for CPA's 2006 Kayak race series! This first race will be 2.75 miles and racers will complete two loops on around a course beginning and ending at Jack's Boat House in Washington, DC. A fun "Rubber Ducky Relay" will follow the main race.**Web Site:** <http://www.cpakayaker.com/forums/viewforum.php?f=20> **Skill Level:** All Paddlers **Organizer(s):** Led by Cyndi Janetzko (703)241-0036, and Brian Blankinship.
- 14(Sun) Mother's Day** **Swim Support Training Day**--Join us to learn more about supporting open water swim events.
Skill Level: Beginner Paddlers **Organizer(s):** Led by Dave Biss 703.241.0036, Cyndi Janetzko 703.241.0036.
- 14(Sun) Mother's Day** **Thomas Point Lighthouse from Gaileville**--Join us to celebrate Mother's Day as we do best...by paddling. This paddle will take us out of the Protected Rivers at Gaileville, MD into the Chesapeake Bay. We will paddle out to Thomas Point Lighthouse and back. **Skill Level:** Intermediate **Organizer(s):** Led by Marshall Woodruff 202.345.0606.
- 19(Fri)** **Adirondack Paddlefest : Non-CPA Event**--Here is yet another Paddlefest to see. Although a little out of the way. **Web Site:** <http://www.mountainmanoutdoors.com/pages.paddlefest/paddlefest.html> **Skill Level:** All Paddlers **Organizer(s):** Led by Mountainman OSC (315) 357-6672.
- 19-21(Fri-Sun)** **Pocomoke River/Nassawango Creek Car Camper**--Car camping and multiple paddling trips on the Pocomoke River and Nassawango Creek. **Web Site:** <http://www.dnr.state.md.us/publiclands/eastern/pocomokeriver.html> **Skill Level:** Beginner Paddlers **Organizer(s):** Led by Ralph Heimlich 301-498-0918 (leave a message), Saki Sakakihara.
- 20(Sat)** **Kent Island Peer Paddle Training**--This is a paddle geared towards someone who wants to practice and get in shape over the next several months in preparation for the long distance paddle.
Skill Level: Advanced Beginner Paddlers **Organizer(s):** Led by Marshall Woodruff 202.345.0606.
- 21(Sun)** **Save the Patapsco, Hon V - Swim Support : Non-CPA Event**--This is Joe Stewart's fifth swim to increase awareness of the health of the Patapsco River (Baltimore Harbor) and raise funds for its protection. Joe and five other swimmers will swim north across the mouth of the Patapsco, outside the Key Bridge, from Venice on the Bay to North Point State Park, around 4 miles in open water. **Skill Level:** Advanced Beginner Paddlers **Organizer(s):** Led by Barry Marsh 410-728-4016.
- 28(Sun)** **Patuxent River & Jug Bay**--10 NM round trip from Selby Landing south of Jug Bay, including Lyons Creek and Mattaponi Creek. Protected water; great nature-watching. Limited to 15 paddlers. IMPORTANT NOTE: I won't be screening paddlers for this trip until early May - stay tuned to the calendar, newsletter, listserve, and forums...**Skill Level:** Advanced Beginner Paddlers **Organizer(s):** Led by Barry Marsh 410-728-4016.
- 29(Mon) Memorial Day** **Occoquan Watertrail**--Explore the Occoquan Watertrail on this Holiday Adventure. **Skill Level:** Advanced Beginner Paddlers **Organizer(s):** Led by Dan Hoke.

JUNE	
3(Sat)	Potomac River Swim 2006 : Non-CPA Event --Volunteer to support a swimmer as they cross the mouth of the Potomac River. Web Site: http://www.crosslink.net/~cherylw/pr2006i.htm Skill Level: Intermediate Paddlers Organizer(s): Led by Cheryl Wagner (202) 387-2361 or (202) 874-0614.
5(Mon)	Breton Bay to the Potomac --This will be an intermediate explorer trip of Breton Bay to the Potomac River and Back. Skill Level: Intermediate Paddlers Organizer(s): Led by Mark Woodside.
9-11(Fri-Sun)	Point Lookout State Park Car Camper --Car camping at Point Lookout State Park and paddling in vicinity. Web Site: http://troop424.freesevers.com/Bill%20Dodge%27s%20CPA%20trip/index.html Skill Level: Advanced Beginner Paddlers Organizer(s): Led by Bill Dodge 703-979-5837.
10-11(Sat-Sun)	LLBean Paddlefest, Annapolis : Non-CPA Event --Boat demos, lectures, classes, and more. Web Site: http://www.llbean.com Skill Level: All Paddlers Organizer(s): Led by LLBean.
10(Sat)	Al Staats Memorial Paddle and Picnic : Non-CPA Event --As many of you may already know, a member dear to our hearts, has passed on. We will be celebrating his life and his commitments to things he loved with a paddle and picnic at Pohick Bay Regional Park, VA. Skill Level: Beginner Paddlers Organizer(s): Led by Pat Case 202-483-4204.
10-11(Sat-Sun)	Okoumestock : Non-CPA Event --CPA will be providing safety boaters and on water demonstrations for Chesapeake Light Craft's annual Okoumestock weekend at Camp Lets on the Rhodes river in southern Anne Arundel County, MD. Contact Greg Welker at gdwelker@verizon.net if you are interested in helping out either on water or on land. Web Site: http://www.clcboats.com/okoumestock/index.php/cart_id=42d09e3d98243bee5305ceca27a1c56f/ Skill Level: All Paddlers Organizer(s): Led by Greg Welker 301-249-4895, Chesapeake Light Craft 410-267-0137.
11(Sun)	Great Chesapeake Bay Swim Support : Non-CPA Event --Join us in supporting the Swim Across the Chesapeake Bay again this year. Web Site: http://www.bayswim.com/ Skill Level: Advanced Beginner Paddlers Organizer(s): Led by David Biss 703.241.0036, Cyndi Janetzko 703.241.0036.
17-18(Sat-Sun)	Clearwater Festival : Non-CPA Event --Here is a Hudson River event that may be of interest so many paddlers. Web Site: http://www.clearwater.org/revival06/aboutfestival.html Skill Level: All Paddlers Organizer(s): Led by Jerry Blackstone.
17(Sat)	3rd Annual Paddle for the Cure : Non-CPA Event --A charitable paddle opportunity. Web Site: www.ultimatewatersports.com Skill Level: First Timer Paddlers Organizer(s): Led by Hal Ashman 410-335-5352.
17-18(Sat-Sun)	Greenwell State Park Kayak Kamper --Kayak Kamping at a primitive campsite on the Patuxent River. Web Site: http://www.dnr.state.md.us/publiclands/southern/greenwell.html Skill Level: Advanced Beginner Paddlers Organizer(s): Led by Ralph Heimlich 301-498-0918 (leave a message), Greg Welker.
17(Sat)	Kent Island Peer Paddle Training --This is a paddle geared towards someone who wants to practice and get in shape over the next several months in preparation for the long distance paddle. Skill Level: Advanced Beginner Paddlers Organizer(s): Led by Marshall Woodruff 202.345.0606.
24(Sat)	CPA Race 5 miles, Fun Race, Rec Kayak Race --5 Mile race at Jack's Boathouse (Pirates of Georgetown). Followed by a "fun" race and a Recreational Kayak Race Many classes. Web Site: www.cpakayaker.com/forums Skill Level: All Paddlers Organizer(s): Led by Brina Blankinship 443 994-7990, Cyndi Janetzko.
25(Sun)	Calvert Cliffs --Open water on the Chesapeake Bay, 12 NM round trip from Flag Ponds Nature Park along the Calvert Cliffs to Cove Point Lighthouse. Scenic shoreline paddle with surf, waves, and wind; fossil collecting during beach breaks. Limited to 15 paddlers. IMPORTANT NOTE #1: The parking lots are 1/2 mile from the beach - EVERY PADDLER MUST BRING HIS/HER OWN KAYAK CART! IMPORTANT NOTE #2: I won't be screening paddlers for this trip until May or early June - stay tuned to the calendar, newsletter, listserve, and forums... Skill Level: Intermediate Paddlers Organizer(s): Led by Barry Marsh 410-728-4016.



Dave Biss Testing Jesse's Dry Suit photo by Anatoly Ivasyuk

Inside our April 2006 issue:

- **It's STILL Cold Out There**
- **Piracies Begin!**
- **April/May/June Events**
- **Off to the Races**
- **New CPA Brochure**
- **Bye to Rob and Jackie—Hello Mark!**

The Chesapeake Paddler

Chesapeake Paddlers Association
PO Box 341
Greenbelt, MD 20768

REMINDER: Please check your mailing label for your membership expiration date. If your CPA membership has expired, or will expire soon, please send in your dues. SEE BOX ON PAGE 2 FOR ADDRESS.